



BH CHILDREN'S COMMITTEE MEETING

Meeting the 4th Tuesday of Every Month

Recorder: Saida Spencer: Executive Assistant II
sspencer@ruhealth.org 951-358-7348

RUHS–Behavioral Health
Behavioral Health Commission Children’s Committee
Meeting MINUTES
May 26, 2026

Tori St. Johns, BHC, Janine Moore, RUHS-BH, Lauren Adamson, Peer Svs., Luciana Hsu, SSG/APCTC, Nhan Pham, SAPT/FNL, Miranda DeShields, BH Central Region, Beverly McKeddie, BH M/C, Mike Scebbi, DPSS/CFS, Shelby Colbert, Youth Connect, Jana Garrett, SSG/RCC, Don Kendrick, BH Mobile Crisis M/C, Javier Garcia, Wylie Center, Candice Hildebrand, BH Desert Admin, Suzette Donaldson, Wylie Center, and Jana Trew, VCSS, Rosemarie Gomez, BH-PEI, Emilee Tran, DPSS/CFS, LaGwenda Hill, PS&T, Brittany Maines, The Behavior Lab, Lupe Madrigual, SAPT, Flor Ramos-Montelongo, McKinley, Melinda McFarland, QI, Janate Valenzuela, S.P.A.R.K. Program, Robert Bohon-Lara Desert TAY & Harmony Haven, Laisa Jamison, JVUSD.

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Just as a Reminder: It is against RUHS-BH Policy to allow any AI note takers during the meeting. The meeting is being recorded by Saida, who is the Executive Assistant for the purpose of the meeting minutes.

Meeting Called to Order & Introductions: 12:00 p.m. Attendees introduced themselves and their agencies.

PowerPoint Presentation: Rosemarie Gomez, Staff Development Officer, PEI Admin.,

Directing Change Program & Flim Contest:

The Directing Change Program is part of California’s mental health movement. Take Action for mental health and several statewide efforts to prevent suicide, reduce stigma related to mental illness, and to promote the mental health of students.

The contest allows students to submit films within the following categories:

RUHS-BH along with RUSH-PH and RCOE hosted the Annual Riverside County Directing Change Screening and Recognition Ceremony at the Fox Theater in Riverside on Wednesday May 13, 2026.

- **Suicide Prevention** – The films goal is to share information about suicide prevention, resources and the warning signs for suicide that is hopeful and encourages people to ask for help.
- **Mental Health Matters** – Films in this category help to end the silence about mental illness by openly talking about mental health using a positive and educational story line that emphasizes the importance of seeking help when you need it and supporting a friend to get help.
- **Through the Lens of Culture** – Explores the topics of suicide prevention and mental health with a focus on how culture can influence how and if they talk about these topics.
- **Walk in Our Shoes: Middle Schools Only** – These films show what it’s like to “walk in the shoes” of someone experiencing a mental health challenge. The films intend to stir up compassion for others and show actions that can be taken to help.
- **Hope & Justice** – Students submit film/artwork that instills hope to help others get through rough times, tells a story that provides knowledge and encourages young people to take a stand against injustice.

There were two new categories this year:

- **Substance Use** – these films increase awareness of the power of influence, and using that influence to discourage substance use, with ways to cope with stress, problems, and uncomfortable emotions, and how to provide support and connect with someone to help.
- **Boys, Young Men, and those that Care about them:** this came from responses to Governor Newsom’s Executive Order from July 2025, which addressed the alarming rise in suicides and disconnection among California’s young

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men and boys. The aim of these films is to improve positive masculinity, foster healthy coping skills, and break the stigma around mental health.

At the County level, 213 films were submitted, and a total of 555 youths from 24 schools and CBO (Community-Based Organizations). The event was attended by nearly 300 students, educators, local judges, mental health providers, families and other community members.

The first-place winners in the Suicide Prevention Category are students from Temecula Valley High School, titled:

- There’s Always a Reason

The first-place winner for the Mental Health Matters category from Martin Luther King High School/MLK Wellness Peers Program titled: Learning to Breathe Again:

Review of Minutes: April 28, 2026, minutes reviewed. Tori St. Johns makes a motion to approve the minutes as written, Shelby Colbert seconded the motion, and all are in favor.

