

# Partner Program Highlight Healthy Families America (HFA)

Housed under the Maternal Child Adolescent Health Branch of RUHS – Public Health, HFA is the signature home visitation program to prevent child abuse in Riverside County. Those that have experienced child abuse and neglect are at higher risk for substance use disorder later in life. HFA is for families at risk for child abuse, neglect, and other poor childhood outcomes. Ultimately, to break the intergenerational cycles of abuse and neglect and prevent substance use.

Referrals can be received multiple ways, but they must be received during pregnancy or within the first three (3) months of the infant's birth. Once a family is enrolled, weekly/bi-monthly home visitation services are offered to families for at least three (3) years and up to five (5) years.

The Family Support Specialist utilizes trauma-informed practices during home visits and focuses on supporting the parent(s), parent-child interaction, and child development.

Click <u>here</u> for a more in-depth summary of the HFA Program.

### Announcement! RODA Expansion Funds

RUHS - Behavioral Health (BH) has provided Injury Prevention Services' (IPS) Overdose Awareness Prevention Program (OAPP) with Substance Abuse Prevention and Treatment Block Grant (SABG) funding to expand overdose prevention program efforts. IPS will use the funds to engage vulnerable youth populations, specifically LGBTQ+ and foster care youth. Data shows that these populations are at higher risk for developing a substance use disorder.



# Success Story Public Health Nursing (PHN) Case Management

PHN works closely with clients, referred by partners, with higher behavioral, social, or environmental risk factors for overdose. The PHN connects clients to services they need to improve their overall health and wellness while decreasing the risk of relapse and overdose.

Last August, a 50-year-old Hispanic male with Type 2 diabetes was hospitalized for Diabetic Ketoacidosis, a lifethreatening complication of diabetes, with a blood sugar level over 800. Historically, his blood sugar levels ranged from 400 to 600. To get him on track with his diabetes and prevent relapse while in treatment for is substance use



disorder (SUD), Starting Over Inc. referred him to PHN. The PHN educated the client on the diabetes disease process, insulin administration, how to monitor his carbohydrate intake, and increase physical activity. PHN discussed and clarified with his primary doctor the correct amount, frequency, and type of insulin he should take. Within two weeks, the client's blood sugar levels dropped to the 200-300 range.

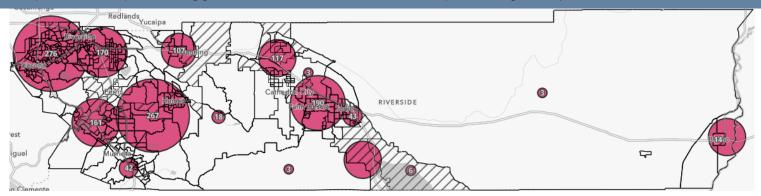
Despite delays in referrals and appointments with the Nutritionist & Diabetic clinic, the client has maintained a blood sugar below 250 for the past six months! His last blood sugar level reading was 160! PHN continues to support the client by requesting daily blood sugar levels, ensuring he's physically active, and continuing his treatment for SUD. Great job, PHN team!

- "Create responsive and collaborative prevention efforts"

#### Data Dashboard New Map!

Overdose Deaths Hot Spots by Drug (see map below) are now displayed on the <u>Overdose Data</u> <u>Dashboard</u>. The interactive map displays clusters of overdose deaths in 2021 by drug type. Users can select a drug(s) from the drop-down menu on the top right-hand side to view clusters where the drug(s) were identified in an overdose death. Zooming in allows the user to view the clusters broken down to the census tract level. Selecting multiple drugs does not mean an individual specifically had the selected combination but can mean an individual had one of the selected drugs or both.

Do you have any data suggestions? Let us know! We're always seeking to improve!



## **RODA Surveillance** Response Protocol

The purpose of RODA is to enhance surveillance of overdose morbidity and mortality and to use enhanced surveillance data to guide overdose prevention efforts. RODA funding has provided an opportunity to collaborate with Riverside County Emergency Medical Services Agency (REMSA) and Riverside County Sheriff-Coroner's Bureau (RSO) to develop the Overdose Outbreak Surveillance and Response Alert System (OSR).

OSR is designed to detect drug overdose outbreaks in less than 72 hours by analyzing near-real-time drug-related data from emergency departments (Public Health), enhanced mortality data (RSO), and suspected overdose patient encounters from first responders (REMSA).

The information alerts public health leadership and partners to inform the public and mobilize resources. OSR is currently an internal system that is evolving with continued data. Future aims include refining and improving the overdose outbreak system.



## Announcement! IEOCC Transition

The Inland Empire Opioid Crisis Coalition (IEOCC) is a multidisciplinary team collaborating to prevent overdose deaths in the Inland Empire. The IEOCC, led by IEHP and facilitated by Signal Key, has been transitioning all of the IEOCC's operations to San Bernardino County's Department of Behavioral Health (SBC-DBH).

During the January to April 2022 transition period, Signal Key's team has been advising SBC-DBH as they began to facilitate regular meetings during the transition.

SBC's leadership is committed to keeping the Inland Empire as the focus of the IEOCC and collaborating with RODA to coordinate prevention strategies. The Steering Committee will continue to guide the IEOCC.

Visit the <u>IEOCC's website</u> to learn more about the IEOCC, its workgroups, and available resources.

