

RIVERSIDE UNIVERSITY HEALTH SYSTEM

WELLNESS VILLAGE

A Village for Wellness. A Home for Hope.

NEWSLETTER

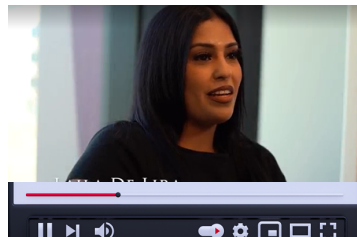
VOL.1 NO.2



Wellness & Education Center

The Wellness & Education Center will be one of the most holistic and innovative set of programs in the Village, intentionally designed to address the environmental and behavioral drivers of health. The campus will embrace principles of healthy eating, natural movement, connection, purpose and barrier reduction.

This comprehensive wellness campus will offer a full-spectrum approach to health, therapy, and recovery. Take a moment to watch this video featuring Laila De Lira, an RUHS Certified Peer Support Specialist. She faced her own recovery challenges but thrived with RUHS's treatment approach. Today, she contributes to the community as an RUHS employee.



Wellness & Education Center



20545 Harvill Ave., Perris



Opening January 2027

Barrier-Free Wellness

The Wellness & Education Center addresses environmental and behavioral drivers of health through innovative programs including a WIC-approved Healthy Market and cafeteria, a Pet Hotel for barrier-free treatment access, and the only county-operated Youth Eating Disorder IOP in California.

Complete Campus Care

The Center will serve as a one-stop wellness model with primary care, dental, imaging, pharmacy, WIC, nutrition education, and behavioral health under one roof, eliminating transportation and scheduling barriers.

RIVERSIDE UNIVERSITY HEALTH SYSTEM

WELLNESS VILLAGE

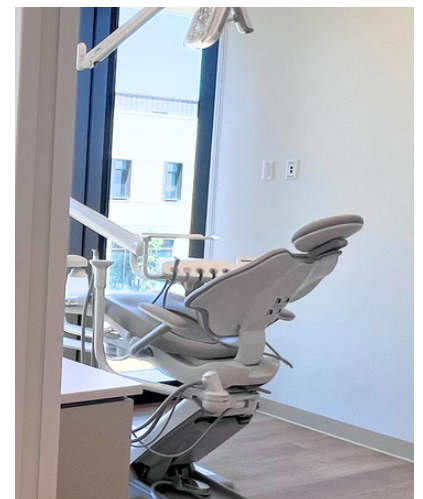


Features & Programs

The Center will house the **only county-operated Youth Eating Disorder Intensive Outpatient Program in California**, integrating therapy, psychiatric support, and nutrition education in one location. By pairing clinical treatment with a healthy marketplace and cafeteria, it creates a powerful recovery-supportive ecosystem for young people.

Primary care, dental, imaging, pharmacy, WIC services, nutrition education and behavioral health programs will be together under one roof. This one-stop wellness model will eliminate transportation and scheduling barriers, making comprehensive care easily accessible for the entire community. To learn more about RUHS Community Health Centers, visit bit.ly/RUHS_CHC.

The **Pet Hotel** will provide a secure, on-site space for individuals to safely house their animals (*cats and dogs*) while accessing treatment. This will remove a common barrier to behavioral health engagement and is one of the few such amenities found in health facilities nationwide.



RIVERSIDE UNIVERSITY HEALTH SYSTEM

WELLNESS VILLAGE



The **Healthy Market** will offer WIC-approved food options, providing accessible and nutritious choices for families in an area impacted by food deserts. A fresh-food cafeteria will offer plant-forward, culturally responsive meals for staff and visitors alike.

The **RUHS Psychiatry Residency Program**, established in 2020, trains well-rounded psychiatrists dedicated to serving the mental health needs of underserved populations. Residents receive thorough grounding in community-based psychiatric care across a wide range of settings, with opportunities for advocacy and leadership growth.

The **Giving Store** is a donation-based resource that provides clothing, hygiene items, and other everyday essentials to individuals receiving services on the RUHS-BH Wellness Village. Through the generosity of our community, the store will help meet these needs while promoting dignity, hope, and recovery. The **Wellness Village Library** will provide a welcoming space where members can explore books, build new skills, and enjoy the many benefits of reading. The library will offer access to educational materials, recreational reading, and wellness resources that support recovery, personal growth, and lifelong learning.

