**Grief and Bereavement Resources**

| **Name** | **Contact Information** |
| --- | --- |
| **Umbrella Ministries**   * A non-denominational ministry with the sole mission to offer comfort, hope and encouragement to mothers who have suffered the loss of a child. | Office: (760) 328-7142 Daisy  Email: *DCatchings@aol.com* |
| **Guild for Infant Survival (Inland Empire)**   * A support group for parents that have lost a baby to Sudden Infant Death Syndrome. * Counties served: Imperial/Riverside/San Bernardino including desert areas and surrounding cities. | 1400 Barton Road #2415  Redlands, CA 92373  San Bernardino County residents (909) 838-1536  Email: *sharon\_lang@redlands.edu*  Riverside County residents (951) 201-1772 or (951) 571-6259  Fax: (951) 571-6262  Email: *maureen.chavez@rcc.edu* or *mcarrie1@hotmail.com* |
| **Alliance of Grandparents A Support in Tragedy ( AGAST)**   * An all-volunteer organization in conjunction with Mothers In Sympathy and Support (MISS) offering grief support, trauma intervention and resources specifically for grandparents. | Office: (888) 455-MISS (6477)  Email: *info@missfoundation.org* |
| **Compassionate Friends**   * Assists families toward the positive resolution of grief following the death of a child and also provides educational resources. There are 37 chapters in California. | For a chapter's contact number and meeting information, call or email the national office: (877) 969-0010 (toll free)  Fax: (630) 990-0246  Email: *nationaloffice@compassionatefriends.org* |
| [**Empty Cradle**](http://www.emptycradle.org)   * A nonprofit peer group for San Diego and Riverside County area parents who have experienced the loss of a baby through miscarriage, stillbirth or infant death. The Empty Cradle organization offers grieving families opportunities for both group and individual support, as well as a lending library and community education. Monthly group meetings provide a forum for the open discussion of feelings and concerns. Individual telephone support is also available through a network of trained resource parents, all of whom have experienced a loss. | For support services, meeting information and/or assistance call: Riverside County residents (951) 686-LOSS (5677)  Email: *support@emptycradle.org*  *Riverside County Meetings*  2nd Wednesday of each month (7-9 pm)  Mary Phillips Senior Center  41845 6th Street  Temecula, CA 92590 |
| [**Helping After Neonatal Death (HAND) of the Peninsula**](http://www.handsupport.org)   * A volunteer group of parents who have experienced the loss of a baby before, during or after birth. Their experience has established a desire to offer support to parents, their relatives and friends during the normal mourning following miscarriage, genetic abortion, stillbirth or newborn death of their babies. * **HAND** volunteers are not professional psychotherapists; however they may make referrals to professional counselors. | 24-hour crisis center (650) 579-0350  Toll free 24-hour crisis center (888) 220-7575  Email: *info@handsupport.org*  **24-Hour Telephone Crisis Line—**In the event of an emergency, a HAND volunteer may be reached 24-hours a day through the Youth and Family Enrichment Crisis Center. All HAND volunteers are bereaved parents and are very well acquainted with the difficulties surrounding the loss of a baby. We urge you to call day or night for assistance. The phone numbers for the Crisis Center are: (650) 579-0350 or (888) 220-7575 toll free. |
| [**Mothers in Sympathy and Support (MISS) Foundation**](http://www.missfoundation.org)   * A nonprofit, international organization which provides immediate and ongoing support to grieving families, empowerment through community volunteerism opportunities, public policy and legislative education, and programs to reduce infant and toddler death through research and education. | Hemet-Peer Contact: (951) 927-2018 Teri Blanton  Email: *info@missfoundation.org* or *teri@missfoundation.org* |
| **SHARE Pregnancy and Infant Loss Support, Inc.**   * A not-for-profit nondenominational organization providing support to those whose lives are touched by the tragic death of a baby through early pregnancy loss, stillbirth or newborn death. | Office: (800) 821-6819 or (636)-947-6164  Fax: (636) 947-7486  E-mail: *share@nationalshareoffice.com* |