



Prevention and Early Intervention Quarterly Collaborative Meeting

Meeting Minutes
August 31, 2022
12:00pm – 2:00pm Via Zoom

- To view the recorded meeting click here:
<https://www.youtube.com/watch?v=TS7-Rkgk1oQ>
- Diana Gutierrez - Welcome message; there were 75 attendees
- Trauma informed System (TIS) Moment:
 - Andrea Deaton, Staff Development Officer with PEI shared description of what TIS is.
 - ❖ August core guiding principle was Cultural Humility and Equity
 - ❖ September core guiding principle is Compassion & Dependability
- PEI Program Spotlight: Peer to Peer/Cup of Happy
 - Peer to Peer program is one of the components in the Transitional Age Youth (TAY) Resiliency project.
 - Operation Safehouse is the countywide contract provider. They serve all three regions of Riverside County. Each region has a coordinator which are;
 - Desert - Jenny Vargas, JVargas@operationsafehouse.org
 - Mid-County-Ronnie Washington, RWashington@operationsafehouse.org
 - Western-Elisa D'Carpio, EDcarpio@operationsafehouse.org
 - Services at Cup of Happy are run by Peer Support Specialists who have personal lived experience.
 - Services offered include:
 - Support groups for TAY; Coping Skills and LGBTQIA+

- Presentations for TAY; Speaker's Bureau, General Outreach, Directing Change
 - 6-9 month individualized mentoring for TAY
- Suicide Prevention Awareness Month Activities Overview - Myeshia Bobo
 - National Suicide Prevention Week: September 4-10, 2022
 - World Suicide Prevention Day: September 10, 2022
 - PEI received the following Suicide Prevention Toolkits;
 - Journal Outreach Mini Kits
 - General Outreach Kits (English & Spanish)
 - Older Adult Outreach Kit
 - You can find additional resources by visiting <https://www.suicideispreventable.org/prevention-kit.php>
 - Online Resources - Schools, Parents and Youth-Some ideas to get involved;
 - Work with youth to host a Suicide Prevention Activity
 - Create a film or art project about Suicide Prevention and submit to Directing Change
 - Create a Suicide Prevention hand-out and distribute to all staff
 - Complete the Postvention checklist for your school
 - Online Resources - Older adults
 - Host Thriving At All Ages Wellness Group Activity
 - Host Older Adult Suicide Prevention 101
 - Distribute Older Adult Activity Tip Sheet
 - Share & post articles about strengthening resiliency
 - Riverside County Calendar of Events during September –Suicide Prevention Awareness Month; Riverside County has released a calendar of events with different activities for each week. This calendar can be found by visiting Up2Riverside.org.
 - *Week 1 (9/1-9/3): Physical Wellness*
 - *Week 2 (9/5-9/10): Emotional Wellness*
 - *Week 3 (9/12-9/17): Mental Wellness*
 - *Week 4 (9/19-9/24): Social Wellness*
 - *Week 5 (9/26-9/30): Spiritual Wellness*
 - September Presentations & Trainings
 - Stand Against Stigma - September 1st 10:30-11:30am
 - safeTALK - September 7th 9:30am -12:30pm
 - Know the Signs Presentations - September 14th 2pm-4pm Spanish & September 21st 1pm-3pm English
 - Peer Support for Suicide Loss - September 15th 6pm-7:30pm -
**This presentation is for suicide loss survivors only

- ASIST - September 20th & 21st 8:30-4:30pm
 - Understanding ACEs hosted by RUHS - Public Health Dept. - September 27th 11am-12pm English & September 27th 1pm-2pm Spanish
 - Talk Saves Lives - September 27th 5pm-6pm

- PEI Provider Updates
 - Prevention & Early Intervention received a Proclamation from the Board of Supervisors to recognize the entire month of September as Suicide Prevention Awareness Month.

- Updates / Community Roundtable/Announcements
 - Peace from Chaos shared they will be hosting a Know the Signs Presentation in the City of Blythe on Friday September 9th 3:30pm-4:30pm English & 6pm-7pm Spanish. They will also be hosting a community event on Saturday September 10th 5pm-10pm. They will be receiving a Proclamation from the City of Blythe to declare the City of Blythe a Suicide Safe Community.
 - Estee Song APCTC - will have a lived experience presentation with Dr. Ernelyn Navarro. They will also have an event on September 10th 8pm Light a Candle, you can take a picture and submit for a chance to win a \$100 gift card.
 - American Foundation for Suicide Prevention-will be hosting Out of Darkness Walk on November 12th. For more information, please visit AFSP.org.
 - Veterans Suicide Prevention & Awareness Walk November 5th
 - Dakota Brown - Cultural Community Group People with Disabilities 1st sub-committee meeting Friday 9.2 at 1pm. If you would like more information, please send an email to BodyDiversity@Outlook.com.
 - Lynda Bailey-October is Bullying Prevention Month. RMCCCharity.Org has various activities planned that the community can participate in. They will also have an all-day in person conference on November 18 at the Riverside County Office of Education Conference Center.
 - Denise Wagner has a new program in Menifee Family Tree Recovery Resource Center. If you would like more information, please send email to denisewagner13@aol.com.
 - Joey Holland ISCUW - 20 crisis-trained interns have joined the Riverside Helpline.

- Next Meeting:
 - November 30, 2020 at 12pm - 2pm