

WHO WE SERVE

Our program serves Riverside County's young and adolescent residents who are experiencing profound emotional difficulties. Referrals can come from physicians, schools, family members, or other community members. We provide a personalized assessment for each individual to determine their unique needs and prioritize their case for enrollment in our program.



TEMECULA CHILDREN'S BEHAVIORAL HEALTH CLINIC

41002 County Center Drive,
Ste. 320
Temecula, CA 92591
951-600-6355

Monday - Friday
8 a.m. - 5:30 p.m.

ruhealth.org



This information is available in alternative formats upon request. If you are in need of a reasonable accommodation, don't hesitate to get in touch with 951-358-4500.

RUHS-BH Rev. 3.13.24



TEMECULA CHILDREN'S BEHAVIORAL HEALTH CLINIC

Behavioral health services for children and adolescents (0-21 years) in the Temecula Valley areas of Riverside County

OUR MISSION

At Temecula Children's Behavioral Health, our mission is to provide culturally responsive wellness and recovery services to young people aged 21 and under struggling with behavioral and mental health issues and to be dedicated agents of change in our community.

OUR TEAM

Our clinic is proud to have a diverse team of healthcare professionals who collaborate in multidisciplinary teams to provide the best care for our consumers and their families. Our team members are equipped with a wealth of resources and are committed to remaining culturally and spiritually competent, ensuring that everyone receives the care they need and deserve.



OUR SERVICES

Welcome to Temecula Children's Behavioral Health, where we provide comprehensive and compassionate services to young people aged 21 and under who struggle with behavioral and mental health issues. Our team of highly trained professionals is dedicated to providing culturally responsive services to meet the unique needs of each individual we serve.

TCBH also offers specialized services for consumers that may include the following:

- Trauma-focused services for children and adolescents
- Coping skills development for anxiety and depression
- Anger management services for children and adolescents
- Flexible service delivery options in community locations

FAMILY-DRIVEN

Temecula Children's Behavioral Health (TCBH) provides behavioral health services around a family partnership. This means including the family throughout the assessment process, crisis response and stabilization, medication management, case management, individual (where appropriate), family, and group therapy.

We understand the important value of family in each individual's life and seek to involve the family's voice and choices in developing a treatment and recovery plan.

Our priority is to help the individual and family heal so the consumer and family can thrive.

