

RIVERSIDE UNIVERSITY HEALTH SYSTEM

PUBLIC HEALTH

BRANCHES & PROGRAMS



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Infectious Disease, Community Health Planning and Equity

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Highlighted Services

Programs that offer the most services to our community

The Office of Vital Records ☎ 951-358-5068

- Registers all births, deaths, and fetal deaths in Riverside County.
- Issues certified and informational copies of birth and death records (current & previous year).
- Provides burial permits, non-contagious letters, and authentication letters.
- Processes 12,000+ birth certificates, 90,000+ death certificates, 23,000+ burial permits, 2,000+ letters annually.



Nutrition / Women Infants Children (WIC) ☎ 951-358-5311

- Builds healthier, more active communities across Riverside County.
- WIC offers healthy foods, flexible appointments, personalized health plans, breastfeeding support, and online tools / resources to help families thrive.
- Serves 70,000+ certified participants monthly.
- Loving Support Helpline: Handles 4,000+ calls each month.



Maternal Child & Adolescent Health (MCAH) ☎ 800-794-4814

- Provides home visiting programs, support groups, and case management services.
- Serves infants, children, adolescents, pregnant and parenting families, adults, and seniors.
- Assists 1,500 families annually with over 5,000 face-to-face encounters.
- Black Infant Health Program: Offers 25 group sessions for pregnant and postpartum women each year.
- Foster Care & Public Health Nurses: Serve 3,500+ foster youth across Riverside County.



Children's Medical Services (CMS) - California Children's Services (CCS) ☎ 951-358-5401

- Provides specialized medical care, therapy, and prevention programs for children and young adults.
- Supports children with complex medical needs through coordinated, high-quality care.
- Offers physical and occupational therapy for children with disabilities.
- Promotes early detection and prevention of health risks (e.g., lead poisoning).
- CCS: 10 locations countywide, serving 14,500+ clients annually.



Immunizations / Outreach ☎ 951-358-7125

- Provides vaccines, education, and resources to protect community health.
- Offers perinatal hepatitis B prevention and case management.
- Offers outreach services and mobile vaccination clinics to improve healthcare access for communities with limited resources.
- The Mobile Team administers 4,000+ vaccine doses annually.



Public Health Laboratory

Who We Are

Public health laboratory services are essential to the core functions of public health. Public health laboratories serve as reference laboratories for private, commercial laboratories in their respective service areas.

The mission of the Riverside University Health System – Public Health Laboratory is to provide accurate, timely, and cost-effective laboratory testing to aid in the diagnosis and control of communicable diseases.

History & Purpose

Mandated by California Code of Regulations, Title 17, Section 2505, public health laboratories provide critical services for testing specimens related to infectious and environmental diseases, supporting disease surveillance and public health programs. The Riverside County Public Health Laboratory was established in 1951 and underwent renovations to upgrade to a BSL-3 facility in 2019, while remaining fully operational throughout construction and the COVID-19 pandemic.

List of Programs / Services Provided

- CLIA for Diagnostic Testing of Infectious Diseases.
- Wastewater Surveillance.
- Antimicrobial Resistance Surveillance.
- Respiratory Surveillance.
- Rabies Testing and Surveillance.

Fun Facts

- When initially established in 1951, the PHL primarily focused on syphilis and gonorrhea testing.
- PHL is the **ONLY** Rabies testing provider in County.
- PHL receives approximately 30,000 specimens to test a year.



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Clinical Laboratory Improvement Amendments (CLIA) Certified

The Public Health laboratory is a CLIA certified laboratory. CLIA regulations establish quality standards for laboratory testing performed on human specimens and is done for the purpose of diagnosis, prevention, or treatment of disease, or assessment of health. The RUHS-Public Health Laboratory has established an effective Quality Assurance Program which is an essential framework designed to ensure the accuracy, reliability, and consistency of test results.

Our Quality Assurance Program includes several components, each focusing on different aspects of laboratory operations such as:

- **Standard Operating Procedures (SOPs)**
 - SOPs are reviewed and updated regularly to reflect the current best practices and regulatory changes.
- **Training and Competency**
 - Provide continuous and regular training for all laboratory personnel to ensure they are proficient in operating equipment, performing tests, and interpreting results.
- **Verification, Calibration, and Maintenance of Equipment**
 - Regular calibration and maintenance of laboratory instruments are performed, to ensure accuracy of results.
- **Internal and External Audits**
 - Monthly internal audits are performed, as well as external CLIA inspections to verify that the laboratory is following established protocols and complying with standards.
- **Proficiency Testing**
 - It is required to participate in proficiency testing programs, where our laboratory's results are compared against a known standard or the results of other laboratories. This program allows us to identify potential areas of improvement.
- **Corrective Actions (CA)**
 - When errors or discrepancies are identified, we have a robust system for corrective actions to ensure immediate solutions are implemented, and future occurrences are prevented.

Respiratory Surveillance Program



The Public Health Laboratory (PHL) plays a critical role in respiratory surveillance across Riverside County. The PHL aims to provide accurate, timely, and cost-effective testing for respiratory pathogens, including SARS-CoV-2, Influenza, and RSV, to guide public health strategies and protect our community. Through collaboration with healthcare facilities throughout Riverside County, we aim to strengthen surveillance efforts and ensure comprehensive representation of our diverse population.

Why Surveillance Matters

Respiratory surveillance provides the foundation for understanding disease patterns and identifying emerging threats before they escalate. By monitoring key pathogens like SARS-CoV-2, Influenza, and RSV, we can allocate resources efficiently, support healthcare facilities, and reduce the impact on vulnerable populations. These efforts strengthen our ability to make data-driven decisions that safeguard the health of Riverside County residents.

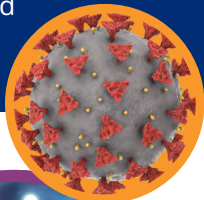
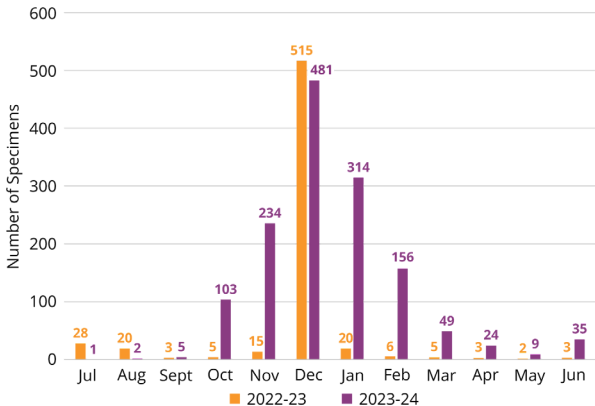
Growing Respiratory Surveillance Network

The Riverside County Respiratory Surveillance Network continues to grow, with each season building on the successes of the last. Our surveillance season runs annually from October to May. What started with limited participation in the 2022–2023 season has evolved through targeted outreach and strengthened partnerships, leading to significant increases in subsequent seasons. Building on this momentum, the PHL is enhancing outreach efforts, improving specimen transport systems, and prioritizing expansion into underrepresented areas. These actions will ensure a more comprehensive and equitable surveillance network, strengthening our ability to detect, monitor, and respond to respiratory health threats countywide.

Fun Fact

Respiratory surveillance data helps us track trends not just locally, but also contributes to statewide monitoring at the California Department of Public Health (CDPH) and national monitoring at the Centers for Disease Control and Prevention (CDC), supporting a broader response to seasonal and emerging respiratory viruses.

2022-23 & 2023-24 Respiratory Surveillance



Wastewater Surveillance Program

The Public Health Laboratory (PHL) will launch the Wastewater Surveillance Program in 2025 to monitor infectious diseases in Riverside County. By analyzing wastewater, the program provides early detection of pathogens like SARS-CoV-2, Influenza A/B, and RSV. This data helps public health officials respond quickly to protect the community.



Strengthening Viral Detection Through Wastewater Surveillance

Wastewater surveillance is a powerful tool that helps Public Health departments monitor viruses in stool from the community. It can detect both symptomatic and asymptomatic infections in people.



Did You Know?

Wastewater surveillance can detect changing infection trends of respiratory diseases 4-6 days earlier than clinical cases.

Why Wastewater Surveillance Matters

Participating in the wastewater surveillance program provides many benefits to protect and improve community health:

- **Enhanced Community Health Monitoring**
 - Wastewater surveillance offers a clear picture of infectious disease trends in a community.
- **Proactive Public Health Response**
 - By detecting changes in infection levels early, public health authorities can quickly implement safety measures to reduce the spread of illness.
- **Advanced Detection Capabilities**
 - Using advanced molecular testing, wastewater samples are analyzed for SARS-CoV-2, Influenza A / B, and RSV. This simultaneous detection helps track multiple respiratory viruses efficiently.
- **Data-Driven Public Health Interventions**
 - Results are shared with the California Department of Public Health (CDPH) and the Centers for Disease Control and Prevention (CDC). This data supports state and national efforts to shape public health policies and interventions.
- **Support for Public Health Goals**
 - The program aligns with state and federal strategies to control infectious diseases, creating safer, healthier communities for everyone.



Antimicrobial Resistance (AMR) Surveillance Program

The AMR Surveillance Program is an upcoming initiative led by the RUHS Public Health Lab (PHL) in partnership with the California Department of Public Health (CDPH).



The AMR Surveillance Program launched in February 2025 aiming to:

- Detect and prevent outbreaks caused by antimicrobial-resistant (AMR) organisms.
- Provide essential data for guiding public health interventions in Riverside County.
- Improve patient care by closely tracking hospital-acquired infections caused by *Candida auris* and carbapenemase-producing organisms (CPOs).

Stopping the spread of AMR organisms saves lives. By contributing local data, Riverside County facilities help shape statewide and national strategies, ultimately reducing disease impact and improving health outcomes.

