
Prevention and Early Intervention Quarterly Collaborative Meeting

Meeting Minutes

January 29, 2020

12:00pm – 2:00pm Rustin Conference Center

- Diana Brown - Welcoming Message
- Introductions
 - Went around the room and all attendees introduced themselves and shared where they were from. We had providers and community members from all regions of the county.
- MHSA Program Updates
 - Capital Facilities and Technology
 - 3 Projects
 - ❖ Desert Roy's Board and Care - Expectation is to be able to serve 100 adults per day.
 - ❖ Arlington Recover Community Program beginning stages of development. It is a fully integrated residential outpatient approved facility to treat serious MH & SU disorders w/ the purpose to support diversion from incarceration to reduce recidivism.
 - ❖ The Place - partnering w/ the City of Riverside to reconstruct and reorganize homeless drop in center.
 - Community Services & Support - Largest portion of MHSA funding about 80%
 - Community BH Assessment Team - Responders who respond w/ law enforcement team to MH urgent calls. They have expanded from 2 to 6 sites. They are in Indio, Murrieta, Temecula and Moreno Valley.
 - Parent Support & Training - Offer a variety of community classes, training & education. They have expanded to include the Dinosaur School Program.
 - Family Advocate Program - added family advocate in the Temecula MH Clinic.

- Assessment and Consultation Team is out stationed in child welfare settings.
- Preschool Program - No longer a FSP
- Treatment Foster Care Program - Closed in April 2019. Staff has been reassigned.
- Desert Region
 - ❖ Desert Adult FSP - Temporarily closed in Palm Springs. The plan is to open again and be stationed at the Roy's Board and Care.
 - ❖ HHope Housing management is now managing board and Care services.
 - ❖ New BH Clinic coming to Mecca that will provide direct consumer care. Anticipate March 2020.
 - ❖ BH Integration to federally qualified health centers or community health centers is expanding to Indio, Palm Springs & Banning.
 - ❖ Lights Children Clinic now has MOU w/ Palo Verde School District. They have staff on campuses providing services to all students k-12 grades.
 - ❖ Desert Wraparound has now become FSP and expanded to Blythe.
 - ❖ Desert YHIP has expanded to FSP. The grant period has ended and is now being integrated because of the success of the program.
- Western Region
 - ❖ Riverside Children's Wellness Center has shifted to a more traditional outpatient clinic.
 - ❖ Wraparound services have joined 2 programs to one and have become FSP.
 - ❖ YHIP Program has become FSP in all three regions.
 - ❖ FACT of Corona has now been integrated into Community Health Center in Corona. It is part of the Corona Wellness & Recovery Integrated Plan. Children and adult services are available in one site.
 - ❖ Anticipating expansion & adjustment in criminal justice are MH Court specifically targeting homeless individuals w/ MH illness.
- WET
 - Over 40 advanced training topics offered for staff that include over 365 continued education credits including DBT, Trauma Focused CBT & Fidelity Support.
 - Collaboration w/ Cal State Northridge to do cultural competency assessment within the department to determine where we were as a department regarding cultural competence.
 - Development of annual cultural competence training that will be available & mandatory for all staff.

- Offer support to administration supervisors & clinical supervisors to develop their skillset on how to work w/ staff when providing MH services.
 - Employee Recognition Program.
 - Student Intern Program
 - ❖ 50 interns - more than 50% were Spanish speaking and 60% were Hispanic & 11% African American. 25% were male. Interns are training on therapeutic skills.
 - Volunteers
 - ❖ 33% rate of becoming an employee with the department.
 - Tuition reimbursement for staff that wish to increase skillset and get new certifications.
 - Innovations designed to be ongoing research to find what are the best practices for helping workflow, outcomes and making sure we are doing the best we can in finding new ways to work w/ the population.
 - Projects established will be 3-5 years in implementation. All data is looked at, pre, post and what did and did not work. If it did not work we get rid of it & if it did we try to figure out ways to keep it.
 - 3 projects:
 - ❖ Text Suite Help at Hand collaborate effort w/ 13 other counties in CA that are looking in bringing interactive technology tools to public MH system using a suite of applications that are designed to educate users on;
 - Signs & symptoms of mental illness.
 - Improve early identification of emotional & behavioral destabilization.
 - Connect individuals seeing help in real time w/ chat app.
 - Increase user access to MH services when needed.
 - Take My Hand - Chat App Still in development. Chat app created by MHSA in piloting stage.
 - ❖ TAY Drop In Centers Open in each region.
 - Stepping Stones Western Region
 - Desert FLOW Desert Region
 - The ARENA Mid-County Region.
- 16-25 year old drop in center regardless of health insurance. Do not have to have a MH diagnosis. These centers are meant to be broad support focused on engagement skill development. They offer MH specialized treatment and First Episode Psychosis treatment. They are scheduled to sunset June 2020. Beginning discussions on next steps for programs based on good outcomes.
- ❖ Commercially & Sexually Exploited Children Mobile Project known as RBY Resilient Brave Youth In the 3rd year of 5-year implementation.

