

Healthy Cities Network

Vision, Planning, Action!

Building a Healthy Community

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VISION

Defining Health



Shorter Lives, Poorer Health

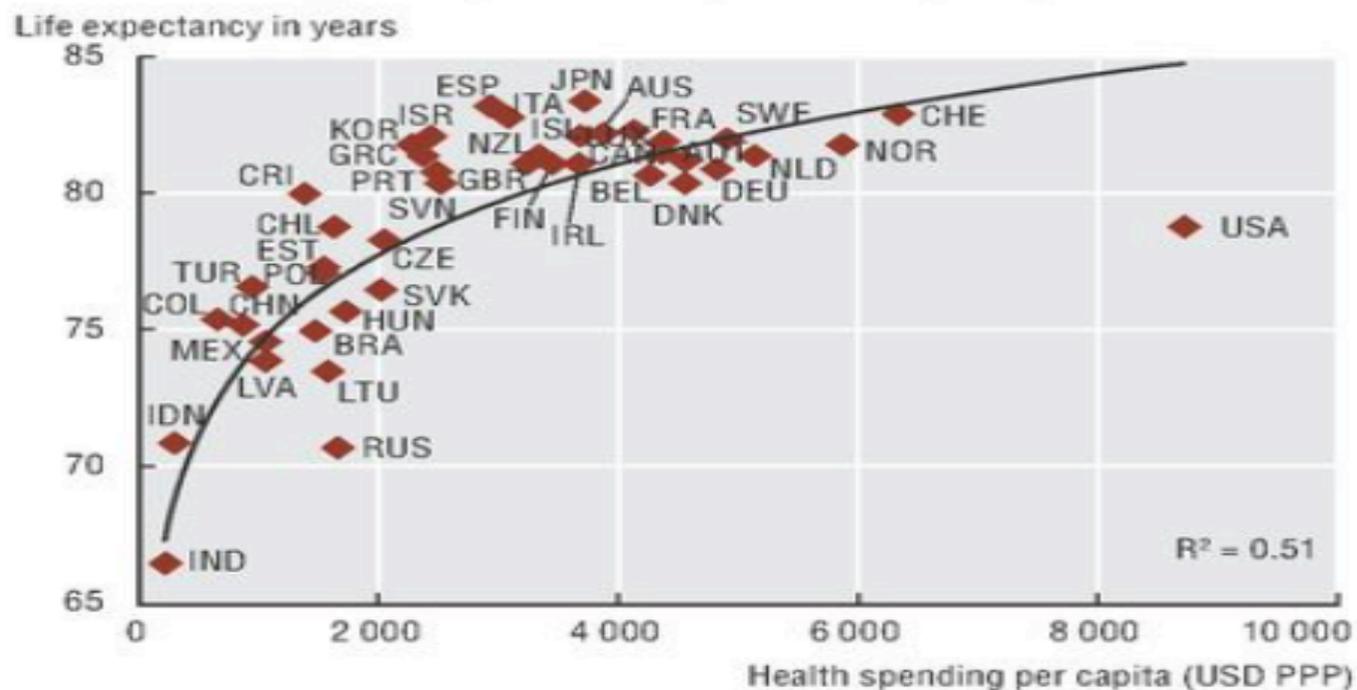
U.S. HEALTH
IN
INTERNATIONAL PERSPECTIVE



- Do environmental factors matter to health?
- Are environmental factors worse in the US than other high income countries?
- Do environmental factors explain the US health disadvantage?