Antimicrobial Resistance is a Public Health Threat

The World Health Organization (WHO) recognizes AMR as one of the top global health challenges. In 2019, AMR led to an estimated 1.27 million deaths worldwide, with an additional 4.95 million deaths where AMR was a contributing factor. In the United States alone, over 2.8 million infections and more than 35,000 deaths are attributed to AMR each year. AMR leads to limited treatment options and higher risk for patients, particularly high-risk patients and patients undergoing medical procedures. Outbreaks typically occur in high-risk departments in Long-Term Acute Care Facilities (LTAC) and Acute Care Facilities (AC), underscoring the need for vigilant infection control measures. The following AMR organisms are a top priority for the RUHS Public Health Lab:

- ***Candida auris*- A fungal threat**
 - *Candida auris* is a multi-drug-resistant fungus labeled an “urgent threat” by the CDC.
 - First identified in 2005, *C. auris* easily spreads in healthcare settings and can cause severe infections in immunocompromised patients.
- **Carbapenemase Producing Organisms- A Trifecta of Bacterial Resistance**
 - Carbapenem antibiotics are highly effective antibiotics that are often the last line of defense in hard to treat infections.
 - Carbapenemase producing Carbapenem -resistant *Acinetobacter baumannii* (CRAB), *Enterobacteriaceae* (CRE) and *Pseudomonas aeruginosa* (CRPA) all produce carbapenemase enzymes, allowing them to degrade and escape carbapenem antibiotics.



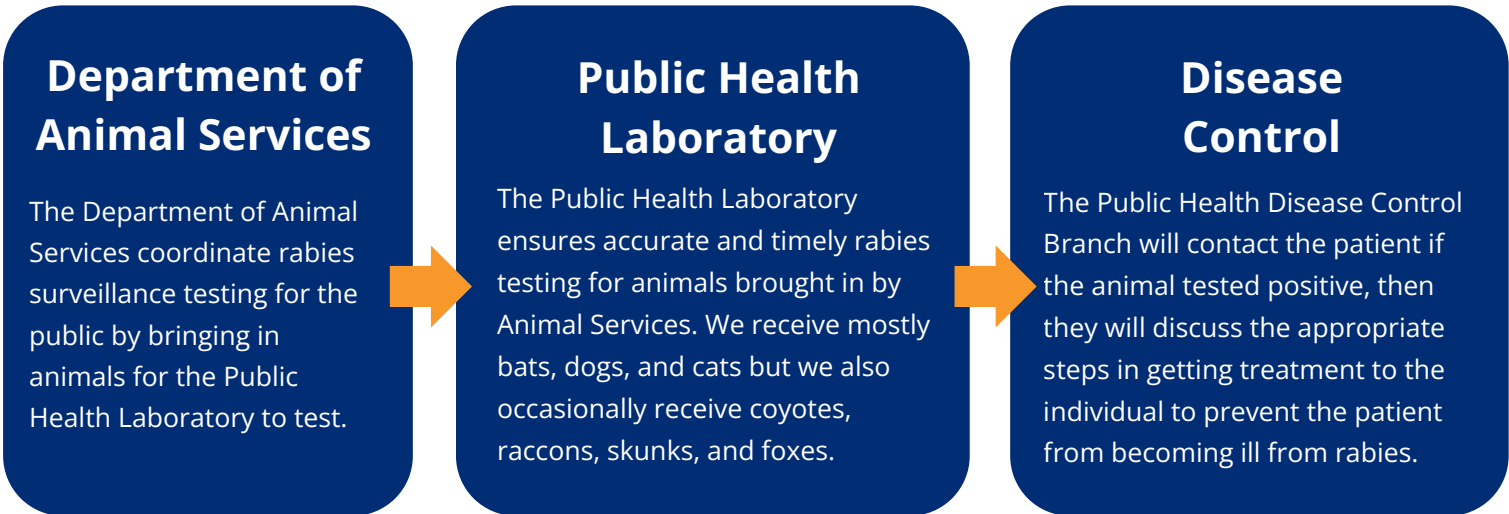
Rabies Surveillance Program

The Rabies Surveillance Program is a collaboration between the Department of Animal Services, the Public Health Laboratory, and Public Health Disease Control working together to protect Riverside County's residents and animals. This program plays an essential role in identifying and addressing potential rabies cases, preventing the spread of this life-threatening disease, and ensuring the safety and well-being of the community.

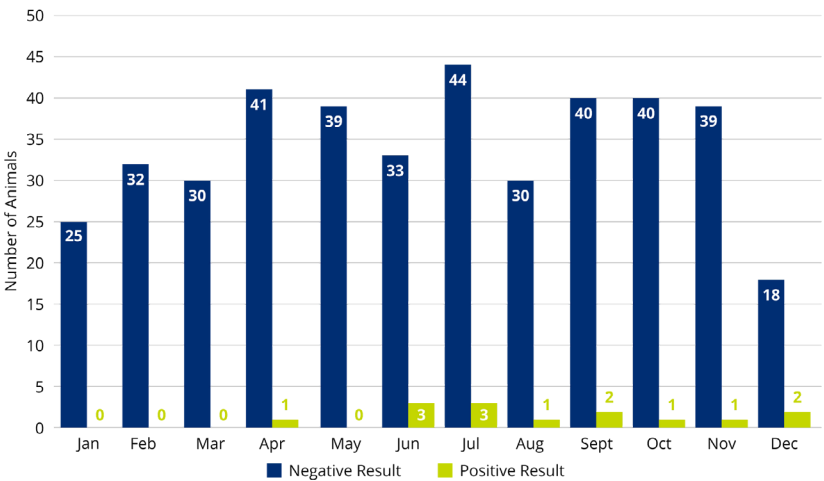


Did you know?
World Rabies Day is September 28

Collaborative Roles - Breakdown



Public Health Lab Animal Rabies Results



Fun Fact: We are the only facility able to test for rabies in Riverside County

Results Summary

In 2024, 14 out of 425 (4%) of the animals tested were positive for rabies. The only animal that tested positive was bats.

Disease Control Branch



Who We Are

The **DISEASE CONTROL BRANCH** is committed to the protection of public health through early detection, intervention and treatment of communicable diseases. The Branch provides a variety of services to the individual and the community: preventive care (Tuberculosis screening); treatment of acute problems (tuberculosis); and investigations to prevent the spread of certain communicable diseases.

Eligibility

All Riverside County residents are eligible for services provided by the Communicable Disease and Tuberculosis Programs.

Communicable Diseases Program

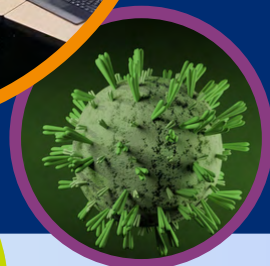
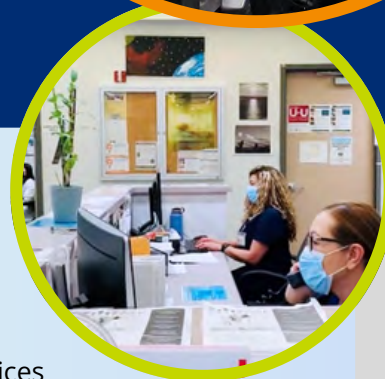
The Communicable Disease Program provides investigation, consultation, and information on contagious diseases, including water and food borne outbreaks. The program provides referrals for post-exposure treatment for individuals exposed to a communicable disease, if indicated.

Tuberculosis Control Program

Provides Public Health Nurse (PHN) case management, evaluates individuals exposed to Tuberculosis and provides treatment to individuals with active and latent Tuberculosis infection; serves as a resource to the medical community.

List of Program Services

- Tuberculosis case management and surveillance.
- Latent Tuberculosis Infection (LTBI) case management and surveillance.
- Tuberculosis and Latent Tuberculosis Infection (LTBI) clinical services
- Case and contact investigations.
- Communicable Disease Program investigation and surveillance.
- Communicable Disease Program - linkage to care for patients requiring post exposure treatment.
- Rabies investigation and surveillance.
- Public Health Enhanced Disease Detection and Investigation (in conjunction with Epidemiology & Program Evaluation).



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HIV/STD

Who We Are

The HIV / STD Branch mission is to promote healthy sexual behavior and reduce the impact of HIV / AIDS and Sexually Transmitted Diseases (STDs) / Sexually Transmitted Infections (STIs) in Riverside County.

The HIV / STD Branch encourages behaviors that help prevent the spread of HIV and STIs, while also offering diagnosis, treatment, counseling, partner notification, and referrals for individuals affected by STIs.

Services Provided

Early Intervention Program (EIP)

The EIP Clinic offers a range of services that can help people living with HIV take better care of their health and get the care that is needed.

The HIV / STD Branch works hard to support HIV testing, prevention, and care. HIV care includes client-focused, individualized treatment plans.

Services include (but are not limited to):

- HIV Treatment and Prevention.
- HIV Primary Care.
- LGBTQ+ Primary Care.
- STI Treatment and Prevention.
- Medical Examination, Evaluation, & Treatment.
- Laboratory Services.
- Medical and Non-Medical Case Management.
- Linkage to Care (LTC) & Retention.
- HIV Pre-Exposure Prophylaxis (PrEP).
- Post-Exposure Prophylaxis (PEP).
- Doxycycline Post-Exposure Prophylaxis (DoxyPEP).

Clinic Information

Riverside Neighborhood

Health Clinic

7140 Indiana Ave.
Riverside, CA 92504
Monday – Friday
7:30am – 5:00pm

Perris Family Care Center

308 East San Jacinto Ave.
Perris, CA 92570
Tuesday & Friday
7:30am – 5:00pm

Indio Family Health Center

47-923 Oasis St.
Indio, CA 92201
Once a month
* 2nd Friday of the month
8:00am – 5:00pm

List of Programs / Grants

- Ryan White (RW).
- HIV Surveillance.
- Congenital Syphilis.
- Hepatitis C Virus (HCV).
- STD Management & Collaboration.
- Ending the HIV Epidemic (EtHE) / HIV Prevention.



