



Riverside County Health Coalition Speakers!

January 21, 2026

Dee Keoski

After retiring from teaching, Dee joined the Goeske center July 2022 as a volunteer and joined the staff in January 2024 as the Senior Resource Advisor. She helps seniors navigate the complicated parts of life and does outreach to share resources with as many seniors as possible.



Arlene Bruins

Arlene Bruins is Program Manager for the Alzheimer's Association in the Inland Empire. With a Master's in Gerontology and 20+ years of healthcare and nonprofit leadership, she champions access to wellness resources for underserved communities. She delivers impactful presentations on Alzheimer's, dementia, and brain health.

Hashish Rivera-Elberson

Hashish Rivera Elberson serves as the Community Transformation Director for Blue Zones Activate Mead Valley, where she leads community-driven strategies focused on healthy aging, food access, and equitable environments. She collaborates with residents, schools, healthcare systems, and local partners to make the healthy choice the easy choice across the lifespan.

With deep roots in Mead Valley, Hashish is passionate about purpose-driven work and believes that meaningful, lasting change occurs when community voice leads the process.

