

MID-COUNTY PROGRAMS

Hemet Outpatient Clinic Adult Services

650 N. State Street
Hemet
951-791-3300

Lake Elsinore Outpatient Clinic Adult Services

31764 Casino Drive, Suite 300
Lake Elsinore
951-471-4645

Perris Substance Abuse Prevention Treatment Program

450 E. San Jacinto Avenue, Suite 3
Perris
951-210-1660

Temecula Outpatient Clinic Adult Services

40925 County Center Drive, Suite 200 (2nd Floor)
Temecula
951-600-6300

HEMET CLINIC

650 N. State Street
Hemet
951-791-3300

CLINIC HOURS OF OPERATION

Monday - Thursday

8 a.m. - 5:30 p.m..

Friday

8 a.m. - 4:30 p.m.

WALK-IN HOURS

CLINIC

Monday - Thursday

8 a.m. - Noon

CRISIS

Monday - Thursday

8 a.m. - 5:30 p.m..

Friday

8 a.m. - 4:30 p.m.

CARES Line

CARES Line is a free resource line to be
connected to mental health services.

800-499-3008



*This document is available in alternative formats upon request.
If you are in need of a reasonable accommodation, please contact
Riverside University Health System - Behavioral Health at 951-358-4500.*

*This information is available in other formats upon request.
If you need a reasonable accommodation, please contact Parent Support
and Training at (951) 358-5862.*

RUHS-BH Rev. 9/28/23



HEMET ADULT CLINIC

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Welcome to the Hemet Adult Behavioral Health Clinic! We are a leading healthcare facility that is dedicated to providing compassionate and comprehensive behavioral health services to the Hemet and San Jacinto Communities. Our clinic is staffed by experienced and highly trained professionals who are committed to helping each and every one of our patients achieve their mental health goals. Whether you are seeking therapy, medication management, or other support services, we are here to help you on your journey to wellness.

SERVICES AVAILABLE

- Psychiatric Evaluation
- Medication Management
- Peer Support Services
- Group Therapy
- Support Groups
- Crisis Intervention
- Telehealth Services
- Substance Use Treatment Services
- Case Management
- Family Advocates and Groups

Medication management for individuals requiring medication as part of their treatment plan. We monitor progress and adjust medications as needed.

Therapy and counseling include individual and group therapy sessions conducted by licensed therapists. Our therapeutic approaches are evidence-based and tailored to each client's unique needs.

Support and educational groups for individuals on various topics, such as DBT, anxiety, Peer Support groups, art groups, chair yoga, and many more.

Family Advocates provide families with emotional support, counseling, and guidance to help them navigate crises and develop strategies for healthy relationships.

Peer Support Specialists are certified individuals who provide support through similar life experiences in recovery to help others navigate their journeys.

Telehealth services allow individuals to receive therapy and support remotely through video or phone appointments.

OUR MISSION

Our mission is to promote and improve mental health and well-being at individual and community levels. We are dedicated to providing evidence-based mental health services and compassionate support and education to make mental health care accessible to all. Our goal is to reduce mental health stigma, increase awareness, and help individuals facing mental health challenges build resilience.