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Ending the HIV Epidemic (EtHE) and HIV Prevention

The RUHS HIV / STD Branch EtHE & Prevention aims to substantially reduce HIV infections in the U.S. and within Riverside County.

The goal of this initiative is to reduce the number of new HIV infections by 75 percent by 2025, and then by at least 90 percent by 2030.

The RUHS EtHE team focuses our outreach efforts on the 4 Pillars listed:

- **Diagnose** all individuals with HIV as early as possible after infection.
- **Treat** people with HIV rapidly and effectively to reach sustained viral suppression.
- **Prevent** new HIV transmissions by using proven interventions, including pre-exposure prophylaxis (PrEP) harm reduction strategies.
- **Respond** quickly to potential HIV infections to get needed prevention and treatment services to people who need them.

STD Management & Collaboration

Our STI Communicable Disease Specialist (CDS) focuses on key strategic targets for STI prevention and control: enhancement of surveillance and case follow up for STD cases; testing, treatment, partner services, and referrals to services.

Program Highlights

Congenital Syphilis
60%
of women were treated adequately
> 30 days before giving birth.

Program Highlights

8 monthly community-based events offering, on average, 50 HIV and Syphilis tests, linkage to resources, and sexual health education.



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Epidemiology & Program Evaluation

Who We Are

Data to Action: Our mission is to facilitate the collection, analysis, and dissemination of health data and use that data to guide the implementation of public health programs and policies. Our responsibility and goal is to provide consistent, dependable, and timely assistance to our partners. Our staff include vital records registrars who register all birth and deaths occurring in in Riverside County; epidemiologists and research specialists who analyze data, prepare reports and presentations, use statistics and GIS to guide program and policy development; and program staff who use the data to collaborate with community partners to advance health equity, climate justice, and overdose prevention.

List of Programs

- **Accreditation**
- **Data Program**
Submit a data request, call 951-358-5557
- **Riverside Overdose Data to Action (RODA)**
Contact **RODA** for naloxone and community wellness kits
- **Vital Records**
Link to order: <https://evitals.rivcovitalrecords.org/>
Phone: 951-358-5068
- **Health Equity**
Check out **EquiTEA** podcast and **Riverside County Health Coalition**
- **Health Equity Community Outreach**
- **Enhanced Disease Surveillance**
- **Climate Justice Program**



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RUHS-PH Data Program

The Data Program of the RUHS-PH Epidemiology & Program Evaluation Branch is home to a team of epidemiologists and research specialists who analyze data, prepare reports and presentations, and use statistics and Geographic Information Systems (GIS) to guide program and policy development. We collaborate with community partners to ensure the availability of comprehensive health data, working together to identify, evaluate, and report on emerging diseases and their risk factors to empower our residents to make the best decisions about their health. The goal of the Data Program is to transform public health data into actionable insights, enabling informed decision making and driving impactful outcomes.

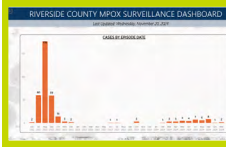
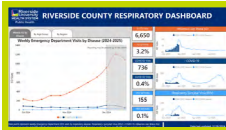
Recent Data Topics

- Infectious & Communicable Disease.
 - Chronic Disease.
 - Maternal Child & Adolescent Health.
 - Health Equity.
 - Injuries & Violence.
 - Drug Overdose & Substance Abuse.
- Births & Deaths.
 - Health Assessments.
 - Population Health Data.
 - Climate.
 - Accreditation.
 - Public Health Program Evaluation.



Data Analysis and Visualizations

The RUHS-PH Data Unit plays a crucial role in monitoring and improving community health by integrating various data sources such as surveillance systems, emergency room reports, and other social determinants of health (SDOH) data. The epidemiology team uses advanced visualization tools, including maps and graphs, to represent spatial patterns and trends, which helps inform targeted interventions. Releasing publicly accessible dashboards have provided a centralized platform where complex data can be digested through interactive maps and charts. In addition to dashboards, Data Digests and Data Briefs are released throughout the year to provide further context and understanding of health issues in Riverside County.



Submit a
Data Request



Data Report
& Statistics

ruhealth.org/public-health/epidemiology-program-evaluation/data-report-statistics



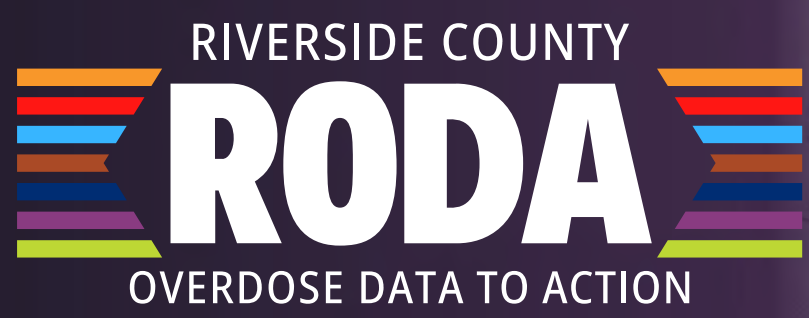
Public Dashboards

- [Impact of COVID-19 on Communities in Riverside County](#)
 - [Heat-Related Illness \(HRI\) Dashboard](#)
 - [Overdose Data to Action Dashboard](#)
- [Vector-Borne Dashboard](#)
 - [Respiratory Dashboard](#)
 - [MPOX Surveillance Dashboard](#)

Highlights

RUHS-PH Data Program supports all Public Health Programs and initiatives. Highlights of our work include: Public Health Economics, Suicide Fatality Review, COVID-19 Impact Hub, Alzheimer’s & Related Dementia’s, Congenital Syphilis Prevention, and Program Evaluation.





Riverside Overdose Data to Action (RODA) Program

Funding from Centers for Disease Control, Overdose Data to Action: Limiting Overdose Through Collaborative Actions in Localities (OD2A: LOCAL) Grant.

RODA is housed in the Epidemiology & Program Evaluation Branch.

5 Year Grant: September 1, 2023 - August 31, 2028; **\$2,892,500 per year**.

2 Main Goals: **Reduce morbidity and mortality** and **reduce disparities related to overdoses**.

Riverside University Health System - Public Health (RUHS-PH) has received a second round of funding from the CDC to further enhance the surveillance of Riverside County. This funding will support data-driven prevention efforts to reduce fatal and nonfatal overdoses, decrease illicit opioid and stimulant use, improve health equity among groups disproportionately affected by the overdose crisis and those previously underserved by overdose prevention programs, and increase the adoption of harm reduction strategies and principles.

Public Health partners

- Maternal Child and Adolescent Health
- Injury Prevention Services

Contracted partners

Total of **\$1,087,973 a year** go to contracts

- Riverside County Behavioral Health.
- Riverside County Emergency Medical Services Agency (REMSA).
- Riverside County Sheriff's Office.
- Inland Empire Harm Reduction (IEHR).
- Inland Empire Health Plan (IEHP).
- Starting Over, Inc.
- TruEvolution.
- Wellness Equity Alliance.

Activities

Overdose Surveillance

RUHS - Public Health, REMSA, and the Sheriff-Coroner's Office collaborate to enhance overdose surveillance. Key initiatives include monthly surveillance reports – timely dissemination of morbidity and mortality data to local and state partners; outbreak alert system – rapid detection of drug overdose outbreaks within 72 hours enabling swift resource mobilization; and the overdose data dashboard – a user-friendly platform providing accessible and actionable overdose data.

5 Year Grant:
\$2,892,500
per year

Each year,
\$1,087,973
go to contracts



Overdose Data Dashboard



Overdose Fatality Review

The Overdose Fatality Review (OFR) team investigates the circumstances and events leading up to an individual's death, particularly the systems that the individual encountered throughout their life, to identify system-level and policy changes that will prevent future overdose deaths.

Academic Detailing

Inland Empire Health Plan (IEHP) - Clinical Pharmacy Programs will use academic detailing while leveraging other techniques, including harm reduction, to increase the use of non-opioid medications, decrease high-risk opioid prescribing, and increase the number of clinicians participating in MOUD induction.

Case Management

Case management services provided by Public Health Nursing - participating partners refer eligible clients to the Public Health Nurse (PHN) for case management. The PHN assesses and works closely with case-managed clients to connect them with the services they need.

Healthy Families America

The RUHS Maternal, Child Adolescent Health (MCAH) Healthy Families Program is an evidence-based home visitation program for families with a history of substance use who are at risk for child abuse, neglect, and other poor childhood outcomes.

Inland Empire Harm Reduction (IEHR) Outreach

IEHR conducts outreach to businesses and develops harm reduction programs including education on harm and stigma reduction, materials, and harm reduction resources.

Overdose Awareness and Prevention Program (OAPP)

In partnership with Injury Prevention Services Branch, implementation of a youth-based curriculum, risk-screening, and referral process for overdose prevention in middle and high schools in Riverside County. At-risk students are referred to Behavioral Health Specialists or counselors on campus.

Pharmacy Outreach

IEHP has led the effort to increase access to naloxone and provide information about opioid treatment, services, and programs to pharmacies in the Coachella Valley.

Linkages to Care

• Community Health Worker (CHW)

- RODA has a CHW who works alongside IEHR two days a week to directly engage with individuals who use drugs in a non-judgmental, culturally competent way, meeting them where they are. This work includes harm reduction outreach, distributing naloxone, overdose awareness education, and offering linkage to medical care and social services.
- Promotores / CHWs with the Wellness Equity Alliance provide individuals with a direct linkage to Behavioral Health Specialists or peer navigators. The target population for services includes those at risk for overdose, specifically individuals who are formerly incarcerated; pregnant and postpartum women with history of and / or at risk for substance use, and to individuals who primarily speak Spanish.

• Peer Support

- Starting Over, Inc. utilizes peer support specialists to conduct outreach and link individuals to substance use and overdose prevention resources, including but not limited to, Public Health Nursing Case Management Services.