Chairperson’s Remarks: Tori shared the following:

Tori thanked everyone for coming down to the “Art Show” and showing their support.

Desert Children’s Region: Candice Hildebrand shares the following

The Desert Region had a wonderful art show “The John Benoit Art Festival” on May 14, 2026. Candice thinks there was as many as 563 pieces that were submitted. There was a huge amount of art from the TAY Centers and the Children’s Programs. It was far more art than ever received. It was a beautiful event with a lot of amazing art and a huge show up from the TAY Centers and the Children’s Programs. A big shout out to Tori.

Central Children’s Region: Miranda DeShields shared the following updates:

Very excited to announce that the YFCS (Youth, Families & Community Service) Program has a new supervisor, Cassandra Fox, it is an internal promotion. Working on hiring more staff for the program.

Mid-County Children’s Region: Beverly McKeddie shared the following updates:

The Wellness Village allowed us to go on a want and needs walk, and it was fantastic. The whole process was quite overwhelming.

Very excited and ready to move in. Not 100% certain, but supposedly at the end of the year. However, it looks like we could move next week.

Mid-County has a fully executed MOU with San Jacinto Unified School District, to provide services next school year.

RUHS-BH Updates: Janine Moore shared the following

Next month Janine is on calendar and will share a PowerPoint presentation about the Beaumont Youth Village.

BHSA (Behavioral Health Services Act) effective July 1st. The plan was submitted to the portal as required and the department believes that they are on their second round of clarifications.

Just in case anyone is not aware - the only FSP (Full-Service Partnership) under Children’s will be HFW (High-Fidelity Wraparound). It’s been a challenge to plan because the State has not issued its final guidance.

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There was an addition draft - BHIN (Behavioral Health Information Notice) came out and a “Policy Guide Draft” also came out. Riverside County along with the other counties were able to give additional feedback. It was clear from this iteration that they listened to the feedback from the first original draft - which is good news. So, what is going to be nice is that because each county is in a different position, size wise, staffing wise, needs wise, RUHS-BH thinks it is proposing the most flexible approach to Wraparound.

The State is now getting feedback - and just to give everyone an idea of how far behind things are - they are now getting feedback on what's called a “State Plan Amendment”, which will go to the Federal Government to approve a bundled rate for Wraparound. So, we cannot even bill wraparound until the federal government says, yes.

There may be an expectation that at some point we provide wraparound. As far as the rollout goes there was recognition by the DHCS that (Department of Health Care Services) acknowledged that they are behind, and that July 1, 2026, is coming quickly. So, they've adjusted the requirement - as far as expectations – each county must meet with the Center of Excellence once before July 1st.

RUHS-BH had this meeting two or three weeks ago, it went well, and then one more meeting before October. It will probably be kind of a slow roll.

The EBP (Evidence-Based Practices), and the PCIT (Parent-Child Interaction Therapy) are already established. The other two are MST (Multi-Systemic Therapy) and FFT (Functional Family Therapy) and released an application for providers to be able to apply for that. Behavioral Health is nearing the conclusion of those reviews and will get back to everybody who worked so hard. Looking around the room Janine can see at least two individuals in today’s meeting, some on screen, who worked hard to develop this proposal, to get back to everyone. In addition, working with the Centers of Excellence to work with providers, once those are determined.

The village takes a lot of time and planning. Janine is excited about what they call building three – Youth and Family Services - which has a sign now “The Mead Valley Wellness Village”.

Janine saw some of you during RUHS Week. That was a fun event. Thank you for coming to support the staff.

Janine went to the Desert Art Show and purchased two pieces. It was so well attended. Brittany Maines (The Behavior Lab) was there and stated they will come back next year and every year. Janine saw Suzette Donaldson (The Carolyn Wyley Center) at a booth. It was so much fun.

Janine could not attend the MIMHM (May is Mental Health Month) Event at Fairmount Park, but heard it was an amazing, well attended, and super busy event.

Behavioral Health Commission/Regional Board Updates:

Desert Regional Board Tori St. Johns shared the following information

The John Benoit Art Show Festival-MIMHM (May is Mental Health Month) Events - on May 14, 2026, was fantastic. The consumers talking to Tori about how excited they are about their art and fascinated that their art was selling, said they are going to start working on something right now for next year. It went well.

