



Sibling's Support Group

MEETING ID

870 2374 6169

PASSWORD

883169

Meets the

3rd Tuesday of Each
Month From

6:30 pm to 8:00 pm

[Click Here for Zoom](#)

If you are a sibling of an adult experiencing mental health challenges and are in need of a safe place that offers understanding, encouragement and hope, please join our group! At our Sibling's Support Group, you will find information, support and education that will help you understand your relative, while maintaining your own self-care. **There is no fee or registration required to attend our group.**

For more information, please contact Maria (Angie) Rodrigues at 951-955-7166 or MRodrigues@ruhealth.org

Provided by **MHSA FAMILY ADVOCATE PROGRAM**