RODA



**Overdose Prevention
& Harm Reduction
Resources**



Surveillance Team

The Non-Data Surveillance Team operates within the Epidemiology & Program Evaluation team and the Enhanced Disease Detection and Investigation (EDDI) team. The team is comprised Communicable Disease Specialists and an Infection Preventionist that are dedicated to investigating and mitigating the risk and burden of illness in Riverside County. The team is continuously working to strengthen Public Health’s partnerships and relationships with local hospitals, skilled nursing facilities, long-term acute care hospitals, workplaces, and schools.

Activities

**Riverside County COVID-19**
Data and Reports bit.ly/PH-COV

COVID-19 Data and Resources

- The team monitors COVID-19 cases across various settings, providing technical guidance and resources to schools, workplaces (including all County departments), and the general community. They monitor cases and identify outbreaks. They also develop and update public-facing guidelines that are aligned with the Centers for Disease Control and Prevention (CDC) and the California Department of Public Health (CDPH) recommendations.

EDDI Digest Distribution

- A bi-weekly publication that summarizes news, health advisories, and insights on national and international infectious disease outbreaks. It highlights trends, emerging threats, and recommended actions for prevention and intervention.

Quarterly Liaison Meetings

- The team facilitates quarterly meetings with Riverside Hospitals, Skilled Nursing Facilities, and Long-Term Acute Care Hospitals. These meetings share updates on disease reporting requirements, disease trends and statistics, infection prevention and control measures, training opportunities, and other available resources.

Valley Fever (Coccidioidomycosis) Surveillance

- Through a new research initiative working alongside the Disease Control Branch, the team helps conduct interviews with Riverside County residents who test positive for Valley Fever to gather data and inform prevention and intervention strategies.

The surveillance team works alongside Epidemiology and Disease Control to recognizes trends / other emerging outbreaks earlier on through county-wide partnerships and increased active surveillance. This ideally will lead to increased prevention of disease outbreaks and minimize morbidity rates.

RIVERSIDE COUNTY
EDDI DIGEST
2024 ISSUE NO. 23 | NOVEMBER 1-14



IN THIS ISSUE
Local

- California

Regional

- Los Angeles County

International

- COVID-19

HIGHLIGHTS
Los Angeles County Reports Locally Acquired Dengue
The Los Angeles County Department of Public Health is investigating two new cases of dengue fever, a mosquito-borne viral infection, in residents of Los Angeles County. The cases were reported to the department on November 1, 2024. The cases were both locally acquired, meaning they were not imported from other countries. The department is currently investigating the source of the infection and is working to identify other potential cases. The department is also providing information to the public about the symptoms of dengue fever and how to prevent it.

ENHANCED DISEASE
DETECTION & INVESTIGATION
EDDI team



Riverside University Health System - Public Health's Epidemiology Team created the EDDI team to investigate and mitigate the risk and burden of illness in Riverside County by partnering with Riverside hospitals, SNFs / LTACs, schools, and other organizations.

epi.eddi@ruhealth.org 951-888-5870

www.ruhealth.org/ruhs-public-health



Submit a
Data Request



Data Report
& Statistics

ruhealth.org/public-health/epidemiology-program-evaluation/data-report-statistics



Office of Vital Records

Per year, Vital Records:



The Riverside County Office of Vital Records registers all births, deaths, and fetal deaths that occur within the County of Riverside. In addition, the office of Vital Records is responsible for the issuance of the following: certified and informational copies of births and deaths that occurred in Riverside County in the present and previous year, burial permits, non-contagious and authentication letters.

Services and Costs

We serve the public at large and provide services by mail and online. The Office of Vital Records works closely with Funeral homes and Hospitals to ensure that we register all records efficiently and in a timely manner. Our mission is to provide excellent customer service through the delivery of accurate and timely service.

Our fees are as follows:

- Birth Certificate (certified and informational) - \$32.00
- Death Certificate (certified and informational) - \$24.00
- Fetal Death Certificate - \$21.00
- Burial Permits \$12.00
- Burial Permits / Fax Filing Fees \$12.00 + \$1.00 = \$13.00 (Public)
- Authentication Letters – (birth and death) \$10.00
- Non-contagious Letters – (death) \$10.00



California Health and Safety Code – Section 103650 states a fee must be collected before a search for the birth and death certificate is made whether the record is found.

Hours of Operation

Monday - Friday, 8 a.m. to 4:00 p.m., excluding holidays

Birth and Death Certificates for General Public

Monday – Friday, 8 a.m. to 4:00 p.m., excluding holidays

Permits for the Disposition of Human Remains for Mortuaries and General Public

Monday – Friday, 8 a.m. to 3:00 p.m., excluding holidays

Must have a certified copy of the death certificate or the original transit permit.



Link to Order Certificate



Office of Vital Records



Assessor-County Clerk-Recorder

Records for 2022 or earlier





Health Equity Program



Our Vision: A county where all individuals thrive by embracing diversity, fostering inclusivity, and collectively empowering our community through active engagement in shaping policies, systems and structural change.

Our Mission: To advance health equity, champion social justice, and eliminate health disparities to cultivate a vibrant community where all individuals have fair access to live, learn, work, and play.

Awarded
\$11 million
to reduce
COVID-19 related
health
disparities

Distributed
additional
\$300K
to support 14
contracts

Allocated
\$1.5 million
to develop
County
Interagency
Partnerships

EquiTEA
released
30
Podcast
episodes

Community Partnerships

Through the CDC National Initiative to Address COVID-19 Health Disparities grant the Health Equity Program has awarded \$11 million across 15 contracts focused on reducing COVID-19 related health disparities over a 5-year period. Through Inland SoCal 211+ (United Way) as a fiscal intermediary, we were able to distribute an additional \$300,000 to support 14 contracts, including an additional 9 new partnerships with entities not previously funded by this grant.

County Interagency Partnerships

The Health Equity Program also allocated \$1.5 million to develop County Interagency Partnerships to address these disparities in partnership with other branches and departments, including MCAH, Injury Prevention Services, RUHS-Behavioral Health and Housing and Workforce Solutions.

Health Communications Team

The Health Communications team releases monthly EquiTEA podcasts with special guests that include representatives of community-based organizations, faith-based organizations, elected officials and medical providers.



EquiTEA
podcast



Health Equity
Program



Riverside County Health Coalition (RCHC)

Since 2009, the Riverside County Health Coalition meets quarterly to provide a forum to share knowledge and experience; collaborate and network with other agency partners, schools, and organizations to coordinate county-wide efforts in the promotion of healthier living throughout our County.

To learn more about RCHC visit us at: <https://www.ruhealth.org/riverside-county-health-coalition>

Community COVID-19 Impact Hub

The COVID-19 pandemic exacerbated existing health inequities, and its impact continues to be felt among communities today. The Hub displays health and social data and provides context to data via stories and narratives collected during listening sessions from community partners and programs serving primarily underrepresented demographics.

View the Impact Hub at: <https://www.ruhealth.org/he-community-covid19-impact-hub>

Health Equity & Justice Committee (HEJC)

The Health Equity and Justice Committee’s (HEJC) purpose is to promote equitable practices within RUHS- Public Health, create opportunities to achieve the highest level of physical and mental health, and reduce barriers for all members of the community. The HEJC will collaborate with and advocate for branches to include equitable services in Public Health programs.

RCHC has
over 100
multi-sector partners
working together to
improve health
outcomes

17 CBOs
participated in the
Community
COVID-19 Impact
Hub listening
sessions

13
branches
are currently
represented
in the HEJC



Riverside County
Health Coalition



Community COVID-19
Impact Hub



Health Equity Community Outreach

The Health Equity Community Outreach Program features a full-time outreach team focused on supporting underserved and at-risk populations. This community-driven approach allows us to connect personally with residents.

Health Equity Community Outreach Highlights

Attend hundreds of community events annually

Assist thousands of community members through outreach

Fund projects for more than **30** nonprofits

Distribute thousands of COVID-19 test kits

Distribute thousands of fentanyl test strips

Distribute thousands of doses of naloxone

Distributed hundreds of Xylazine test strips

Collaboration

- The **RivCo ONE Collaborative** team enhances community outreach through partnerships with other County departments to:
 - Plan and coordinate outreach efforts.
 - Raise awareness of County services and increase community engagement.
- The **Strengthening Public Health Collaborative** is a department-wide initiative that unites public health programs with outreach efforts to:
 - Address community needs and better serve diverse populations.
 - Increase community engagement and improve resource distribution.
- **Offer funds to nonprofits** to address health education, promote wellness, and advance equitable health outcomes.



- Support and fund the **RUHS-Public Health and United Way Nonprofit Academy**
 - The academy includes a variety of sessions to help prepare to apply for, receive, and manage funding.
 - It engages hundreds of participants and organizations, expanding knowledge and collaboration opportunities.
- Manage funds to enhance workforce capacity, support professional development, and address public health hazards by improving laboratory, epidemiology, and surveillance capabilities.



Climate Justice Program

Building Resiliency in Underserved Communities

Launched in 2024, the Climate Justice Program works to address the disproportionate impacts of climate change on underserved communities across Riverside County. We ensure equitable, public health-centered climate resilience strategies by advancing regional collaboration, workforce education, and data-driven solutions.

Key Accomplishments

Regional Collaboration Through Equity Accelerator

- Partner with 7 Southern California jurisdictions as part of the Regional Climate Equity Accelerator led by the Public Health Alliance of Southern California. The Accelerator fosters collective action to operationalize regional equity, strengthening alignment and accountability among public health leaders.

Community Engagement via Taskforce Initiatives

- Participate in the Health Equity and Justice Taskforce through RUHS Health Equity Team.
- Provide space for community organizations and partners to identify solutions for improving RUHS-PH services.
- Assess the use and accessibility of cooling and warming centers to serve vulnerable populations better.

City of Riverside Climate Action Plan

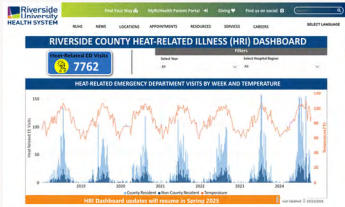
- Serve as subject matter experts to ensure Riverside’s Climate Action Plan prioritizes equity and public health as part of its General Plan update.

