

Say **NO** to **Bullying** Riverside County

Bullying is defined as intentional and repeated negative behavior by a person or group towards others. It can lead to:



Depression and/or anxiety



Poor performance at school and work



Poor social skills



Low self esteem



Suicidal thoughts

There are **4** common forms of bullying:²

1. Verbal
2. Social
3. Physical
4. Cyber

Nearly **1 in 5**

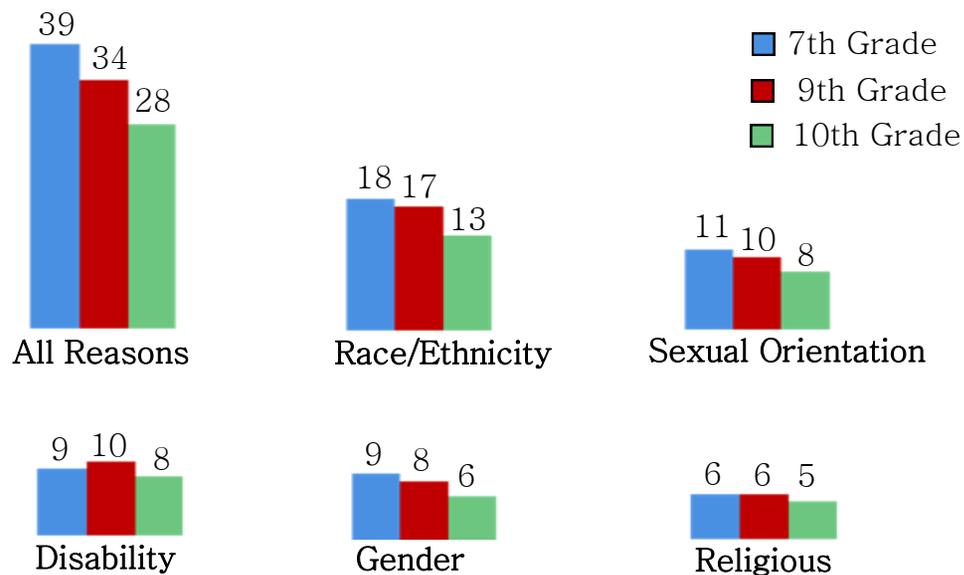
students say being beaten up is a major concern for them.¹

16.3%

of Riverside County teens have received **threats** of violence or physical **harm** by **peers** in the past year.¹

Victims of peer aggression are at a greater risk for victimizing others.²

Why are students bullied?¹



3 in 10

7th-, 9th- and 11th-graders have experienced bullying.¹



Visit pacer.org/bullying to learn how to be more than a bystander and what you can do to address bullying in your community.

Sources: 1. Riverside County. California Healthy Kids Survey, 2013 -14 & 2014 -15: Main Report. San Francisco: WestEd Health & Human Development Program for the California Department of Education. 2. Increased Risk of Aggressive Behavior among Victims of Multiple Forms of Bullying: American Academy of Pediatrics.



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