



OUR MISSION

To provide superior quality health care to Riverside County residents with a special focus on individuals and populations in need.

OUR VISION

To benefit all residents of Riverside County by serving as an academically affiliated primary, secondary, and tertiary level health care center, with a tradition of superior quality and service.

OUR VALUES

- Commitment:** superior service to all
- Compassion:** service with respect, dignity and sensitivity
- Integrity:** the highest level of ethical and professional conduct
- Fiscal Responsibility:** careful use of scarce resources
- Quality:** achieve the best outcomes
- Safety:** make patient safety the utmost concern
- Innovation:** encourage creativity and a willingness to accept new ideas
- Collaboration:** value and cultivate teamwork among all staff and outside organizations or groups
- Community:** reflect community needs in planning for services
- Diversity:** recognize the values and diversity of staff, patients and community



**MORONGO
BAND OF
MISSION
INDIANS**



RIVERSIDE COUNTY REGIONAL MEDICAL CENTER

MORENO VALLEY CAMPUS—MEDICAL CENTER
26520 CACTUS AVENUE
MORENO VALLEY, CA 92555
951.486.4000

ARLINGTON CAMPUS—PSYCHIATRIC CARE FACILITY
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TRAUMA INJURY PREVENTION PROGRAM Supported by the Morongo Special Distribution Grant



Home Fire Safety Tips

*Working with Our Community
In Keeping Everyone Safe.*



Smoke from fires can kill people in minutes.



FIRE SAFETY

Prevent home fires

There are many causes of home fires. Some examples are: heaters, electrical appliances, overloaded outlets, matches, stove top cooking, fire places and cigarettes.

- Be proactive: Conduct a home fire inspection to look for problem areas and correct them before a problem occurs.
- Do not leave candles lit in an unattended room.
- Do not put too many electronic items into an outlet.
- Have smoke alarms at every level in your home and in every bedroom.
- Check fire alarm batteries every six months.
- Fireplaces should have a metal fire screen to catch any sparks and must be cleaned once a year.
- Turn off portable space heaters when you leave.
- Have a fire escape plan and a place to meet outside in an emergency. Practice with the entire family.

KITCHEN FIRES

Fires are: **FAST, HOT, DARK and DANGEROUS**

- Never leave a kitchen while you are cooking.
- Always supervise children when they are cooking.
- Have a 'kid-free' zone of three feet around the stove.
- Do not leave dish towels on or near the stove.
- Never throw water on a stove top fire. Turn off stove, cover the fire with a wet towel or lid to snuff it out.
- When cooking on the stove top, turn handles towards the back of the stove so children are not able to pull pots or pans onto themselves.

SCALD PREVENTION

- Keep hot food and drinks away from table or counter top edges
- Use rear burners on stove top when possible.
- Check bath tub water temperatures with your elbow to prevent scalds.



GARAGE AND STORAGE AREAS

- Store gasoline or any flammable material in tight metal containers and out of the reach of children.
- Keep flammable items, rags, stacked papers or other combustibles away from heaters and furnaces.

IN AN EMERGENCY

Hundreds of children are burned or die from fires in the home. Smoke from fires can kill people in minutes and more people die from smoke inhalation than from fires.

For Burns - for minor burns run under cool water and cover with a clean cloth. If you have major burns do not put cold water, ice or butter on it; cover the burn with a clean cloth and seek medical attention immediately.

For Electrical Fire – Do not use water on burning object. If possible, unplug the burning object or turn off the current. If it is a small fire, use a CO2 or ABC fire extinguisher and put the fire out. Always notify the fire department.

For Electric Shock – Do not touch the person. Turn off the power and call the fire department for medical help. Use a non-conducting aid (such as a wood baseball bat) to pull victim away from the shock source. Start CPR or follow the directions of the 911 operator. Try not to move the person.