Data-Driven Solutions for Extreme Heat

- Work with our Epidemiology data team to develop the Heat Illness Dashboard, a comprehensive tool tracking extreme heat intersection with chronic illness and fatalities. This dashboard helps inform policy, identify vulnerable populations, and guide preventative strategies.

Why It Matters

Climate change exacerbates health disparities in underserved communities. By prioritizing equity, data-driven approaches, and community-centered solutions, the Climate Justice Program builds healthier, more resilient communities while advancing Southern California’s leadership in climate equity.



Heat-Related Illness Dashboard

www.ruhealth.org/heat-related-illness-dashboard



Children's Medical Services

Who We Are

Children's Medical Services (CMS) provides specialized medical care, therapy, and prevention programs to improve the health and well-being of children and young adults in Riverside County. We support children with complex medical needs by ensuring access to high-quality care, offering physical and occupational therapy for those with disabilities, and promoting early detection and prevention of health risks like lead poisoning. Through collaboration with families and community partners, we strive to enhance health outcomes and quality of life for children with specialized healthcare needs.

Programs

California Children's Services

California Children's Services (CCS) is a statewide program that provides funding for treatment of children with certain physical limitations and chronic health conditions or diseases. CCS also authorizes and pays for specific medical services and equipment provided by CCS-approved specialists. With guidance from the California Department of Health Care Services, the RUHS - Public Health operates the CCS program countywide. The program is funded with State, County, and federal funds, along with some fees paid by parents. If you or your child's doctor believes that your child might have a CCS-eligible medical condition, the program may pay for or provide a medical evaluation to determine if your child's condition is covered.

CCS: Medical Therapy Program

The Medical Therapy Program (MTP) is a specialized service under California Children's Services (CCS) that offers physical therapy (PT), occupational therapy (OT), and Medical Therapy Conference (MTC) services to children with disabling conditions, typically related to neurological or musculoskeletal disorders. Riverside County operates 9 Medical Therapy Units (MTUs) across the county to provide these services. The CCS MTP provides medically necessary PT and OT services, as well as MTC services, to children and young adults under the age of 21 who have conditions that qualify for the program. Conditions eligible for the CCS MTP include cerebral palsy, neuromuscular diseases, musculoskeletal disorders, juvenile rheumatoid arthritis, spina bifida, brachial plexus injury, and acquired injuries or illnesses like burns and traumatic brain injuries.



Childhood Lead Poisoning Prevention Program

Lead poisoning can be very harmful to children. Children under 6 are the most vulnerable to the effects of lead poisoning. Lead can be inhaled or ingested, and the level of lead builds up in a person's blood.

The Childhood Lead Poisoning Prevention Programs (CLPPP's) goals are to:

- Raise awareness of lead poisoning, prevention, and testing.
- Timely detection of all children who are lead poisoned.
- Provide equitable and child-centered care for families who are lead poisoned.
- Create lead-safe environments.
- Provide outreach and distribution of educational materials.

If you think your child has been exposed to lead, that your house contains sources of lead, or if your child demonstrates any of the symptoms of lead poisoning, please call our program at **1-800-346-6520**.

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99%

Satisfaction
Rating

10

Locations

14,500+

Clients
Served

California Children's Services

California Children's Services (CCS) is a statewide program that provides funding for treatment of children with certain physical limitations and chronic health conditions or diseases. CCS also authorizes and pays for specific medical services and equipment provided by CCS-approved specialists.

Services Provided

- **Medical Case Management**
- **Medical Therapy Program (MTP)**
The MTP provides medically necessary physical therapy (PT), occupational therapy (OT), and Medical Therapy Conference (MTC) services for children with eligible conditions. There are NO income requirements to receive Medical Therapy Program services.

- **Support with the Transition to Adulthood**
- **Family Compass**

Family Compass is a part of the CCS Program, designed to support caregivers and siblings of our clients. Family Compass hosts weekly workshops on a variety of topics unique to children and youth with special healthcare needs.

- **Online Application and Case Renewal**

Eligibility

To receive CCS services, a person must:

- Be under 21 years old.
- Have or may have a medical problem that CCS covers.
- Be a resident of California; and
- Have a family income of less than \$40,000.
- OR one of the following:
 - Medi-Cal (full scope, no cost);
 - Out-of-pocket medical expenses expected to be more than 20% of the family income.
 - A need to see a doctor to find out if there is a health problem covered by CCS.
 - Adopted your child with a known medical problem that is covered by CCS.



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Over
750
Clients
Served

Childhood Lead Poisoning Prevention Program

The Riverside County Childhood Lead Poisoning Prevention Program (CLPPP) provides lead poisoning testing to children under the age of 6 along with follow-up services like home visits and case management.

Target Population

- Infants.
- Children.
- Families.
- Low-income individuals.
- Parents.

This program provides:

- Health education about lead poisoning.
- Assistance in lead removal within homes.

Services

- Case management.
- Environmental investigation.
- Health & safety education.
- Help finding healthcare.



Eligibility

- Must reside in Riverside County.
- Must have a child under the age of 21 with a Blood Lead Level above 3.5 mg/dL.
- This program helps people and families who are younger than 21 years old.

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MCAH / Public Health Nursing

Who We Are

MCAH / Public Health Nursing (PHN) is a highly skilled multi-disciplinary team offering community based home visiting programs, support groups, and case management services for infants, children, adolescents, pregnant and parenting families, adults, and seniors. Services include health assessments and screenings to address the physical, developmental, and emotional needs of individuals, while promoting healthy behaviors. Additionally, the team connects families to vital local community resources and services.

Outcomes Achieved: Improved birth outcomes, higher breastfeeding rates, increased access to healthcare, increased immunization rates among children, reduced rates of child abuse and neglect, and higher parenting teen graduation rates. Our clients report an increased knowledge of healthy behavior and understand when and how to access healthcare and are empowered as advocates. Our teams work in partnership with families recognizing their resilience while supporting families toward self-sufficiency and achieving their personal and family goals.



List of Programs

- Adolescent Family Life Program (AFLP)
- Black Infant Health (BIH)
- Cal-Learn Program
- Comprehensive Perinatal Services Program
- Enhanced Medical Services
- Field Nursing
- Health Care Program for Children in Foster Care (HCPFC)
- Healthy Families America Program
- Parents as Teachers Program
- Perinatal Equity Initiative
- Nurse-Family Partnership (NFP) Program
- Sudden Infant Death Syndrome Coordinator
- Wraparound Program



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For More Information

call (800) 794-4814 or (951) 358-5438 email: MCAHRivcoReferrals@ruhealth.org



800-794-4814



www.ruhealth.org/public-health/nursing-maternal-child-adolescent-health



4065 County Circle Drive
Riverside, CA 92503

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Adolescent Family Life Program

The Adolescent Family Life Program (AFLP) is here to help you and other young parents grow into the best people- and best parents- you can be. AFLP is a **VOLUNTARY** and **FREE** strengths-based case management program that utilizes the Positive Youth Development (PYD) model and helps young parents achieve their goals, learn life skills and build healthy connections.



Services Provided

One-on-one support and resources in the following areas and more:

- Family planning and safer sex.
- Health and healthcare.
- Education and work.
- Healthy relationships.

Eligibility

- Parenting or expecting a baby.
- 21 years of age and younger.
- Live in Riverside County.

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black infant health

Empowering Pregnant and Mothering Black Women

Black Infant Health

Black Infant Health (BIH) aims to improve health among African American mothers and babies by empowering pregnant and mothering African American women to make healthy choices for a brighter future.

Services Provided

- **GROUP SESSIONS** for prenatal (10 sessions) & postpartum (10 sessions).
- **TRANSPORTATION** assistance to and from group.
- **INDIVIDUAL LIFE COACHING** and one on one support.
- **HEALTH AND FAMILY** support referrals.
- **SUPPORT SERVICES** from a public health nurse, mental health professional, and family health advocate,
- **RESOURCES** in nutrition, breastfeeding, lactation, parent education and more.



Eligibility

- 16 years or older.
- Identify as African American or Black.
- Currently pregnant or up to 6 months postpartum.
- Live in Riverside County.



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Cal-Learn Program

Reach For Your Dreams



Cal-Learn is a statewide program for pregnant and parenting teens in the California Work Opportunity and Responsibility to Kids (CalWORKs) program. It is designed to encourage pregnant and parenting teens to graduate from high school or its equivalent, become independent, and form healthy families. Three coordinated services help teens become self-sufficient adults and responsible parents.

Services Provided

- Intensive case management to obtain education, health and social services.
- Supportive services such as childcare, transportation, educational expenses.
- Bonuses to encourage school attendance and good grades. Four \$100 bonuses per year may be earned based on report card results, and a one-time \$500 bonus for graduating or attaining an equivalent high school diploma.



Eligibility

Pregnant / parenting teens who are receiving CalWORKs are required to participate in Cal-Learn if:

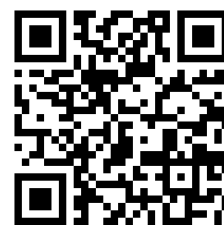
- They are under the age of 19.
- They live in the same household as their child.
- They have not graduated from high school or its equivalent.
- They are not in foster care.

How to Apply / To Learn More

Riverside County Department of Public Social Services **888-960-4477**

Cal Learn Program | Riverside University Health System **800-794-4814**

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Enhanced Medical Services

The Enhanced Medical Services (EMS) program is part of the MCAH / PHN branch. The program consists of public health nurses that monitor the health status of children that have special health care needs and who are clients of Riverside County DPSS, Children’s Services Division.