Sheryl Benoit (wife of John Benoit) was there all day; it was very kind of them to be there.

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Thank you TAY Flow in the Desert. They were at Pride Prom on May 15, 2026, with so many goodies. They are just so special. It feels like family when they are there. The kids love them. Thank you.

LGBTQ+ Leadership & Empowerment Camp is coming for the kids on June 11 through June 14, 2026, at Jenks Lake.

Tori was looking at the list the other day and there's a little camper from one of the clinics and it says thank you, RUHS for sending a kid.

Parent Support & Training: LaGwenda Hall, on behalf of Alicia Arrendondo, shared the following information

The theme for this year's MIMHM Event was Family Land, it was amazing just like Candy Land. There was colorful cotton candy. The staff spend so much time putting it together. It was very successful. The moms came out and volunteered and put in the service. They called weeks before, filling up the volunteer schedule.

Open Doors Support Group is scheduled every 4th Thursday of the month (Thursday May 28, 2026), 5:30-7:30 pm.

- Please call 951-358-5862 for addition information.

This is where families who are raising a child/youth with mental health, emotional, and behavioral challenges. PS&T feeds the families and works with the families on different art projects for the kids. Whatever the parents are learning, the kids learn the same thing, but at an appropriate age level. The kids love it and they have fun.

The groups are all doing well. PS&T is getting many recommendations from other centers.

- For information about any of the PS&T (Parent Support & Training) trainings, please contact Rachel Douglas and/or Alicia Arrendondo at 951-358-6244.

BHSA Update: Melinda McFarland shared the following:

The discussion that the committee was having earlier regarding feedback was received by the State this past Wednesday. The Department is working on getting those responses back to the State.

Hopefully, the department will be back on track to make it to the board and have that process going through to the final submission. Diana Gutierrez shared with Melinda, just this morning, that some other counties are perhaps on their third submission to the state and waiting to hear back. There are 3 or 4 items that need to be addressed and provide some more explanations, but it seems like it's all on track and going well.

BHSA news: PEI is still offering free community training until July 1, 2026, after this date PEI will no longer be able to offer those free community trainings. Starting July 1, 2026, if anyone has individuals that would like to be trained, please look at the ASIST (Applied Suicide Intervention Skills Training) for two full days of training. The session is scheduled for tomorrow May 27, 2026, from 8:30 am to 4:30 pm. at the River Walk location in Riverside. There is plenty of space to hold the training and take advantage of the information and all that space.

- Melinda will drop the registration link and information for the training in the chat.

Talking with the clerical support team they say that even if someone just wants to show up tomorrow, and say "I'm here for the training", they will take care of them.

Laisa Jamison: JVUSD

Q. Did you say that there will not be any more ASIST Trainings after this year?

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A. Correct. Under MHSA PEI was offering frequent Youth and Adult MHFA (Mental Health First Aid) Trainings (as well as others: safeTALK, ASIST, etc.) that were open and free to community members to attend.

With the transition to BHSA, our program (“PEI”) will no longer be able to offer any trainings. WET will no longer be offering MHFA (Mental Health First Aid) as training for department staff and contract providers. WET will still offer safeTALK and ASIST as part of their training menu.

Public Health will not be offering MHFA to the community. Our partners in Public Health will be offering other training free to the community. These include: safeTALK, ASIST (Applied Suicide Intervention Skills training), QPR (Question Persuade Refer), among others.

Public Health is still working on their schedule for these training courses, and a link is not yet available to share out for registration. I’d be happy to share the link when it is available and provide an update on the available upcoming trainings for the community through PH.

However, the contract providers will be able to access trainings through the RUHS-BH W.E.T. (Workforce Education and Training Program). Not sure about the frequency on their schedule, but they will be offering the ASIST and Safe-Talk. They just finished up some MHFAs (Mental Health First Aid). They have a couple of those ASIST Trainings, Safe Talk and virtual Self-Care and Wellness, Mental Health 101, Building Resiliency and Understanding Trauma, which individuals can access online.

