

Services Provided

- SMART (Specialized Multidisciplinary Aggressive Response Treatment)
- Co-occurring substance abuse counseling
- Assessment and evaluation services
- Coordinated care planning focused on the consumer's recovery goals
- Medication services with ongoing medication support
- Assistance with accessing housing, health services, and funding resources to meet the consumer's needs
- Consultation with primary care physicians and other community agencies
- Assistance and review of consumer's benefits
- Family and caregiver consultation and support
- Specialized groups to prevent isolation and to support independent living
- Peer Support
- Individual therapy
- Counseling
- Psychological testing
- Group therapy

Wellness and Recovery Clinics For Mature Adults are consumer-driven and focus on helping the individual achieve their optimal level of community functioning and personal and social health.



Services available in
English and Spanish
Interpreters available as needed

This information is available in alternative formats upon request. If you are in need of a reasonable accommodation, please contact one of the offices listed within.

“We value self-determination, independence and quality of life for our culturally diverse older adult consumers.”



Referrals can be received over the phone, faxed to one of our clinic locations, or you may request an in-home visit.

The Wellness and Recovery Clinics for Mature Adults seek to assist consumers with their recovery process. We promote the achievement and maintenance of a physically and emotionally healthy lifestyle to enable consumers to remain in their home or community-based housing for as long as possible. Services are provided by a multi-disciplinary team with specialized training in evaluating and addressing both mental illness and issues of aging. Transportation may be available. Bilingual services are available to consumers.



RUHS-BH BR/OAS-001 Rev 3/22

**Rustin Wellness & Recovery
Clinic for Mature Adults**
2085 Rustin Avenue, Entrance 5
Riverside, CA 92507
Phone 951-509-2400
Fax 951-509-2405

**San Jacinto Wellness & Recovery
Clinic for Mature Adults**
1370 S. State Street, Suite B
San Jacinto, CA 92583
951-791-3596
Fax 951-791-3397

**Lake Elsinore Wellness and Recovery
Clinic for Mature Adults**
31760 Casino Drive, Suite 100
Lake Elsinore, CA 92530
Phone 951-471-4600
Fax 951-471-4623

**Temecula Wellness & Recovery
Clinic for Mature Adults**
40925 County Center Drive, Suite 101
Temecula, CA 92591
Phone: 951-600-6420
Fax 951-600-6419

**Behavioral Health & Nutrition Services
Center / Wellness & Recovery for
Mature Adults**
14320 Palm Drive
Desert Hot Springs, CA 92240
Phone: 760-773-6767
Fax 760-773-6760

Satellite offices in
Banning 951-849-7142
Indio 760-863-8455
Perris 951-443-2394

www.rcdmh.org/Mature-Adult-Services

Visit our Facebook Page at: [Riverside University Health System - Behavioral Health](#)

Wellness & Recovery Clinics for Mature Adults



SERVING RIVERSIDE

COUNTY RESIDENTS

60 YEARS OF AGE AND OLDER

Our goal is to provide comprehensive care and behavioral health services to older adults to empower them in their lives and to promote their wellness and recovery.



**Riverside
University
HEALTH SYSTEM**
Behavioral Health