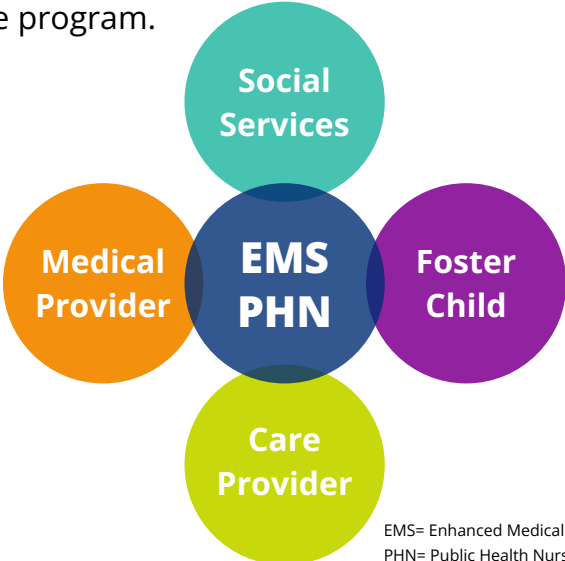
Services Provided

- Initial and periodic assessment of children with special health care needs.
- Consult with social service practitioners (SSPs) on child’s placement needs.
- Conduct health training for caregivers.
- Coordinate and collaborate with individuals and entities involved to achieve optimal health outcomes for children in the program.



Eligibility

- Services are available to clients of DPSS Children’s Services Division only.
- SSPs submit referral for child evaluation.
- Child and family receive services if child meets medically fragile criteria.



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Field Nursing



Field Nursing – Targeted Case Management Program

Field Nursing is primarily a home visitation program. The staff responds to a broad spectrum of public health nursing referrals. The Public Health Nurses help individuals and families prevent illness and maintain or achieve good health by providing the following services throughout the county and there are no eligibility requirement to receive these services:

This program provides

- Determine health needs and learn positive health practices.
- Understand the significance of health problems.
- Plan for health care by utilizing community resources.
- Performs health evaluations and provide teaching and counseling in the home.



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Healthy Families America (HFA)

Healthy Families America (HFA) is a nationally recognized pregnancy, infant, and early childhood family support program. We support parents in building nurturing, safe, and trusting relationships that create a healthy environment for the entire family.

Services Provided

- Home visits to provide information about pregnancy, postpartum, and infant care.
- Resource navigation to obtain additional support services beyond this program.
- Developmental screenings with activities to promote bonding and healthy growth.
- Health education about recognizing a baby's cues and how to respond to their needs.
- Assistance with problem-solving and goal setting.

Eligibility

- People who live in Riverside County and are pregnant or have a baby 3 months old or younger.



Nurse-Family Partnership



The Nurse-Family Partnership (NFP) Program is an evidence-based, intensive home visitation program that focuses on first-time mothers 28 weeks pregnant or less and aims to improve the birth outcomes for their children. A Public Health Nurse provides services to the mom and their family over a two-and-a-half-year period.

Core Services

Home Visits (Telehealth visits upon request / approval). Your Public Health Nurse will support first time moms to:

- Have a healthy pregnancy and a healthy baby which includes:
 - Physical assessments for mom and baby.
 - Vital sign assessments including blood pressure and more.
 - Medical case management.
- Become the best mom you can be:
 - Learn and practice things that make you more confident as a mom like breastfeeding, nutrition, child development, safe-sleep techniques and more.
 - Get referrals for healthcare, childcare, job training and other support services available in your community.
 - Continue your education, develop job skills, or follow your dreams for the future.



Eligibility

To receive free NFP home visitation services, a mom must:

- Be pregnant with her first child.
- Be 28 weeks pregnant or less.
- Meet income requirements – such as eligibility for WIC and / or Medi-Cal.
- Live in Riverside County.
- The father, family members, and friends are welcome to participate in the program, but the mom is the main focus.

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Parents As Teachers

The Parents as Teachers (PAT) program is dedicated to providing comprehensive support and resources to families with young children. Our mission is to ensure that every child gets the best possible start in life through early intervention and education.

Services Provided

- Personalized Home Visits: Tailored sessions by trained parent educators to support child development and parent-child interactions.
- Group Connections: Opportunities for families to connect, share experiences, and learn from each other.
- Developmental Screenings: Regular assessments to monitor children's progress and identify any potential concerns early on.
- Resource Network: Access to a broad array of community resources and services to meet the unique needs of each family.



Eligibility

- Families with children from prenatal to kindergarten age.
- Live in Riverside County.
- Families seeking support with parenting skills, child development, and access to community resources.

PAT Program Highlights

The Parents as Teachers (PAT) program has grown and continues to achieve several significant milestones and accomplishments including:

- Home Visitations.
- Video Conferences.
- Telecommunications.
- Engage App Location.
- Community Site Visits.
- Diaper Distributions.

Partnerships

- Riverside Junior League Diaper Bank: PAT has partnered with the Riverside Junior League Diaper Bank and has assisted in distributing diapers to all 55 families served every month.
- First 5 Partnership: PAT and First 5 have partnered to serve an additional 20 families who are part of CalWORKs.



Perinatal Equity Initiative



The Governor’s budget appropriated new funding to the California Department of Public Health (CDPH) / Maternal, Child and Adolescent Health (MCAH) Division to establish the California Perinatal Equity Initiative (PEI).

The purpose of PEI is to address the causes of persistent inequalities and identify best practices to deal with disparities in Black infant mortality. The RUHS-PH Perinatal Equity Initiative currently funds two community agencies that are implementing evidenced-based and informed interventions that will further provide resources and services to bridge the gap to Black Infant Health services. These interventions include:

- Fatherhood Initiative Services Program.
- Community Doula Services Program.

Services Provided

- Doula Sessions (Enroll 25 per fiscal year)
- Fatherhood Classes (Enroll 100 per fiscal year)
- Community Advisory Board
- Public Awareness Media Campaign

Eligibility

- **Doula Sessions:** Free to pregnant Black / African American women living in Riverside County.
 - Doulas will provide 3 prenatal visits, attend and assist with labor & delivery, and a minimum of 2 postpartum visits (within 8 weeks of delivering baby) and will provide lactation support both prenatally and up to 8 weeks postpartum.
- **Fatherhood Services (Free 24/7 Dad Classes):** Fathers must be in a relationship with a pregnant or parenting African American woman living in Riverside County.
 - Men may be first time parents or have multiple children by the African American woman.
 - If the African American woman is parenting, the child(ren) must be less than 1 years of age.
- **Community Advisory Board:** The RUHS-PH BIH / PEI currently conducts quarterly Community Advisory Board (CAB) meetings with community partners with a vested interest in seeing better perinatal outcomes for Black women / birthing families in Riverside County. We welcome parents, community members, CBO’s, perinatal providers, doulas, midwives, mental health providers, students and anyone interested.

Accomplishments

April 15, 2024 - RUHS-PH
PEI Fatherhood Program Awarded
the Association of Maternal & Child
Health Programs (AMCHP)
Community Partnership Award.



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Sudden Infant Death Syndrome (SIDS) Program

Sudden Infant Death Syndrome (SIDS) is the death of a baby less than one year old during sleep that is unexplained, even after a thorough and complete investigation. The SIDS program also includes all forms of Sudden Unexplained Infant Death (SUID), which can include accidental asphyxiation (suffocation), unknown causes due to incomplete investigations, and SIDS.

Core Services

Currently, there is no known cause of SIDS. The SIDS program is committed to using data about SUID / SIDS to carry out strategies and interventions to reduce infant death, including outreach and education about best practices for infant safe sleep to lower potential for SIDS and sleep-related suffocation, asphyxia and entrapment among infants.

The SIDS Coordinator helps to support families who experience the tragedy of a SUID / SIDS death by offering support and connecting families to local resources and services to help impacted families deal with this situation. The SIDS Coordinator also conducts trainings in the community with obstetrical providers, pediatricians, childcare centers, shelters, nursing students, and other community groups to educate by increasing awareness and learning ways to reduce the risk of SIDS / SUIDS.



The Health Care Program for Children in Foster Care

The Health Care Program for Children in Foster Care (HCPFC) provides Public Health Nurse consultation, oversight, and complex care management to address the medical, dental, behavioral, and developmental needs of Foster Youth in Riverside County.

The program functions as a part of local Child Welfare and Juvenile Probation Departments, providing services that bridge the unique health needs experienced by this population and the traditional health care system.

Services Provided

- Help families access medical, dental, and specialty care providers, as well as community programs.
- Coordinate care for foster children and youth placed with Resource Families.
- Gather, update, and share information to ensure continuity of care and that the child’s Health and Education Passport (HEP) and care team is up to date, including vaccines.
- Review medical records and health contact forms to assess health care needs.
- Serve as a resource for social workers, resource families, health providers, foster children and youth, and community partners.
- Function as a central point of contact to bridge and connect the activities of the health care entities providing services to this population.

Eligibility

- Foster children and youth from newborn to age 21.

Create
or update over

9,000+

Health Education
passports per year

Review
and case manage over

17,000+

medical
exams per year

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Wraparound Program

The Wraparound Program operates in partnership with the Department of Mental Health's Wraparound Programs to ensure that the health-related needs of families are identified and addressed through available community resources. The Public Health Nurse (PHN) works in partnership with the Department of Mental Health, Probation, and education.



This program provides

- A comprehensive health screening / assessment on all families receiving Wraparound services.
- Development of a family-specific plan for each family member based on the health screening.
- Linkage and referral services for health-related services for families in Wraparound.
- Education, training and consultation to the Wraparound staff on health-related issues.

Eligibility

- Referral through Behavioral Health and Probation Department

Who We Serve

- Youth on probation with health-related needs



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Nutrition & Health Promotion



Who We Are

The Nutrition & Health Promotion Branch is dedicated to building healthier and more physically active communities throughout Riverside County. Together, our team works towards influencing change at multiple levels: individual, family, businesses, organizational, neighborhoods, cities and countywide.

The branch serves more than 100,000 people each month across a variety of programs, each designed to make healthy food choices easier by promoting good nutrition and active living. Our belief in the power of good food fuels our mission to forge local business, farm and agriculture partnerships that support vibrant communities. Additionally, staff participate on coalitions and task forces to reach to all county residents while striving towards a vision of whole person integrative health.

