HOW TO WEAR A MASK

Step 1: Wash your hands before putting on your mask

Step 2: Pick up your clean, new mask by the loops

Step 3: Put loops around your ears

Step 4: Make sure your mask covers your nose and mouth

IMPORTANT:
- Make sure your mask fits well with no gaps
- Do not pull mask down to talk
- Do not let mask hang from one ear
- Do not touch front of mask or face

Note: Some people cannot wear a mask due to health reasons.

For more information, please visit https://www.rivcoph.org/coronavirus