



OUR MISSION

To provide superior quality health care to Riverside County residents with a special focus on individuals and populations in need.

OUR VISION

To benefit all residents of Riverside County by serving as an academically affiliated primary, secondary, and tertiary level health care center, with a tradition of superior quality and service.

OUR VALUES

- Commitment:** superior service to all
- Compassion:** service with respect, dignity and sensitivity
- Integrity:** the highest level of ethical and professional conduct
- Fiscal Responsibility:** careful use of scarce resources
- Quality:** achieve the best outcomes
- Safety:** make patient safety the utmost concern
- Innovation:** encourage creativity and a willingness to accept new ideas
- Collaboration:** value and cultivate teamwork among all staff and outside organizations or groups
- Community:** reflect community needs in planning for services
- Diversity:** recognize the values and diversity of staff, patients and community



MORONGO
BAND OF
MISSION
INDIANS



RIVERSIDE COUNTY REGIONAL MEDICAL CENTER

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TRAUMA INJURY PREVENTION PROGRAM Supported by the Morongo Special Distribution Grant



Water Safety Tips

*Working with Our Community
In Keeping Everyone Safe.*



The leading cause of death for infants and children up to age four in California is drowning.



WATER SAFETY

Water Accidents are Preventable!

- Take a CPR class, such as those provided by the Red Cross.
- Always watch any child who has access to water.
- If an accident happens: Call for help.
- Remove the child from the water.
- Call 911 immediately.
- Start CPR or follow the directions from the 911 operator.

POOL SAFETY TIPS

The leading cause of death for infants and children up to age four in California is drowning.

- Most often a drowning will occur in backyard pools, spas and bathtubs.
- Installing a four sided fence around your pool will keep young children out of danger.
- Make sure you teach your child about the dangers that can happen around water.
- Set rules for kids and make sure they follow them.

HOME SAFETY TIPS

Some hidden drowning hazards for small children in and around the home include:

- Bathtubs cause approximately two-thirds of the drowning deaths in the home, not including swimming pools. Some of these bathtub drowning deaths happen when children are in bath seats or rings.
- Toilets are often overlooked as a drowning hazard in the home. Most often a toilet drowning involves a child under three years old falling headfirst into the toilet.
- Five-gallon buckets, often used for household chores, pose a serious threat to toddlers. The tall, straight sides combined with their stability make it nearly impossible for top-heavy infants to free themselves when they topple in headfirst.
- Spas and hot tubs pose another drowning hazard. Solar covers can allow babies to slip into the water while the cover appears to stay in place, hiding the child.



BOATING SAFETY TIPS

Emergency Procedures & Boating Safety – Be prepared to handle unexpected situations, such as, the loss of key equipment, flooding, grounding, severe weather, accidents, fire, the onset of heavy fog and/or a man overboard.

Know the Rules and Regulations for California State Parks on Lakes

1. Direction of travel in main body of lake (water-ski area) is counter clockwise.
2. All boats off the lake by sunset.
3. Keep to the right in channel. (No ski zone).
4. Speed limits – 5 mph in restricted areas, 35 mph in open zones.
5. No riding on the bow, gunwale or transom of any vessel.

(Courtesy of California State Parks 2009)

Note: These rules do not apply to river boating and or camping

For more information on the safety rules regarding boating please visit the California State Parks website at: http://www.parks.ca.gov/?page_id=23467