SAPT / Friday Night Live: Lupe Madrigal, SAPT, Nhan Pham, FNL, shared some updates:

SAPT is still available for youth services that range from Prevention, OT (Outpatient Treatment), IOT (Intensive Outpatient Treatment), to Recovery Services, which is like aftercare in the 11 clinics.

Should the youth require a higher level of care, the program will refer out. Currently the program has two sites:

- Tarzana Treatment Center in Lancaster and “Boys” under Casa Las Palmas in Coachella Valley for residential care. There are group settings, individual settings, and drug testing for any youth that requires substance use treatment or prevention services.

Some of the schools for prevention treatment are closing out for the year, but SAPT will be offering for those that enroll later in the year offering office-based services for virtual, telehealth, or the new clinic, and now that we have a five year contract full-service contract started 2024/2025 we can provide summer classes, but those that are in the school system know that can be a little challenging because there’s so many hours that they need to attend.

Recovery Happens. Save the date: September 24, 2026, at Fairmont Park from 11 am to 430 pm. So soon as the flyers become available, they will go out. There is a registration process. Last year the program capped at over 200 exhibitors. After a certain amount the program is not allowed to set up exhibitors for safety reasons. One last very important item is that Resources and information is the only item that should be available, besides the food, games and contests. There shall be no selling of any products. The 3 regions offer recovery opportunity court and adult drug court. This is a public event, and anyone can join as it is open to everyone and anyone. Come early, parking is always a challenge.

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FNL (Friday Night Live) participated and partnered with Directing Change. The youth council, along with the staff got to assist and provide music and entertainment. Youth Council Julissa Luna, and the department’s Deputy Director, Ryhan Miller presented an award. It was an amazing event.

The department hosted the Spirit of Awards Ceremony on Friday May 22, 2026. There were about 411 guests, which was a combination of students, parents, staff and administration. The theme this year was “Time Travel”, the purpose was to pass this year’s yearbook around, jot down what they did throughout the year. Just to give some background about why they elected “Time Travel”, because this year FNL went through some growth and some changes, and growth not just in the actual program itself, but each individual youth as well. The program now has a third team in the Mid-County area but also changes in its entirety.

The program was divided into three, now it is distinguishing elementary, middle school and high school.

- Elementary School: The designation for FNL for Kids.
- Middle School: The Club Life
- High School: Friday Night Live.

Nham is on schedule to present the “History of Friday Night Live” at the July 28, 2026, Children’s Committee Meeting.

The purpose of the “Time Trave”, was also to do some fun activities with the kids.

This year, FNL did a time capsule activity throughout the event, where the students decorated and put things that they wanted to give to their future selves and to the youth of the future. Provide them with tools and inspirational quotes, little fun tickets that they put in the time capsules, and each table had a different date to open their time capsule. The program also made a time capsule for themselves at our table. It was amazing.

Miss Lupe was an award recipient for the William Harris Award, and there was – of course – awards for the kids and other awards as well: Participation Award

- The Most Blankets Award
- Chapter of the Year
- Advisor of the Year and
- Youth of the Year

For those that know William Harris, they formerly oversaw a good chunk of the Bright Live Program before they retired. Nham was hired under William Harris.

There were a few others across Riverside County, and these include all the three regions:

- Mid-County, Desert and Western Regions

FNL is in a transition period, as summer kicks in, the program will realign and train newly hired staff and prepare for the next school year.

Nham will provide a copy of the yearbook designed by the staff which includes all their amazing work, the teachers, and the themes throughout the year in different events.

TAY Mid-County: Lauren Adamson shared the following

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Still having the All-Peer Trainings for Consumers, TAY Peers and Family Advocates at the Tay Arena – Mid-County. Certified Peers receive 1.5 CEU (Continuing Education Units) towards their recertification. The third Tuesday of each month from 9:30 – 11:30 AM. The department also hosts The Behavioral Health Transgender Diverse Workgroup that meets the first Tuesday of each month from 2 to 3 pm via Teams. If anyone wants to join, we would love to have everyone.

Robert Bohon-Lara shared the following

Last week – May 19, 2026 – Tuesday, the “All Peer” meeting was a great success. Plenty of people showed up.