Our community services include Healthy Retail strategies to promote access to locally grown foods through our Local Vendor Liaisons, Farmers Markets, and Local Food Systems programs. Additional nutrition and health education programs include CalFresh Healthy Living, WIC and Breastfeeding Support, Tobacco Free Communities, Integrative Dietitian Services, Blue Zone municipal partnerships, and Cardiovascular Health initiatives.

Our multiple UCCE programs promote children and adults in 4-H Youth Development, Agriculture Economics / Farm Management, Community Nutrition & Health, Master Gardner, Small Farm, and Vegetable Crops.

Community Nutrition Action Partnership (CNAP) Quarterly Meetings

The collaboration's mission is to increase consumption and access to healthy foods and to promote physical activity to support healthy eating and activity living through partnership with Community Based Organizations, school districts, local government agencies and healthcare organizations. Please contact the Nutrition and Health Promotion Branch if interested in becoming a CNAP Member.



Connect with us!

- **WIC:** www.rivhero.com or 1-855-RIV-HERO (1-855-748-4376)
- **Nutrition Services:** <https://www.ruhealth.org/public-health/nutrition-services>
- **Nutrition & Health Promotion:** (951) 358-5311
- **Farmer's Markets:** <https://ruhealth.org/farmers-market>
- **Loving Support 24 hr Helpline:** <https://ruhealth.org/ruhs-public-health/breastfeeding>
- **Tobacco Control:** <https://www.ruhealth.org/public-health/tobacco-control-project>
- **UCCE Programs:** <https://ceriverside.ucanr.edu/>

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Riverside University
HEALTH SYSTEM
Public Health



951-358-5311



[ruhealth.org/public-health/nutrition-services](https://www.ruhealth.org/public-health/nutrition-services)



4210 Riverwalk Pkwy, Suite 400
Riverside, CA 92505

Women Infants Children (WIC)

Program Highlights

Serve
70,000+
certified
participants
monthly

Contribute
\$5,000,000+
in the local grocery
industry
annually



Families Grow Healthy with WIC

RivHero WIC offers wholesome foods, appointments to fit your day, personalized health plans, wellness and breastfeeding coaches, online classes and tools to strengthen your family. The mission of Special Supplemental Nutrition Program for WIC is to improve the health of low-income women, infants, and children by providing nutritious foods, health education, breastfeeding support and referrals to healthcare. RivHero WIC provides services to thousands of women, children and families in Riverside County - all in an atmosphere of dignity and respect.

Who We Serve

- Pregnant & breastfeeding women.
- Postpartum women up to 6 months (breastfeeding up to 1 year).
- Children 0-5 years old.
- Women experiencing fetal loss.
- Grandparents raising children under 5 years of age.
- Parents of foster children under 5 years of age.
- Mothers and fathers of children under 5 years of age.

Services

- Food benefits that meet the special nutritional needs of eligible pregnant, breastfeeding, and postpartum women, infants, and children up to 5 years old.
- Farmers Markets.
- Online nutrition classes.
- Registered Dietitian Support.
- Breastfeeding Support & Loving Support 24 hour helpline.
- Infant formula.
- High-risk prenatal support.

Suggested Documents / Eligibility

- Qualifies with Medi-Cal or CalFresh or CalWORKs – Adjunctive eligible service.
- Low income (see income guidelines on website).
- California resident.
- Will need: ID, proof of address, proof of income, and Medi-Cal card.

Apply online at www.rivhero.com or call **1-855-RIV-HERO (1-855-748-4376)**



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to learn more





WIC is easy!

Use one California WIC Card for all your family's WIC benefits! Get healthy foods, breastfeeding support, and nutrition tips. Some WIC appointments can be done from home.

Women, Infants and Children (WIC) is a food and nutrition program for growing families.

WIC benefits include:

- Healthy foods.
- Nutrition and health information.
- Breastfeeding support.
- Referrals to health care and community services.

You may qualify if you:

- Are pregnant, breastfeeding, just had a baby (or recent pregnancy loss); or
- Have a child or care for a child under age 5; **and**
- Have low-to-medium income or receive Medi-Cal, CalWORKs (TANF), or CalFresh (SNAP) benefits; **and**
- Live in California.



Make Your Child a
SUPERHERO!
We can help!

visit www.rivhero.com
855-RIV-HERO

**RIVERSIDE COUNTY
WIC PROGRAM
855-748-4376**



YES!

Newly pregnant individuals, working families, including military and migrant families, are encouraged to apply! WIC welcomes partners, grandparents, foster parents, and guardians who care for eligible children.



California Department of Public Health, California WIC program

This institution is an equal opportunity provider.

1-800-852-5770 | MyFamily.WIC.ca.gov



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Loving Support Breastfeeding

Program Highlights

Loving Support
Helpline answers

+4,000

incoming and
outgoing calls
yearly

Graduates
students as
breastfeeding
experts to
support
the community



Learn more about many benefits and how to be successful at breastfeeding your baby. We provide Breastfeeding Coaches, and our WIC program loans new mothers breast pumps to keep their babies happy and healthy even when busy moms are physically away from their child.

- **24/7 Loving Support helpline: 1-888-451-2499**
- **WIC Breastfeeding Peer Counselor Program**
 - **Sistah Connection:** African American Moms experience a supportive community where they share, learn, and grow together to strengthen breastfeeding practices.
 - **WIC @ Work:** Empowers breastfeeding moms to make the transition from home to work with ease.
 - **Teen Scene:** Teens Educated and Empowered to Nurse for pregnant or breastfeeding mothers aged 19 and under to encourage breastfeeding and the transition back to work or school.
- **WIC offers one-to-one counseling** with an International Board-Certified Lactation Consultant (IBCLC) or Certified Lactation Specialist [1-855-RIV-HERO (787-4376)]
- **Our Regional Breastfeeding Liaison (RBL) program** works towards increasing breastfeeding initiation and duration rates by partnering with hospitals, healthcare providers, employers, and the breastfeeding support community.
- **Grow Our Own (GOO) IBCLC** offers a 106-hour college prep course designed for those who are interested in providing lactation support. The course also fulfills the lactation education requirement to sit for the IBCLC exam.

Loving  support
makes breastfeeding work



W@W
WIC at Work
Breastmilk Working Overtime


Teen Scene
Teens Educated and Empowered to Nurse


Sistah Connection
Sistah's Helping Sistah's


CALIFORNIA
wic
WOMEN, INFANTS & CHILDREN

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CalFresh Healthy Living Program

Program Highlights

Participate in
Policy,
Systems and
Environmental
PSE Changes

Direct
Education Reach:
14,000+
Children &
Adults per year



CalFresh Healthy Living program, federally known as the Supplemental Nutrition Assistance Program – Education (SNAP-Ed) is part of an ongoing effort to improve the health of families and communities in California. CalFresh Healthy Living supports healthy, active and nourished lifestyles by teaching Californians about good nutrition and how to stretch their food dollars, while also building partnerships in communities to make the healthy choice, the easy choice.

Target Population

- Low-income Riverside County communities where at least 50% of the population is at 200% Federal Poverty Level (FPL). Census information is used to determine eligibility.
- Title I schools where at least 50% of the students participate in the Free and Reduced Priced Meals Program (FRPM) or Community Eligibility Provision (CEP). Eligibility information provided by the California Department Education (CDE).



Services

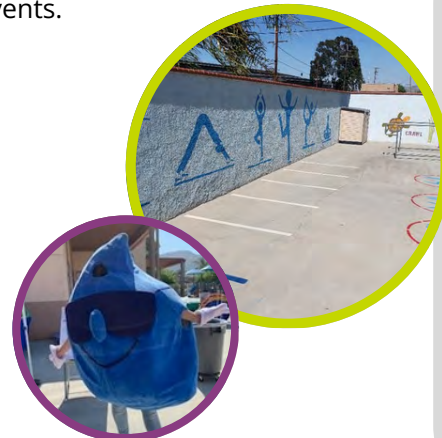
- Revitalization or new implementation of school gardens at eligible preschools -12th grade schools.
- Teach Common-Core aligned nutrition and physical education classes for preschool - 12th grade students.
- Teach general nutrition classes for adults ages 18+.
- Provide technical assistance with playground assessments and stencil projects to increase opportunities for physical activity among preschool – elementary school-age students. The Playground Stencil Leading Library is free of charge to child development centers, schools and Community Based Organizations (CBOs) in Riverside County.
- Provide Site Level Assessment Questionnaire (SLAQ) to assess school wellness activities for tri-annual assessments and School Wellness Policies (healthy classrooms celebrations, healthy vending, and access to water healthy beverages).
- Provide assistance with plate-waste studies (assessments) to reduce food waste in school cafeterias.
- Provide support for assessment and implementation client-centered School Food Pantries.
- Provide nutrition and physical activity materials at tabling events.

Rethink Your Drink Day

Statewide day of activation events are held annually during the Fall, as a reminder to our communities what you drink is as important as what you eat. The events promote healthier beverage choices and increasing water intake. Consumption of sugar sweetened beverages regularly can increase the risk of tooth decay and weight gain due to the extra calories!

For tips and more information visit:

<https://www.calfreshhealthyliving.cdph.ca.gov>



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951-358-5311



ruhealth.org/public-health/nutrition-services



4210 Riverwalk Pkwy, Suite 400
Riverside, CA 92505

University of California Cooperative Extension (UCCE)

Across California, the University of California's 64 Cooperative Extension offices are local problem-solving centers. We are the bridge between local issues and the power of UC research. Our County-based staff is part of the community – we live and work in the areas we serve.