Health at a Glance, 2015 OECD

3.3. Life expectancy at birth and health spending per capita, 2013 (or latest year)

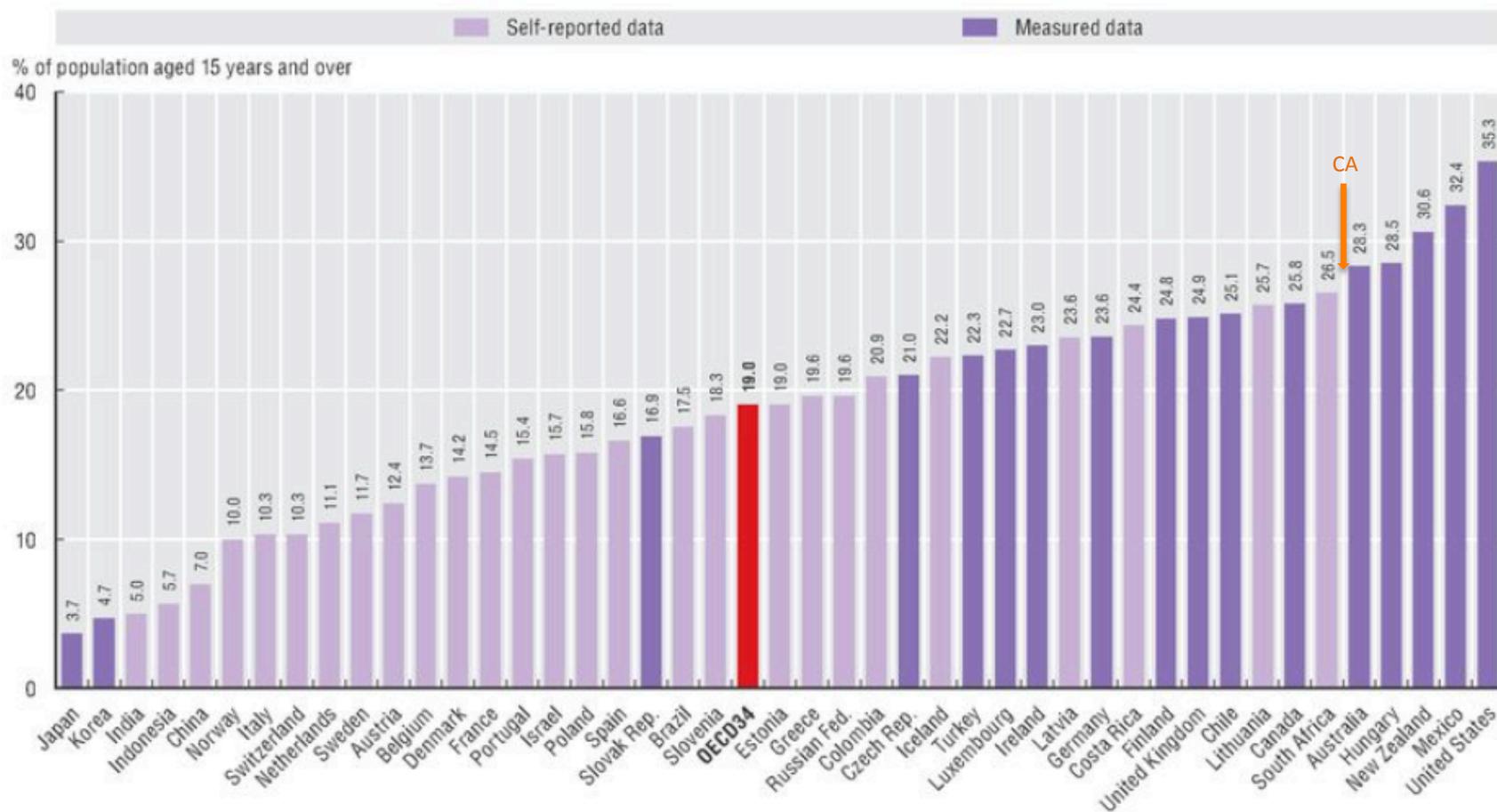


Source: OECD Health Statistics 2015, <http://dx.doi.org/10.1787/health-data-en>.