One of the Senior Peers for TAY Flow presented a passionate presentation “Turning Your Mess into a Message” and shared their story - of how they came from - where they were having lots of challenges and how they accomplished to use strategies to get on the road to recovery. Sharing those strategies with all in attendance gave us hope that all people served that recovery is possible.

Another success story shared by a Banning’s TAY Peer, Bijan Johnson. Bijan is a new Peer for Banning, but not a new Peer. The program has not had a Peer in that location for a long time. Bijan decided to start a group, and everyone has an idea how hard it can be to get youth invested into group and get them back every week. Bijan and one of the CTs put together this group, and it is a total success. In fact, they have a wait list to get into the group because they cannot fit any more people in the room. Now they are talking about starting a second group for the youth. They are doing an incredible job, and it is just amazing.

Youth Connect: Shelby Colbert shared the following:

Youth Connect Specialty Program will be hosting some summer fun social activities for the consumers and their families in two locations: Indio and Riverside.

Agency Reports:

DPSS/CFS: Emilee Tran, Regional Manager, Corona CFS & Mike Scebbi, Sr. Admin Analyst shared the following:

The Annual Senior Portraits Event for the Foster Youth Graduates last month seems to be growing in terms of support and students. This highlights a lot of the students, the foster youth that are graduating high school. A lot of times they don't have the funds or the resources to do senior pictures other than the pictures they get for the yearbook. And so, with this event, half of the photographers were paid, the other half were volunteers, and we still needed more photographers.

There were over 60 students that RSVP for the event and 53 showed up.

The Social Workers and Assistants were the drivers. They worked overtime on Mother’s Day weekend to transport the kids from where they were to the Crestmore Manor. They showed up in Corvettes, the Vets Out West - which is a Corvette Bar Club - showed up and lined up six or seven cars, lined up perfectly for the kids to take pictures and get in the cars. Someone donated a bunch of flowers, there was food, and let’s not forget the barbers, hair stylists and makeup artists.

There was also an area where there was a clothing rack for some of the kids to take with them if they wanted to. There were dresses, and suits with dress shirts, and very classy clothes. That was beautiful.

The kids wore caps and gowns, RCOE (Riverside County Office of Education) came to assist with the caps and gowns.

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Mike showed on screen some of the pictures and highlights from some of the students that showed up. The kids were in their moment and they are so amazing. It’s just heartwarming to see that their achievements can be documented for them, and it is all free. It does help the youth feel an increase in their self-image and they feel proud of themselves.

Lydia Brown DPSS, Program Specialist, is not here but they were a great support in all of this.

At the June 23, 2026, Children’s Committee Meeting Mike will bring the graduation pictures which is on June 18, 2026, at the “March Air Force Base Museum”. The department is having a graduation party for the kids and expecting about 340-400 guests. The theme “Cleared for Takeoff” - at the March Air Force Base Museum. Thank you to all the partners, without their assistance this would not be possible.

If any of the programs have any foster care kids that are graduating this year, please get in touch with Mike Scebbi 951-204-6969 at mscebbi@rivco.org and/or Emilee Tran at emtran@rivco.org.

SSG/APCTC (Asian Pacific Counseling and Treatment Centers): Luciana Hsu shared updates:

It’s been a very busy month because this month is Mental Health Awareness Month and also AAPI (Asian American Pacific Islander) Month. We had a big event last Thursday with the Cultural Competencies Program with subcommittee.

We partner with FILAM, (Filipino American Association) and ICAA, (Inland Chinese American Alliance) to host an event at the Diversity Center in downtown Riverside. The event held about 60-ish participants all over Riverside County.

to talk about arts, culture, and diversity in the field. We brought in different speakers that have different, I guess, I guess, passion. So, an acupuncturist, who is also an accountant for Reach Out, came in to talk about TCM, (Traditional Chinese medicine).

And we had another participant come all the way from Arcadia to do a demonstration of Tai Chi and how it’s beneficial to the whole physical and emotional well-being. And then on Saturday, we partnered with Eastfield Chinese American OC. Association and Eastville Library to host another workshop talking about 5 love languages between parent and child relationships. And to wrap up the month of arts, culture, and self-care, we’re doing another event this coming Sunday. I did put out flyers right here.