- PEI
 - Now offering support to department staff that are implementing evidence based models so that they are receiving the same support & infrastructure as the PEI Providers.
 - Last year released 6 request for proposals for funding, signed on 7 new contract providers.
 - Hosted many activities surrounding Suicide Prevention. Awarded 15 organizations w/ mini grants to be able to implement SP campaigns. Those 15 organizations are finalizing reports this month. They had from September to end of January.
 - ❖ Received Proclamation from Board of Supervisors recognizing Suicide Prevention Week. Which is the 2nd week of September every year.
 - ❖ 1st annual Suicide Prevention Walk around downtown Riverside.
 - ❖ Did lots of training focused on Suicide Prevention.
 - SafeTALK
 - ASIST
 - AMHFA & YMHFA
 - Know the Signs
 - ❖ Added new certified trainers in each SP model.
 - AMHFA 9 YTD 785
 - YMHFA 12 YTD 1479
 - SafeTALK 20 YTD
 - ASIST 13 YTD 900
 - Know The Signs YTD 100
 - ❖ We have a total of 4487 helpers in the community trained in Suicide Prevention.
 - Learning Collaborate w/ State Partners State developing Suicide Prevention Plan for the entire county not just BH plan, countywide plan. In final stages hoping to have draft ready for release soon. As a result we will also be developing a Coalition - gathering of a variety of people to put plan in action - coming soon.
 - Partnered w/ Culture of Health Ambassadors. Introduced Suicide Prevention during SP week & offered activities that they took back to their workplace & some hosted their own SP awareness walk.
 - Directing Change - is in its 7th year
 - ❖ In 2019 182 60 second public service films created by young people between 14-25 years old. Focused on MH Awareness and Suicide Prevention. Submitted at State level and are being recognized locally. Of the 182 films 29 schools were from Riverside County. There was 658 students that participated and 6 films received State awards. PEI hosted event in May 2019 to recognize

those students, faculty, family & friends & we will be hosting the event again this year. Last day to enter your film is March 1, 2020. Film submission was primarily open to schools but has now been open to community organizations as well. You can enter them at DirectingChange.org or by contacting Lynnette Navarro.

- Send Silence Packing - Traveling exhibit nationally organized through Active Minds that works mostly w/ college chapters. It is a powerful exhibit of 1100 backpacks that represent the 1100 young lives that are lost to suicide each year. It helps to increase awareness and offer resources. It is typically on college campuses but last year it was moved from the campuses to downtown Riverside. The event was hosted on the main pedestrian mall. We incorporated keynote speaker Kevin Briggs, he was a former Lieutenant w/ the CA Highway Patrol who patrolled the Golden Gate Bridge and saved hundreds of lives that may otherwise have been lost to suicide. Event was very well received so we will be hosting the same event again on April 1st in Coachella at the Veterans Park. We will be focusing on Latino youth that are a very high risk particularly around attempts. We will be tailoring our presentation towards that population but all are welcomed.
 - MH Awareness we passed out tool kits provided from our partners at Each Mind Matters. Tools kits were mostly passed out at schools & to providers who work at school sites to do a variety of activities around MH Awareness. The goal was to get young people involved in MH Awareness activities on school campuses.
 - UpToRiverside Campaign
 - Provided Active Minds Summit to college campuses and invited young people and school advisors throughout the county. We wanted to encourage those that do not have a chapter of Active Minds which is targeted towards MH Awareness on campus to start one. We brought a speaker from Washington DC to talk to them about how to do that and to teach those that do have onw how to make it better.
 - RUHS-BH attended the Pride Festival in Palm Springs .
 - 2 PEI Providers received awards from county system - RivCo Innovates. PEACE 4 Kids and CARE Pathways which is a caregivers support group that is being run through the Office of Aging.
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- Suzanna Juarez-Williamson shared Who We Serve Report w/ update for every model/program.