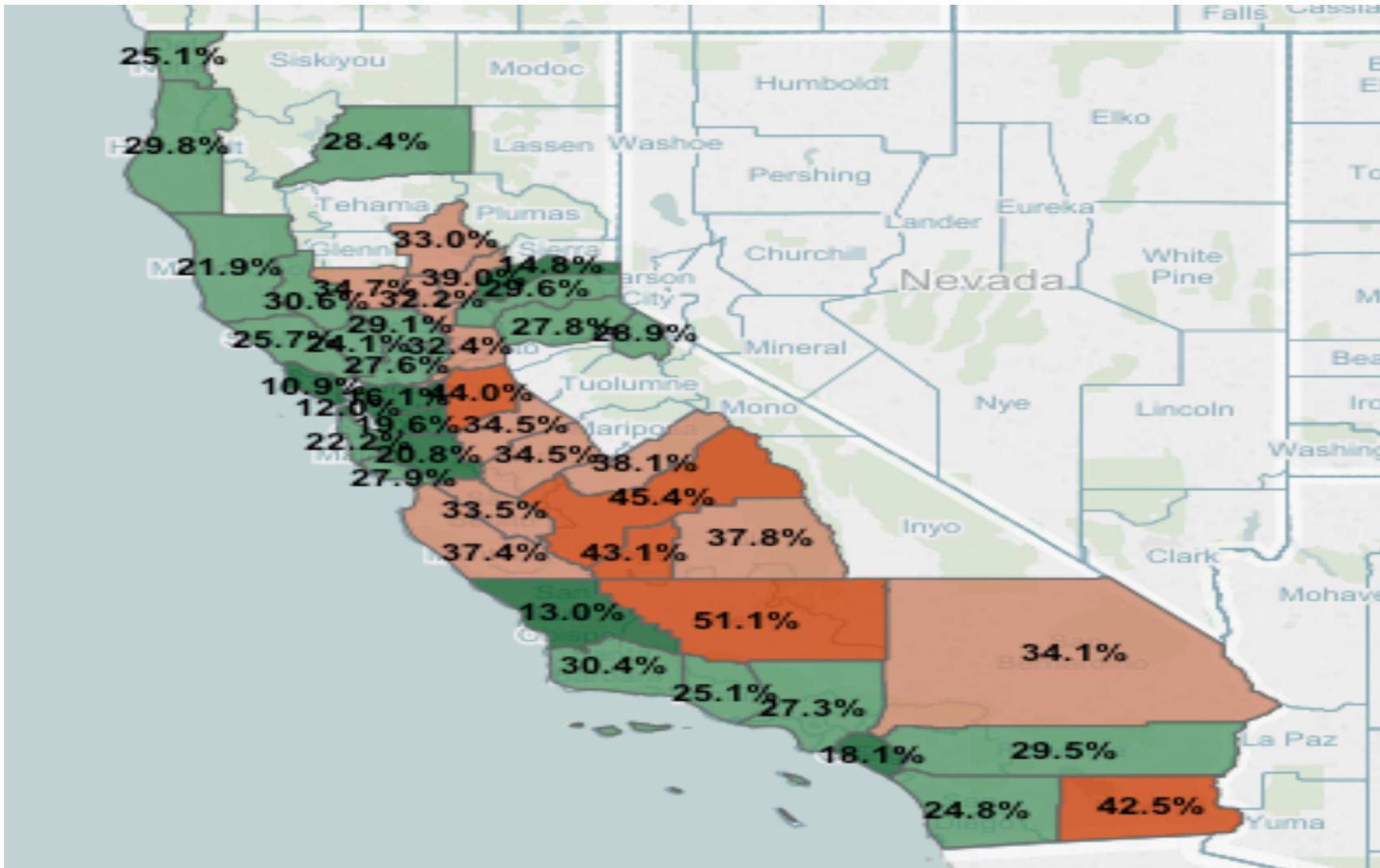
StatLink  <http://dx.doi.org/10.1787/888933280727>

