

HOW TO WEAR A MASK

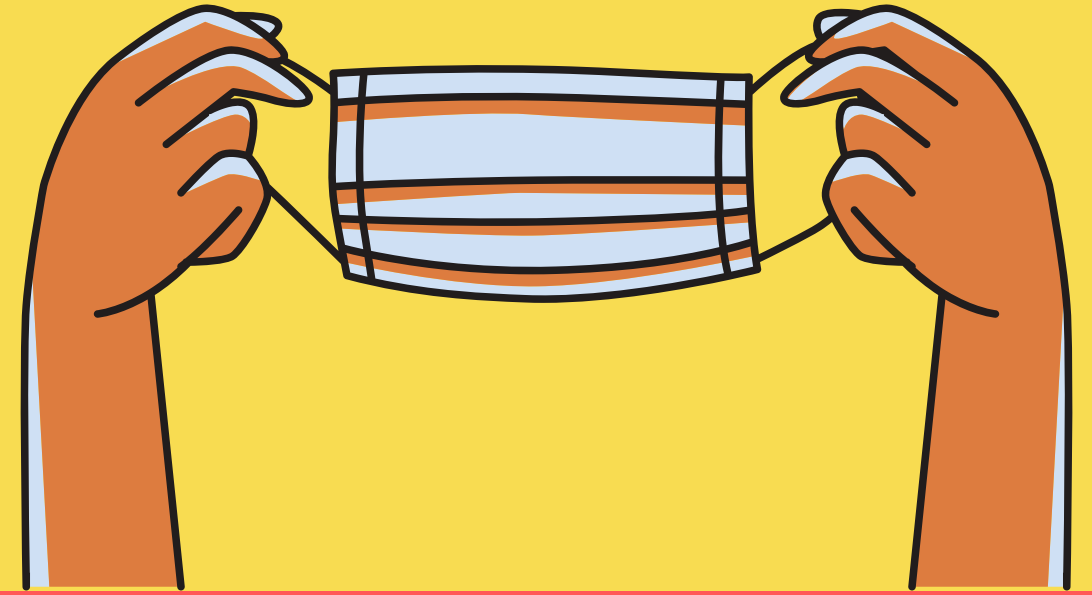
Step 1:

Wash your hands before putting on your mask



Step 2:

Pick up your clean, new mask by the loops



Step 3:

Put loops around your ears



Step 4:

Make sure your mask covers your nose and mouth



IMPORTANT:

- Make sure your mask fits well with no gaps
- Do not pull mask down to talk
- Do not let mask hang from one ear
- Do not touch front of mask or face

Note: Some people cannot wear a mask due to health reasons.