

Food | Nutrition Resources

Community Action Partnership Food Pantry (San Bernardino County)

Provides free food assistance to low-income individuals and families through programs such as food pantries, mobile distributions, and senior nutrition initiatives.

Phone: 909-723-1581

Website: <https://www.capsbc.org/food-bank>

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Family Service Association (FSA)

Supports senior independence with nutritious meals, including group meals at community centers and **home-delivered** meals. Fill out form on webpage to get started or call the phone number below.

Phone: 951-342-3057

Senior Nutrition Services: <https://www.fsaca.org/senior-services>

FSA's Riverside & San Bernardino Counties Senior Nutrition Locations:

<https://www.fsaca.org/locations>

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Food Pantry Search Website

<https://www.foodpantries.org/st/california>

Located on right side of webpage to “Find Closest Food Pantries to An Address”

Enter Address (Pantries Near): Enter your address.

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Helping Hands Pantry (San Bernardino County)

Provides free groceries to residents in need, including families, college students, people experiencing homelessness (and their pets), seniors, and individuals with disabilities. Weekly delivery is available for individuals living with a disability who are unable to access pickup locations.

Phone: 909-796-4222

Website: <https://helpinghandspantry.org/need-help/>

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Mom's Meals

Medically tailored meal delivery service. Medicaid or Medicare Advantage plans may be eligible to receive this home-delivered meals benefit. To find out, you must contact your health plan or care manager directly.

Phone: [877-508-6667](tel:877-508-6667) (Customer service available Monday through Friday from 7:00 AM to 6:00 PM Central Time.)

Website: <https://www.momsmeals.com/>

How to qualify: <https://www.momsmeals.com/our-food-programs/how-to-qualify/california/>

Self-pay option: <https://selfpay.momsmeals.com/NewOrder/Create.aspx> (\$7.99-8.99 per meal.)

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Sahaba Initiative Food and Wellness Center (San Bernardino County)

Offers free weekly food distributions every Saturday at 12 PM. Beyond providing groceries, the center hosts nutrition and cooking classes, offers CalFresh enrollment assistance, and promotes a client-choice pantry model to empower individuals and families toward long-term food security.

Phone: 909-381-3002

Website: <https://www.sahabainitiative.org/programs-services/food-and-wellness-center/>

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St. Vincent DePaul of Fontana and Rialto

Serves Fontana and Rialto neighborhoods; they may be able to deliver based on need.

“We will help you with a box of non-perishable items. If you're on a budget or barely have enough to last the whole month, let us help you with a box of food so you may use your resources for other needs. Call and leave us a message.”

Phone: 951-328-3112

Website: <http://svdpfr.org/>

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St. Vincent DePaul of Riverside Food Pantry

Serves Riverside area; they may be able to deliver based on need.

Call to set up appointment.

Phone: 951-684-7386

Website: https://www.sbdioocese.org/FOOD_PANTRY/pantry/index.cfm?ID=1362