Health at a Glance, 2015 OECD

4.7. Obesity among adults, 2013 (or nearest year)

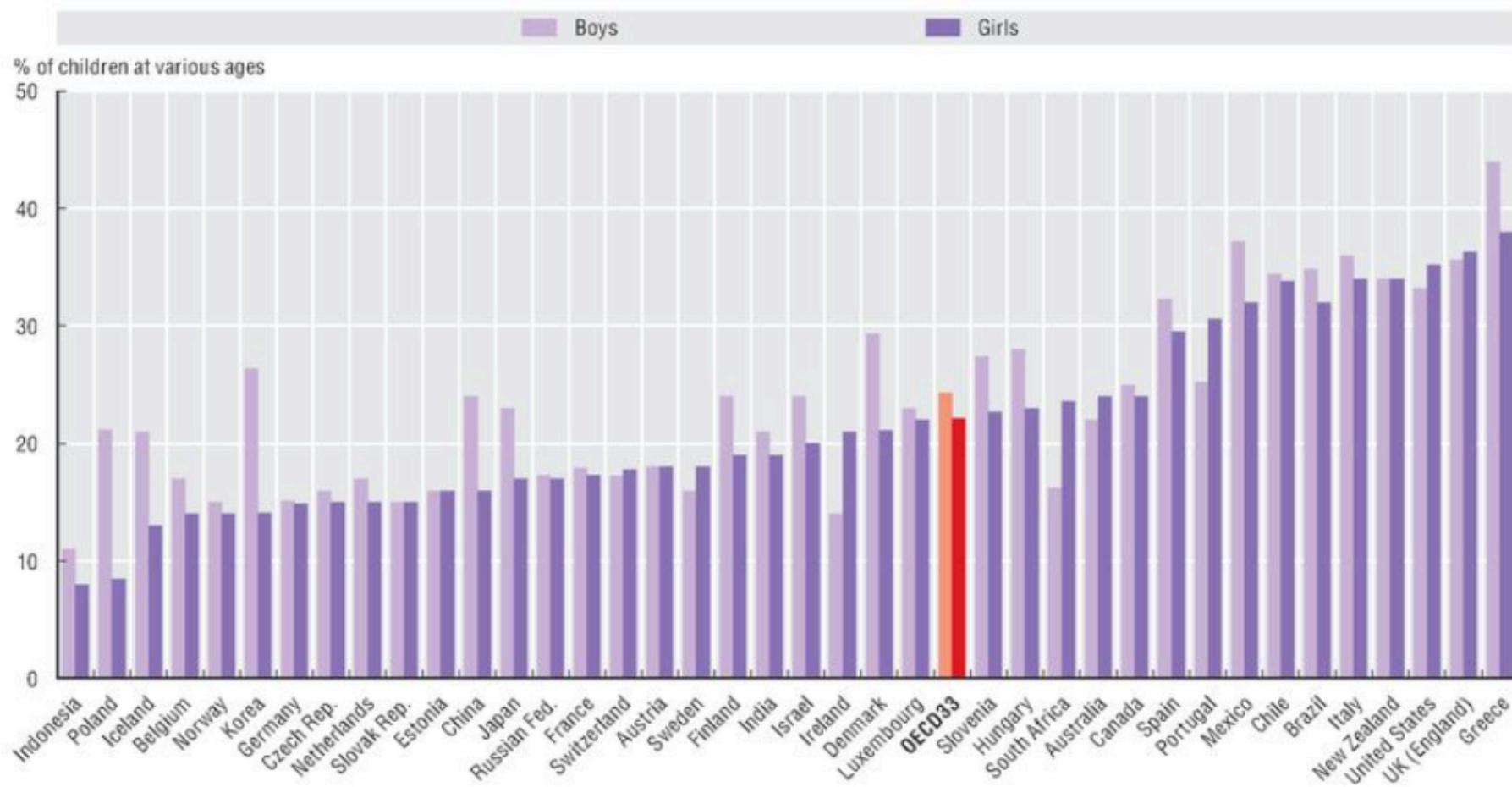


Adult Obesity 2014- Let's Get Healthy CA



Health at a Glance, 2015 OECD

4.9. Measured overweight (including obesity) among children, 2013 (or nearest year)



New Innovations in Medicine

FOR IMMEDIATE RELEASE
January 5, 2016

Contact: HHS Press Office
202-690-6343
media@hhs.gov

First-ever CMS Innovation Center pilot project to test improving patients' health by addressing their social needs

\$157 million in funding will bridge clinical care with social services

The Department of Health and Human Services today announced a new funding opportunity of up to \$157 million to test whether screening beneficiaries for health-related social needs and associated referrals to and navigation of community-based services will improve quality and affordability in Medicare and Medicaid. Many of these social issues, such as housing instability, hunger, and interpersonal violence, affect individuals' health, yet they may not be detected or addressed during typical health care-related visits. Over time, these unmet needs may increase the risk of developing chronic conditions and reduce an individual's ability to manage these conditions, resulting in increased health care utilization and costs.

A Shifting Paradigm in Health



- Integrated concept of health
- New partnerships
- Cross-sector collaboration

Primary Prevention

PLANNING

Lets Get Healthy CA



THE STORY

GOALS ▾

PROGRESS

TOGETHER ▾

Q e.g. Readmission Rates or Walk2Wor

Search

More From Let's Get Healthy California



Get Informed

[Let's Get Healthy California Task Force Report](#)

[Portrait of Promise: California Statewide Plan to Promote Health and Mental Health Equity](#)



Get Involved

[Health In All Policies Task Force Welltopia](#)



Get Data

[California Health and Human Services Open Data Portal](#)

[Health Disparities in the Medi-Cal Population Fact Sheets](#)

General Plan Guidelines



- New and updated chapters
- Community Engagement
 - Healthy Community
 - Social Equity, EJ, & Resilience