This one is in Mid County in Murrietta at Santa Rosa Plateau Ecological Reserves. This one’s open to all family members and we’re going to bring in sound bath activity, which is something very popular and very new. They are very famous on Instagram, I believe. And although the flyer says, registered before May 20th. We still have openings, so feel free to sign up if you’re interested.

SSG Riverside Counseling Center: Jana Garrett shares the following updates:

Very busy participating in May’s Mental Health Month events, at Fairmount Park and the special events within our own agency - themed activities with the clients who come into the office. Trying to promote May Mental Health Month. In addition, participated in various new May Mental Health Month activities throughout the Moreno Valley Unified School District.

The program was impressed with the number of students that came up, and not just for the goodies. Most of them engaged, asking questions, providing feedback and took flyers. That pretty much was the MIMHM this year, providing resources and engaging with the community.

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The Behavior Lab: Brittany Maines, Director shared the following:

Exciting news, the program has a grand opening Thursday from 1130 to 2.30 pm. Moreno Valley Office off Day Street - by John's Incredible Pizza and the Guitar Center - It as a mixer. Please do not bring tables, because Brittany does not want people stuck behind the tables. The preference is that everyone bring their information and mingle with all the partnerships, the parents, and the community members.

Youth Connect: Shelby Colbert shared the following

Highlighting upcoming summer groups for both of our regions (Mid-County & Indio), the program will be sending the flyers with the information. There will be many fun activities, like hiking, movie days, bowling, spa day, and social skills for the kids. The program is looking forward to the summer.

VCSS (Victor Community Support Services): Jana Trew shares the following:

As Janine already mentioned, HFW (High-Fidelity Wraparound) is a big focus for Victor right now. The program has submitted our certification paperwork, now just waiting to hear back. In the meantime, the Wraparound Program in Riverside is nearing the end of the second year in operation. This will be the first time that the program is going to have a summer specific program - family get togethers and barbecues.

Serving all Riverside County, including adjacent counties like San Bernardino, Orange County, and Los Angeles, the program could not do just one event with three regions and it's for former and current families. So, looking at a little over 150 families.

In July, one of the regions is having a specialized event for the program's black families to have fun and continue to celebrate what they have accomplished. Looking forward to that and just making sure that we're getting our families input on what they would like, right down to the cooking. In addition, we are looking at a holiday brunch with the families.

Carolyn E. Wylie Center:

Getting ready for the busy transition season. School is ending, summer is starting, parents and kiddos in care are preparing for the transition. We are focusing on many resources for summer activities, free breakfast and lunch, because unfortunately for some of the kids, the free breakfast and lunches are the only hot meal they will have for the day. So, the Wylie Center is focusing on any type of food resources for families. In addition, the center is once again looking for a Parent Partner. If anyone knows anyone who has completed the volunteer program and is looking to get certified or already certified send them my way.

The qualifications are: The individual must be the parent of a child who has received mental health services in the past or present, the main support system for that child and a High School Diploma.

McKinley: Flor Ramos-Montelongo shares the following update The Mid-County and Western region offices for McKinley has a new team member that transferred from the LA County program to the Riverside program. They are currently supporting the DV (Domestic Violence) program. So, they are doing the hybrid role with the outpatient program and providing group therapy services to perpetrators of domestic violence. In addition, two new team members are on-boarding as clinicians for the Western and the Mid-County Regions.

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McKinley has a TBS Supervisor from LA County who got promoted to Clinical Supervisor, they will be joining our Riverside Western Region team and that completes the supervisory team. The program is actively hiring a TBS Supervisor out in the Hemet region. The current TBS Supervisor for Western region is currently supporting both regions.

The grant for CIFFT (Culturally Informed Flexible Family Therapy) Program is coming to an end at the end of this fiscal year. The free family therapy that McKinley provided to those in need, who may not have had insurance or maybe their insurance premiums were too high is coming to an end.

Next Meeting: June 23, 2026, 12-2 p.m.

Location: 3125 Myers St., 2nd fl. Executive Boardroom, Riverside, CA 92503

Pursuant to The Behavioral Health Commissioners: Please note that moving forward the Standing Committee agendas and minutes shall be posted on the website for your reference as well as the Public.

<https://www.ruhealth.org/behavioral-health/advisory-committees>