

LGBTQ+ COMMUNITY AND MPX (MONKEYPOX)

WHAT IS MPX?

MPX is a viral disease that is transmitted from person-to-person through bodily fluids, physical contact, and previously touched surfaces. MPX can spread from the beginning of symptom onset until the rash has fully healed.

SYMPTOMS

rash,
bumps &
blisters

symptom onset can
range between 5-
21 days
illness typically
lasts 2-4 weeks

Other symptoms may include but are not limited to: fever, headaches, muscle aches and swollen lymph nodes.

Symptoms may appear all over the body including genital area.

PREVENTION



Avoid skin-to-skin contact with a suspected or confirmed case of MPX.

Including sexual contact, kissing, cuddling and hugging.



Wash hands with soap and water or use an alcohol-based hand sanitizer.



Use personal protective equipment (PPE) when caring for people infected with MPX.



Avoid contact with materials, like bedding, that has been in contact with a suspected or confirmed case of MPX.

For additional prevention measures, please visit [cdc.gov/poxvirus/monkeypox/prevention.html](https://www.cdc.gov/poxvirus/monkeypox/prevention.html)

DO YOU SUSPECT MPX?

isolate, contact your doctor immediately & stay informed

WHO CAN GET MPX?



MPX affects every community! It is important that we reduce the stigma so all communities receive accurate information and practice safe measures to protect themselves and others.

RESOURCES

[RUHS MPX](#)



[CDC MPX](#)



[CA LGBTQ Health](#)

