

Prevention and Early Intervention Quarterly Collaborative Meeting

Meeting Minutes

August 29, 2018

12:00pm – 2:00pm Rustin Conference Center

- **Introductions**
 - Diana asked around the room for attendees to raise their hand if they are a PEI provider, community partner or members of the public. All groups were represented.
 - Diana asked around the room for attendees to raise their hand if they represented the western area, mid-county and desert. All areas were represented.
 - Asked everyone to like and follow on social media for upcoming announcements

- **Purpose of Collaborative**
 - Discussed the background of the PEI Collaborative and the purpose for the meetings.
 - Extended an invite to others who the attendees may feel need to be in on the collaborative conversations.
 - Invited attendees to bring flyers and updates to share at future Collaborative meetings.
 - Asked for thoughts or feedback – None received

- **PEI Summit**
 - Diana gave a brief recap of the 2018 PEI Summit and shared a slideshow of the highlights of the day.
 - Presented Victor Community Support Services with their Years of Service certificate that was missed at the Summit

- **Program Highlight – Strengthening Families**
 - Pierre gave an introduction to the MFI Recovery team members present and an introduction on what the Strengthening Families program is.
 - Evidence-based 14-week program – Builds resiliency with an emphasis on the importance of building strong families and building family resiliency. Participants are families of children from ages 6-11.
 - Reviewed program focus: provides life skills, removes kids from risky behaviors, provides services to enhance and build strength within families, strengthens

parenting skills, teaches parent's consistent parenting, bonding methods, provides skills to parents and families on active parenting.

- Reviewed the power point and discussed the background of the program and what the trainings entail.
- Currently have 618 families that have graduated the program with a 70% retention rate. 94% of families are Latino/Hispanic. Average age of participants 8.3 years old.
- Martha a family graduate shared her story of why she participated in the program and how their family has improved since.
- Questions/Comments:
 - Q: What does dad do to spend time with daughters since graduating the program? A: He helps with homework and takes his daughters on outings without his sons.
 - Q: What is the screening process like to determine whether families are LGBTQ? A: Parents are asked on intake if they are a LGBTQ family.
 - Q: Is this program available to Foster Families? A: Yes, absolutely.
 - Q: Where are groups held? A: Schools and churches. We look for places that are neutral.
 - Q: How many sessions per year? A: They hold 4 cycles of the 14 week session per year.
 - Q: Is there are cap to the number of families they will take? A: They are only able to take a maximum of 15 families per session due to staffing constraints.
 - Q: Do you work with the WRAP around program and is it better for some families since it is less intensive? A: Not at this time, if the families are already receiving services they will not participate at this time.
 - Q: Do the teachers know about this program? A: Yes, MFI goes to school meetings and events to promote programs. Attendees are welcome to share with teachers.
 - Q: Are sessions ever held on weekends vs. weekdays for families that are not able to attend during the week? A: Not at this time since most families are able to make it work.

- Upcoming Request for Proposals
 - Everyone was asked to please let us know if they would like info on proposals.
 - Seeking Safety – Evidence based program for trauma and substance abuse for ages 16-25 TAY. Teaches coping skills, helps with PTSD (diagnosed or undiagnosed)
 - Mamas y Bebes – Expanding program for Pregnant and Post-partum for women at risk for developing post-partum depression.
 - TAY Resiliency Stress and your mood – for people with a early manifestation of mood disorders, ages 18-25, peer mentoring program

- Suicide Prevention Week September 9th -15th
 - Mindy shared the purpose of Suicide Prevention week and who is most at risk for suicide and current campaigns.
 - Lynnette shared what the plan is for Suicide prevention week (social media posts, suicide awareness walk, safetalk training, ASIST training and college outreach days).
 - Lynnette asked attendees to share how they are recognizing suicide prevention week and share with us by tagging on social media.
 - Everyone was encouraged to visit the Up 2 Riverside facebook page.
 - Discussed the RFP for the 13 available tool kits for suicide prevention week. They can receive up to \$5,000. Must fill out proposal and submit by September 14th, 2018. They will have up to December 31st to implement. We hope to have awardees chosen by October 1st.

- PEI Provider updates
 - RI International will be screening the Ripple Effect on October 17th at Regal Cinemas Rancho Mirage. They will be collaborating with other agencies and hopefully having a speaker's panel, vendor tables. Tickets can be purchased through Gather films.
 - Strengthening Families will be starting a new session next week in Desert Hot Springs and they have space available.
 - Al Forbes with City College shared information and a flyer on their Seeking Safety meetings. Starting a fall cycle on the RCC campus and it is open to all.
 - Benita – Ethnic and cultural collaboration meetings coming to help populations of African American, Latino/Hispanic, LGBTQ to assist in being more culturally competent and to support in outreach.
 - TAY Resiliency – Stress and your mood- open opportunities open to new providers and current providers may re-apply.

- Community Roundtable/Announcements
 - Stevens Center having a 3 session series for widows/widowers that provides resources. It is not a support group or counseling session but to provide resources to help through the process.
 - I.E. Chi (organization that has a mental health focus so children and families have access to health care) is having a kick off on September 11th. Will have special speakers focusing on the political climate
 - Gabriel Maldonado with TruEvolution – will be hosting a brunch on October 4th from 10am – 2 pm. Co-sponsored event for the voice of the people discussing housing and mental health and communicable disease prevention. Currently looking for speakers and will be held at Claremont School of Public Health.
 - Danielle Gross with Operation Safehouse reminding everyone of the crisis app called “what’s up” which is a crisis text line to give people access to a therapist,

only serves Riverside County. Since January 1st, 2018 they have had a total of 900 unique texters. They are available for people that are suicidal, having relationship issues.

- Question was asked if anyone is serving the Blythe area for bullying prevention? Danielle Gross answered that through the app they are serving people in the Blythe area and are working with the schools.

- Complete your MHSA Survey!
 - Everyone was asked to complete their survey

- Next Meeting: Wednesday, October 31, 2018 from 12:00 – 2:00 PM
Rustin Conference Center, 2085 Rustin Ave., Riverside, CA 92507
Lunch will be served!