

PROVIDING HELP EMPOWERING RECOVERY

HELPLine

951-686-HELP (4357)

CARES Line (Medi-Cal beneficiaries seeking
Mental Health or Substance Abuse Services)

800-499-3008

2-1-1 Referrals for health and social services.

24/7 Mental Health Urgent Care

Riverside

951-509-2499

Perris

951-349-4195

Palm Springs

760-424-5602

"The Riverside University Health System – Behavioral Health exists to provide efficient adult behavioral health services to help maintain their optimal level of healthy personal and social functioning."

LAKE ELSINORE ADULT FAMILY ROOM CLINIC

31764 Casino Dr. Ste. 300

Lake Elsinore

951- 471-4645

Walk-in Hours 8 a.m. to 12 p.m.

HOURS OF OPERATION

Monday - Friday

8 a.m. - 5 p.m.

Lake Elsinore Adult Family Room Clinic provides services to adult individuals suffering from Moderate to severe and persistent mental health problems between the ages of 18 to 59 ½.

Services primarily target individuals on Medi-Cal plus those eligible for other specialized State programs. Questions about bills and fees can be addressed to the clinic or to the Patient Accounts Unit at 951-358-6900.

*This document is available in alternative formats upon request.
If you are in need of reasonable accommodation, please
contact Riverside University Health System - Behavioral
Health at 951-358-4500.*



LAKE ELSINORE FAMILY ROOM CLINIC

LAKE ELSINORE ADULT FAMILY ROOM CLINIC

Our experience is that when addressing mental health challenges, substance abuse, or both, there is a fundamental element imperative for recovery. That element is your conviction to change. It all begins with your determination to want to recover what you have lost as a result of your mental health challenges. We believe that every person has the ability to change when given the proper tools and support.

Therefore, the following approach has proven effective in improving the quality of life of those who struggle with mental health challenges.

Our clinic services adults with moderate, severe, and persistent mental health problems. These services include crisis Intervention, clinical assessments, medications, telemedicine, integrated care, group therapy, peer/family support, case management, and dual-diagnosis treatment.

TREATMENT AND SERVICES

Medication

Our psychiatrists specialize in mental health, including substance use disorders. They are qualified to diagnose both the mental and physical aspects of psychological problems. In addition, they will work with you to develop a medication and treatment plan.

Individual Support

Our clinic offers individual support via various mental health professionals. Beyond our psychiatrist working with you on an individual basis, we also have available:

Clinical Therapists (CT)

Provide assessments that will help you identify, understand and address your current mental health challenges.

Peer Support Specialists (PSS)

Professionals who have been able to recover from their mental health challenges and are in a unique position to relate and identify with your challenges and share what has been effective for them in their recovery.

Family Support Specialists (FSS)

Professionals who have had the experience of living with a loved one or other person with mental health challenges. Mental health not only affects you. It also affects the people around you. So, our FSS plays a relevant role in helping your family members or loved ones understand you and your challenges.

Behavioral Health Specialist (BHS)

Professionals are available to help you address your daily challenges and provide assistance and community resources as needed.

Group Support

Our clinic offers various groups to assist you with your specific mental health challenges and support your family and support system. Some groups that are available to you: Planning for Success, Women's Empowerment, Alternative Perceptions, Art Group, Peer/Family Support, and Dual Diagnosis.