- Community Questions
 - What options are there for the TAY Drop-In Centers now that they are coming to the end of the implementation period?
 - We will be having a survey for youth, families & caregivers who have received services from the center to see what is and isn't working. What their needs are and how to increase the support being offered to them. Asked the Supervisor from each center as well as the administration to reach out within each community to figure out their needs. This is an opportunity for each center to be individualized because they were setup to be the same. We anticipate that they will continue to offer w/ the Employment Training being offered as well as the First Episode Psychosis Program. We are open to inquiries. Our intention is to continue w/ the program.
 - How does PEI view what the providers have done according to the numbers?
 - It varies from program to program. Staff should be in continued communication with provider, having monthly fidelity meetings to submit data for observation. These are the ways PEI monitors success.
 - Is there a follow up on the Suicide Trainings offered?
 - There is no requirement from LivingWorks that recertification is required but all training are open to the community and to anyone wanting to return to take the course again as a refresher.

- PEI Announcements
 - PEI current request for proposal open for bid for Native American Strengthening the Circle Project. If interested in being a responder or your organization you can find it on the purchasing website. Closes Feb. 20th, 2020.
 - Coming Soon - Request for proposals for Building Resilience in African American Families (BRAAF) Program for both boys and girls countywide. Two different RFPs will be released.
 - Save the Date - April 1st, 2020 Send Silence Packing at Veterans Park in Coachella, CA. We will also be having this event at Mt. San Jacinto College, San Jacinto Campus on April 2nd, 2020 & at Moreno Valley College in Moreno Valley, CA on April 6th, 2020.
 - Save the Date May 7th, 2020 Directing Change Awards Gala at the Fox Theater in Riverside, CA. Everyone welcome - RSVP required. Videos can be submitted until March 1st.

- Community Provider Updates
 - Deidra Turner - Mamas y Bebes English group facilitator at Corazon Counseling in Riverside, they are expanding services to the Moreno Valley area.

- Mila Banks - Filipino American MH Resource Center, inviting young people to the SafeTALK training in Moreno Valley Saturday Feb. 1st, 2020.
 - Keith Engber - Contact 4 Change Program Looking for youth 18-25 years old to be a part of the Educator Awareness Program to share publicly their lived experience w/ MH. They are required to be available 6-8 hours a month and a one-day a month mandatory presenter practice.
 - Jennifer Carson - Suicide Crisis Hotline/Helpline. Funded in the 1960 and was stationed at the Cesar Chavez Community Bldg. Recently moved to a new location in Riverside off Chicago Ave. Inviting everyone to stop by and see the new call center w/ new technology to better understand what happens when referring individuals in crisis.
 - Rick Algarin - Family Advocate Program. Inviting the community to their upcoming quarterly presentation. It is a series of three presentation. #1 was Meet the Doctor which took place on January 20th, #2 is Meet the Pharmacist scheduled for February 23rd and #3 is Meet the Therapist scheduled for March 26th. All events are taking place at the Rustin Conference Ctr. in Riverside. These quarterly presentation are for families, clients and the community.
 - Kimberly Jow - Teen Suicide Awareness & Prevention Program they go out to each middle school and high school to train students, staff & parents on the risk factors and warning signs and how to become a resource to those in crisis. They are currently contracted w/ 14 different school districts.
 - Heaven Youth Partner w/ Children's Services Peer Support Program for foster youth in the system.
- Complete your MHSA Survey!
Reminder to please complete you survey
 - Next Meeting: April 29, 2020 at 12pm – 2pm at Rustin Conference Center 2085 Rustin Ave. Riverside, CA 92507
 - Lunch will be served!