Additional Resources

- Example Policies
- Tools
- Data

** Riverside an example**



Healthy Planning Leadership Series

**HEALTHY PLANNING LEADERSHIP SERIES:
WHAT'S NEW, WHAT MATTERS, WHAT'S NEXT**

**SERIES THREE: CLIMATE CHANGE
AND HEALTH- PLANNING FOR THE
FUTURE**



**Active Living &
Recreation**



Food Systems



**Social Cohesion
& Safety**



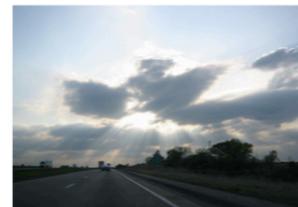
**Health & Economic
Opportunity**



**Climate &
Resiliency**



Healthy Housing



**Environmental
Health & Exposures**



**Health & Human
Services**

Plan 4 Health Grant



“The Plan4Health community envisions the full integration of planning and public health where we live, work, and play”

The Social Determinants of Health For Planners

Foreword

Winston Churchill once said, “We shape our buildings; thereafter they shape us.” The logical extension of this thought, and the simple notion behind the Social Determinants of Health, is that we build our cities, towns, and communities, and they build us—physically, mentally, socially, and sometimes spiritually. As planners, we influence and have an important role and responsibility for the public’s health. How we as people choose to organize ourselves—where we live relative to our daily destinations—and the means to get us there (by driving, walking, biking using public transportation, etc.) affects not only our air quality but our physical activity at different stages of life. Our responsibility is not just to those who can afford it but to everyone who seeks it. Of course, there are many other determinants of health besides the built and natural environments. Health outcomes will vary because people vary, but where people live should not be a determinant except by their own choosing. Affordable access to clean homes and buildings, healthy food, clean water, good jobs, quality education, physical activity, and mental respites—these are determinants that fall within planning’s purview, working with others on behalf of the public. Be healthy by living.

*-William Anderson, FAICP
Immediate Past President
American Planning Association*



“We have traditionally thought about health in a very narrow context. Health is far more broad than what hospitals and doctors and nurses do. So how do we improve health across America? We need to go into the communities and think about the factors that drive health.”

*-Vice Admiral (VADM) Vivek H. Murthy, M.D., M.B.A.
United States Surgeon General
Quote from the 2015 Aspen Ideas Festival*

ACTION!

Cities & Counties



Funding Opportunity

aetna

[Individuals & Families](#)

