

HOW TO WEAR A MASK

STEP 1:

Wash your hands before putting on your mask.



STEP 2:

Pick up your clean, new mask by the loops.



STEP 3:

Put loops around your ears.



STEP 4:

Make sure your mask covers your nose and mouth.



IMPORTANT:

Make sure your mask fits well with no gaps.
Do not pull your mask down to talk.
Do not let your mask hang from one ear.
Do not touch the front of your mask or face.

Note: Some people cannot wear a mask due to health reasons.