# CHILDCARE EDUCATION PREVENTION MEASURES

# **COVID-19 VACCINES**

COVID-19 vaccination is strongly recommended for all eligible people in California, including providers, teachers, staff, children, and individuals sharing homes with members of our child care communities.

# TESTING

Testing can detect and reduce transmission of communicable diseases. For testing information, please see <u>CDPH School Testing for COVID-19</u>.

# **MASKS & FACE COVERINGS**

Face masks, particularly high-quality and well-fitting masks, are effective, inexpensive, and easy to implement tools to protect oneself and others. No person can be prevented from wearing a mask as a condition of participation in an activity or entry into a venue or business including schools or childcare, unless wearing a mask would pose a safety hazard.

# VENTILATION

Indoor spaces with poor air quality increase the risk of respiratory infections. Effective ventilation and filtration can reduce the spread of these infections and may also protect students, children, and staff from exposure to pollutants like wildfire smoke and allergens. Follow <u>CDPH recommendations to improve</u> <u>indoor air quality</u>.

# CLEANING & DISINFECTING

Childcare programs should follow recommended procedures for cleaning, sanitizing, and disinfection in their setting such as after diapering, feeding, and exposure to bodily fluids. For more information see <u>CDC How to Clean and Disinfect</u> <u>Early Care and Education Settings</u>.



# MAINTAINING GOOD HYGIENE

Teach and reinforce washing hands and avoid touching face. Promote hand washing throughout the day, especially before and after eating. Ensure there are adequate supplies (soap, hand sanitizer, tissues, etc.)

# MANAGING INDIVIDUALS WITH SYMPTOMS

Staying home when sick can lower the risk of spreading communicable diseases.

- For suspected or confirmed COVID-19 infection, follow CDPH <u>COVID-19 Isolation</u> <u>Guidance</u>.
- Follow <u>guidance for when a child has symptoms of illness in a school or child</u> <u>care</u> to support decision-making about whether to send children home or permit them to remain on site.



# ISOLATION

If an individual tests positive, it is recommended to isolate. For Isolation recommendations, refer to <u>Isolation and Precautions for People With COVID-19</u>.



For more information, please visit <u>https://www.ruhealth.org/public-health/coronavirus-school-resources</u>

Page 1

# CHILDCARE EDUCATION RESOURCES & INFORMATION

### Resources

#### **General Resources**

Riverside County COVID-19 Vaccine Riverside County COVID-19 Testing 2-1-1 Resource Database Covid Testing

#### **Family Resources**

Guidance for K–12 Schools and Child Care Settings State of California Safe Schools For All Hub Riverside County Office on Education - Parent Page

### **Childcare Videos**

How to Prevent COVID-19 in a Childcare Setting Steps for an Exposure in a Childcare Setting

### **Childcare Provider Resources**

Guidance for K-12 Schools and Early Care and Education Programs Riverside County Office on Education - Educators Page Guidance for K-12 Schools and Child Care Settings California School & Child Care Integrated Pest Management (Cleaning & Disinfecting)

### **Mental Health Resources**

<u>CDC Stress and Coping</u> <u>SAMHSA's National Helpline</u> Office of Child Care: Mental Health and Wellness <u>The National Alliance on Mental Illness</u>

### **Contact Information**

The PH School Team: 951-289-4638 or RIVCO-Schools@ruhealth.org Riverside Community Care Licensing: 951-782-4200 Resource and Referral Services: RandR@rcoe.us





For more information, please visit <u>https://www.ruhealth.org/public-health/coronavirus-school-resources</u>