

April 2022

EMPOWERMENT NEWSLETTER



Black Infant Health

BLACK MATERNAL HEALTH WEEK 2022

**#BMHW22Theme, "Building For Liberation: Centering
Black Mamas, Black Families & Black Systems of
Care"**

This year marks the fifth anniversary of Black Maternal Health Week (BMHW). Founded and led by the Black Mamas Matter Alliance, BMHW is a week of awareness, activism, and community building intended to:

- Deepen the national conversation about Black maternal health in the US;
- Amplify community-driven policy, research, and care solutions;
- Center the voices of Black Mamas, women, families, and stakeholders;
- Provide a national platform for Black-led entities and efforts on maternal health, birth and reproductive justice; and
- Enhance community organizing on Black maternal health.



Black Maternal Health Week takes place every year from April 11 –17 and was officially recognized by the White House on April 13th, 2021. The month of April is recognized in the United States as National Minority Health Month – a month-long initiative to advance health equity across the country on behalf of all racial and ethnic minorities. Additionally, we are joining dozens of global organizations who are fighting to end maternal mortality globally in advocating that the United Nations recognize April 11th as the International Day for Maternal Health and Rights.

BOARD OF SUPERVISORS' PROCLAMATION

Public Health officials urge support, resources as part of Black Maternal Health Week

The Riverside County Board of Supervisors' proclamation was presented and accepted during Black Maternal Health Week to reinforce the importance of increasing awareness around Black maternal health matters.


"It's vital that we work together as a community to protect the health of Black women and mothers this week and every week," said Stephanie Bryant, program chief, Maternal Child Adolescent Health program. "We can do this by reducing health disparities that exist for Black mothers through support, services and resources."



Black Infant Health Updates

SPREADING AWEARNESS

Stephanie Bryant, a maternal health leader with Riverside County Department of Public Health, discusses the impact of systemic racism on Black newborns and mothers. Bryant also chats with theServiceStation about ways county partners and professionals are working together to improve health outcomes, including through the county's Black Infant Health Program.



NEW EPISODE NOW AVAILABLE

theServiceStation

Maternal Health leader, Stephanie Bryant, discusses systemic racism and ways to improve health outcomes for Black communities

Google Podcasts

Listen on Apple Podcasts

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black
infant
health

Services



10 prenatal educational sessions ☒

10 postpartum educational sessions ☒

Individual Client Plans ☒

Access to Public Health Nurse and Medical Social Worker ☒

THE BLACK INFANT HEALTH PROGRAM QUALIFICATIONS:

- SELF-IDENTIFY AS A BLACK WOMAN
- BE 16 YEARS OF AGE OR OLDER
- BE PREGNANT OR UP TO 6 MONTHS POSTPARTUM
- LIVE IN RIVERSIDE COUNTY


NATIONAL INFERTILITY AWARENESS WEEK 2022

April 24- 30 2022


#NationalInfertilityWeek. About 7% of married women aged 15 to 44 in the United States are unable to get pregnant after one year of trying. Also, about 12% of women aged 15 to 44 have difficulty getting pregnant or carrying a pregnancy to term. Infertility does not just affect women--in about 8% of couples with infertility, a male factor is the only cause found.


Source: CDC

What Increases Infertility ?

-  Smoking
-  Excessive Alcohol Use
-  Extreme weight gain or loss
-  Excessive physical or emotional stress

FOR MORE VISIT: www.blackinfanthealth.org

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