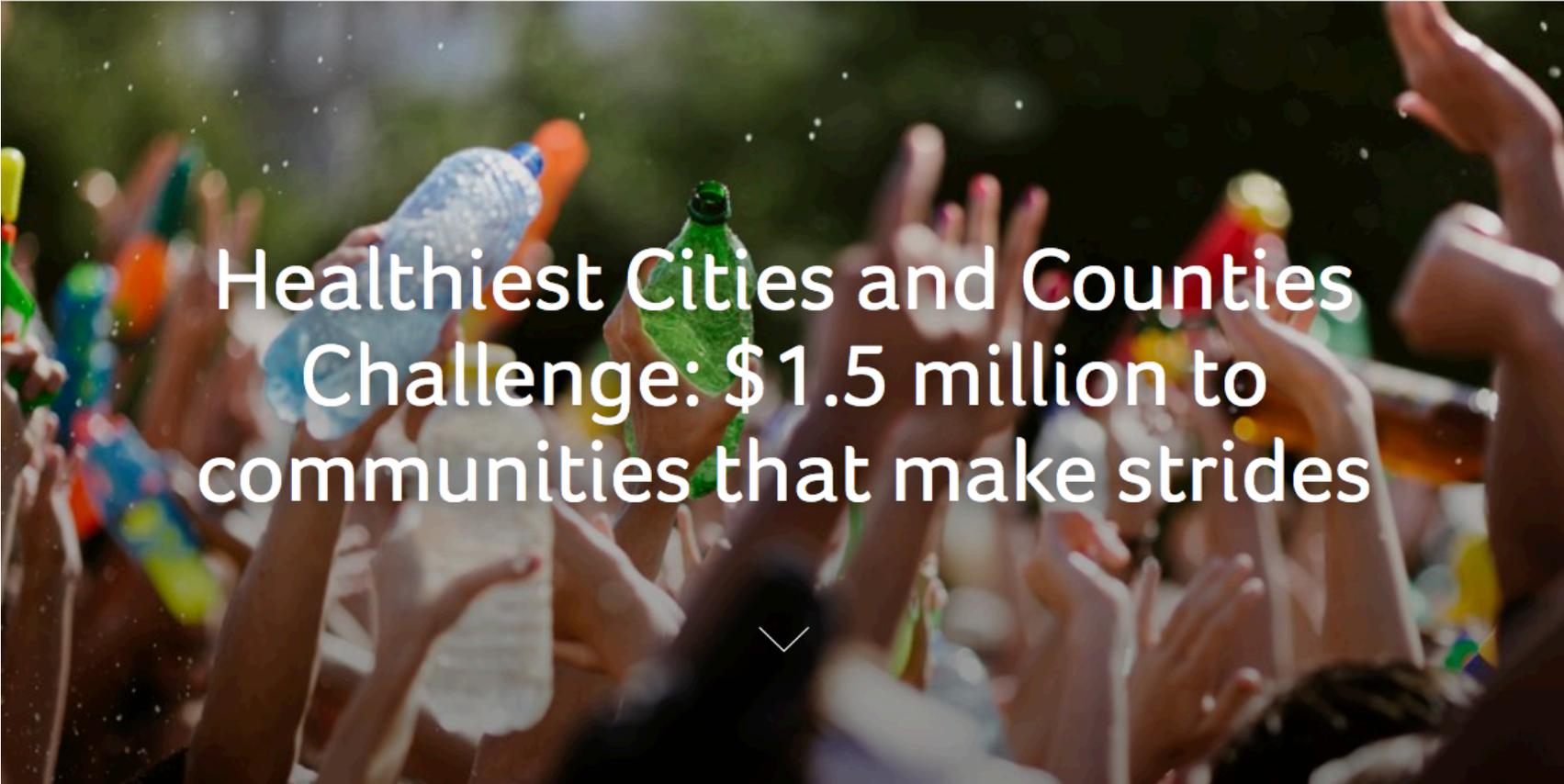
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Healthiest Cities and Counties
Challenge: \$1.5 million to
communities that make strides

▾

The San Antonio District, Oakland, CA: 23rd Avenue



The San Antonio District, Oakland, CA: 23rd Avenue



Urban Advantage

The San Antonio District, Oakland, CA: 23rd Avenue



Urban Advantage

The San Antonio District, Oakland, CA: 23rd Avenue



Urban Advantage

The San Antonio District, Oakland, CA: 23rd Avenue



Urban Advantage

Sacramento County, CA

Hurley Way



Sacramento County, CA

Hurley Way



Sacramento County, CA

Hurley Way



Alpine, CA

Alpine Boulevard



Alpine, CA

Alpine Boulevard



Alpine, CA

Alpine Boulevard



Alpine, CA

Alpine Boulevard



Alpine, CA

Alpine Boulevard



Alpine, CA Alpine Boulevard



The Road Ahead To Healthy Communities

“

The one unchangeable certainty is that nothing is certain or unchangeable.

”

– John F. Kennedy

Thank You

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Questions?

Image/Source/Photo Credits

IMAGES

National Academy of Science, US Health in International Perspective: <http://www.nap.edu/read/13497/chapter/12#203>

CMS Press Release:

<http://www.hhs.gov/about/news/2016/01/05/first-ever-cms-innovation-center-pilot-project-test-improving-patients-health.html>

Health Word Definition: "Health Word Definition" by Stuart Miles <http://www.freedigitalphotos.net>

Healthy Community Photos by Urban Advantage, Dana Point, CA, two-way market and Street transformation, The San Antonio District, Oakland, CA: 23rd Avenue, Sacramento County, CA
Hurley Way, Alpine, CA Alpine Boulevard, Credit for Steve Price

Health at a Glance Report, OECD 2015

Adult Obesity Data from Lets Get Healthy California Website as well as screen shot: <https://letsgethealthy.ca.gov>

Plan4Health: <http://www.plan4health.us/plan4health-coalitions/>

The Social Determinants of Health for Planners:

http://www.cproundtable.org/media/files/sdoh/CPR_SDOH_2015_Final.pdf

Aetna Challenge:

<https://news.aetna.com/2016/04/healthiest-cities-and-counties-challenge-1-5-million-to-communities-that-make-strides/>

Wheel Image: <http://www.healthcareitnews.com/news/no-acos-without-coordination>

Other images taken by Elizabeth Baca