

MENTAL HEALTH AWARENESS TRAINING



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Mental Health Awareness Training (MHAT) is based on Crisis Intervention Training (CIT) curriculum. This curriculum is a nationally recognized model for **law enforcement and first responders** to safely and effectively assist people with mental and substance use disorders who experience crises in the community. Recognize the signs and symptoms of mental disorders and how to safely de-escalate crises involving individuals with a mental illness.

HIGHLIGHTS

✓ **Target Audience:**

- Paramedics
- Emergency Medical Technicians
- Firefighters

- ✓ 1-day modifiable training
- ✓ Comprehensive crisis training
- ✓ Symptom identification
- ✓ Community resources

For more information or to schedule a training, please contact us at CIT@ruhealth.org or 951-358-4544.