
Prevention and Early Intervention Quarterly Collaborative Meeting

Meeting Minutes September 30, 2019 12:00pm – 2:00pm Via Zoom

- Diana Brown - Welcoming Message; there were 80 attendees

- PEI Program Presentations:
 - HELPLine (686-HELP) - Riverside County's local Suicide Prevention Crisis Line by Community Connect/Inland SoCal United Way.
 - ❖ Jennifer Carson - Helpline Coordinator shared a PowerPoint Presentation with a basic overview of the services offered.

- Suicide Prevention Week Report
 - Lynnette Navarro Sullivan - Staff Development Officer with PEI shared an overview on the Suicide Prevention week activities and shared slideshow with pictures of the community participating in these activities.
 - ❖ PEI developed a calendar with events that the community would be able to participate in during the month of September. The calendar was focused on a different topic for each week which were the following:
 - Week 1: Build Hope
 - Week 2: Build Resilience
 - Week 3: Focus on Recovery
 - Week 4: Express Gratitude
 - Week 5: Connect w/ Others
 - Staff and the community were encouraged to participate and share their pictures on Social Media using the hashtag #PEI2020
 - ❖ 17 Providers were awarded the Suicide Prevention Mini-Grant. Each one received a Suicide Prevention Toolkit to utilize for outreach created by Each Mind Matters. Each provider will have three different events in the community.

- The Mini-Grant was divided into 4 categories which are:
 - Hope & Resiliency - Positive Affirmation
 - Agency/Agencies Awarded;
 - Coachella Valley Immigrant Dignity Coalition
 - Focus on Self-Care
 - Agency/Agencies Awarded;
 - Inland Empire Immigrant Youth Collective
 - North County Health Project Inc.
 - UCR Healthy Campus
 - Game Night
 - Agency/Agencies Awarded;
 - Danza Azteca
 - Desert Recreation Center
 - Empowerment Center
 - Indio Teen Center
 - Inland Riverside Chinese School
 - Lideres Campesinas
 - Operation SafeHouse
 - Perris Valley Filipino American Assoc.
 - Stephan Center
 - Women Achieving Success
 - Building Resiliency in Schools
 - Agency/Agencies Awarded;
 - Murrieta Valley Unified School District
 - Monte Vista Middle School
 - North Mountain Middle School
- Suicide Prevention Strategic Plan & Coalition Briefing
 - Mindy McFarland - Staff Development Officer with PEI shared PowerPoint on the updates for Suicide Prevention Strategic Plan & Suicide Prevention Coalition.
 - ❖ PEI is currently recruiting participants for the Suicide Prevention Coalition Sub-Committees. Kickoff meeting will be October 29th 3pm-5pm. Meetings will be held quarterly beginning in October.
 - ❖ There are 6 Sub-Committees which are the following;
 - Effective Messaging and Communications
 - Measuring and Sharing Outcomes
 - Upstream
 - Prevention
 - Intervention
 - Postvention

- ❖ Each sub-committee will have a chair and co-chair who will be deciding when and how often the group will be meeting.
- ❖ If you would like to be a part of any of the sub-committees or the SP Coalition please contact PEI by email @ PEI@ruhealth.org.

- Virtual Training Opportunities
 - PEI is currently offering the following virtual trainings, which are hosted through Zoom and are 1-2 hours long each.
 - ❖ Know the Signs
 - ❖ Building Resiliency & Understanding Trauma
 - ❖ Self-Care & Wellness
 - ❖ Mental Health 101

- PEI Provider Updates / Community Roundtable/Announcements
 - Terri Akens –Community Mental Health Foundation –Currently running Mamas y Bebes program in both English and Spanish.
 - Angel Marin - Borrego Health - Will be hosting several LGBTQ workshops both for adults and for youth in the month of October.
 - Cheryl Hunter - SafeHouse of the Desert - currently in Seeking Safety training.
 - PEI has new Peer Support Programs that will be running Contact for Change & Seeking Safety.
 - Brenda - Shared information on the upcoming NAMI walk will be a virtual event due to COVID restrictions.
 - Estee Song - Agency will be collaborating with SB County to host an Asian-Pacific Youth day and Mental Health Wellness Workshop.
 - Elena Weaver - Riverside-SB Indian Health - Serve Native-American community in all three regions.
 - Gaby & Claudia Armenta - Founders of Danza Azteca - providing a healing circle which introduces participants to the Azteca culture & traditions.
 - Providing Holidays- flyer shared in the chat room.

- Next Meeting: December 2020 - Dark
 - March 31, 2020 at 12pm - 2pm TBD.