About Us

- More than 300 campus-based specialists and county-based farm, home and youth advisors work as teams to bring practical, unbiased, science-based answers to problems across California.
- As part of the agricultural community, we help farmers develop more-efficient growing methods, solve pest management problems and develop crops and irrigation methods that use less water.
- As stewards of the land, we help develop smart water-use strategies, develop wildfire education and help preserve natural areas and farmland.
- As advocates for healthy communities, we promote healthy diets and exercise for better health, help Californians learn to choose the most nutritious foods and help shape the citizens of tomorrow through the 4-H Youth Development Program.
- Thousands of volunteers extend the reach of our work through the Master Gardener Program and the California 4-H Youth Development Program.
- We work in full partnership with federal, state, county and private resources.
- We are stewards, problem-solvers, catalysts, collaborators and educators.
- **We are UC Cooperative Extension.**



Our Programs

- Master Gardner Program
- Community Nutrition and Health: Expanded Food and Nutrition Education Program (EFNEP); CalFresh Healthy Living, and Master Food Preservers
- Vegetable Crops Program
- Riverside County 4-H Youth Development Program
- Biomass and Bioenergy Program
- Crop Production and Entomology
- Small Farm and Specialty Crops
- Subtropical Horticulture
- Viticulture
- Urban Watershed Resilience
- Natural Resources
- Agricultural Economics / Farm Management
- Woody Biomass and Bioenergy
- Climate Action and Land Equity (CALE)
- Integrated Pest Management

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Tobacco Control Project (TCP)



Riverside University Health System's Tobacco Control Project (TCP) envisions thriving communities with clean air, healthy living and freedom from the impact of tobacco. Our mission is to curtail the impact of tobacco through community mobilization and advocacy.

Building on the success of the tobacco control and prevention movement in California, TCP is working to create more tobacco-free spaces by building strategic partnerships, strengthening community leadership and sharing lessons learned.

TCP Program Goals

- Promote Cessation Education & Resources.
- Increase education about the harms associated with tobacco use, availability and advertising.
- Empower community partners and residents to become advocates in their communities.
- Reduce youth access to tobacco products.
- Create smoke-free communities in Riverside County.
- Prioritize, adopt and implement policy change to create healthy, smoke free communities.
- For more information call **(951) 358-4977** or visit <https://www.ruhealth.org/public-health/tobacco-control-project>

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Cardiovascular Health Innovation Program (CVH-I)

Mission

To improve blood pressure control, reduce disparities in hypertension / high cholesterol control, and increase utilization of social supports in the Riverside County areas with the highest hypertension estimates.

Population of Focus

Adults (18 years and older) that live in the following cities and surrounding areas with estimated hypertension prevalence of 53% or higher:

- Hemet
- Beaumont
- Menifee
- Desert Palms

Funding Source and Program Duration

- Centers for Disease Control and Prevention through the California Department of Public Health – Chronic Disease Control Branch.
- July 2024 through June 2028.

Approach

CVH-I has convened a Learning Collaborative in which organizations (e.g., health care and population health entities) work together to advance the following strategies:

- Track / monitor patients with hypertension and high cholesterol and implement clinical processes that improve health / wellness and health care quality.
- Implement / strengthen team-based care to prevent, detect, control and manage hypertension and high cholesterol within approved populations of focus.
- Link community and clinical services to advance comprehensive bidirectional referral / follow-up systems for optimal health outcomes.



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Riverside County Blue Zones Initiative

Riverside University Health System (RUHS) Public Health, along with local leaders, is working with Blue Zones to Activate 📍 Riverside, 📍 Banning, 📍 Mead Valley, 📍 Palm Springs, and 📍 Coachella to make them healthier places to live, work, grow up, and grow old.



Riverside County Blue Zones Cities

- 📍

Riverside
- 📍

Banning
- 📍

Mead Valley
- 📍

Palm Springs
- 📍

Coachella

Mission

“Our mission is to improve the health and lives of everyone in Riverside County, and we are committed to reducing the well-being gaps that currently exist,” said Kim Saruwatari, Director of Public Health at RUHS-PH. “We’re excited to partner with Blue Zones, a proven innovator in community well-being improvement, to make Riverside County a healthier, happier place where everyone can thrive.”

Community Transformation Process

Assess & Plan

Readiness Assessment ➡ Expert Guidance ➡ Plan to Transform

- Educate and mobilize local leaders and residents.

• Evaluate the community’s current state of well-being.

• Identify the highest priority challenges and opportunities.

Activate

Align Priorities ➡ Implement Key Policies ➡ Build Capacity

- Prioritize, adopt and implement key policy changes.

• Inspire citizen awareness and engagement.

• Attract additional resources.

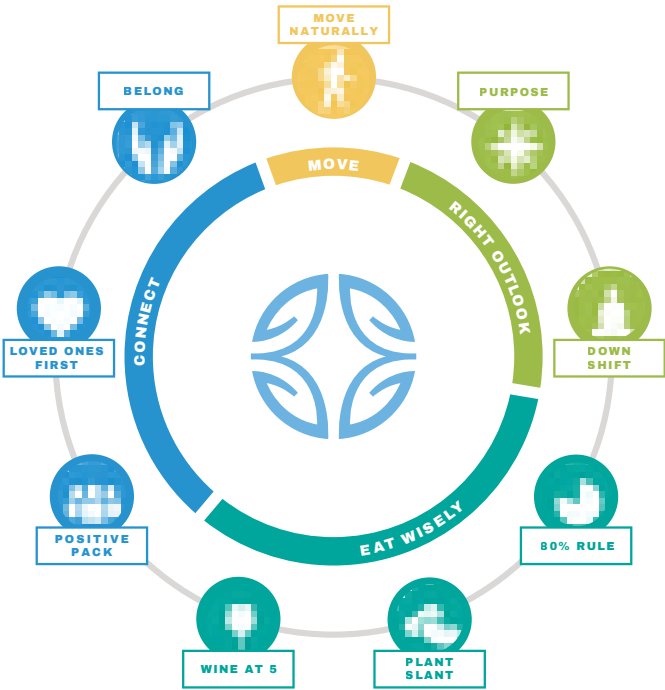
• Raise the community profile.

Transform

Expand Intervention ➡ Prove Impact ➡ Leverage the Value

- Make lasting changes to the environment in which people live, work, and play to collectively nudge people to move and connect more, eat wisely, and develop the right outlook.

• Sustain, measure and communicate the value of being a Blue Zones Community.



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Integrative Dietitian Services



Program Overview

Integrative Dietitian Services incorporates a personalized approach to nutrition, health and healing. Our dietitian services are focused on the whole person's health which involves connecting the dots between the mind, the body and the spirit. This targeted philosophy is centered around a holistic "Food as Medicine" approach to wellness, based solely on the Integrative Medicine Model. We incorporate a variation of nutrition therapies which include whole foods, supplements, and mind-body modalities, these therapies are the basis of "Integrative and Functional Medical Nutrition Therapy". Integrative medicine establishes the importance of building a strong foundation between the patient and the professional, centered around the whole person, while incorporating multiple health care professionals to achieve optimal health outcomes.

Services

Dietitians address underlying symptoms through evidence-based methods that include understanding the correlation between genetics, environmental and lifestyle components in addition to nutrition, sleep and stress.

Our goal is to empowering individuals, families, communities, and populations to improve their health in multiple interconnected biological, behavioral, social, and environmental areas.

Activities

Integrative Dietitian Services provide a holistic, personalized approach to health, wellness and healing which includes:

- Guidance on nutrient dense foods and lifestyle changes.
- Counseling on how psychological, physiological and environmental components that impact one's health.
- Recommended weight management programs to improve health outcome.
- Individualized guidance on dietary recommendations.
- Personalized meal ideas and supplements based on individualized goals.

Eligibility

At Riverside University Health System, we have 13 Community Health Centers (CHC's) that offer a range of primary and specialty services by dedicated healthcare professionals.

Express Care services are available at many CHC locations for patients with **non-emergency** health issues. In addition, **RUHS Mobile Health Clinic** visits Riverside County's rural and urban communities to provide care for patients who are unable to go to a CHC.

CHC's operate on a **sliding fee scale**, tailored to individuals' financial capabilities, ensuring access to care for uninsured residents. From preventive care to chronic disease management, patients can expect **comprehensive and personalized treatment plans that prioritize their well-being.**

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951-358-4977



ruhealth.org/public-health/nutrition-services



4210 Riverwalk Pkwy, Suite 400
Riverside, CA 92505

Injury Prevention Services

Who We Are

First established in 1995, the mission of Injury Prevention Services is to implement strategies that reduce injuries and fatalities to Riverside County residents. Our staff includes Child Passenger Safety technicians, Health Education professionals, Program Coordinators and more to serve our residents. The goals of our branch are to:

- Determine the most common causes of injuries in a community by obtaining community level data and conducting needs assessments.
- Design interventions to address the most common causes of injury.
- Work with existing community collaboratives or coalitions to foster support for prevention programming.
- Expand successful prevention programs throughout the county as needed
- Provide community education and outreach.

Injury Prevention Services has been awarded local, state and federal funding to provide services for the community.

List of Programs

- Oral Health Program
- Active Transportation Program
- Pedestrian and Bicycle Safety Program
- Child Passenger Safety Program
- Submersion and Drowning Surveillance
- Clean CA – Beautification and Public Space Transformation
- Carfit for Aging Adults
- Staff and Workforce Development
- Community Health Worker (CHW) Program
- Community Outreach
- Suicide Prevention Program
- Resilience Initiative
- Violence Prevention
- Overdose Prevention
- Impaired and Distracted Driving Program



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To learn more, please call (951) 358-7171 or visit [Injury Prevention Services | Riverside University Health System](https://www.ruhealth.org/public-health/injury-prevention-services)



Community Health Worker (CHW) Program

Community Health Workers (CHWs) are essential connectors within their communities, drawing on shared life experiences to bridge cultural divides. They provide tailored health education, coordinate care, offer support, advocate for individuals & communities, and foster community empowerment. CHW services include:

Health Education

Providing information and guidance to improve an individual's health or address barriers to care, including coaching and goal setting.

Health Navigation

Helping individuals access care, understand the system, and link to community resources.

Screening and Assessments

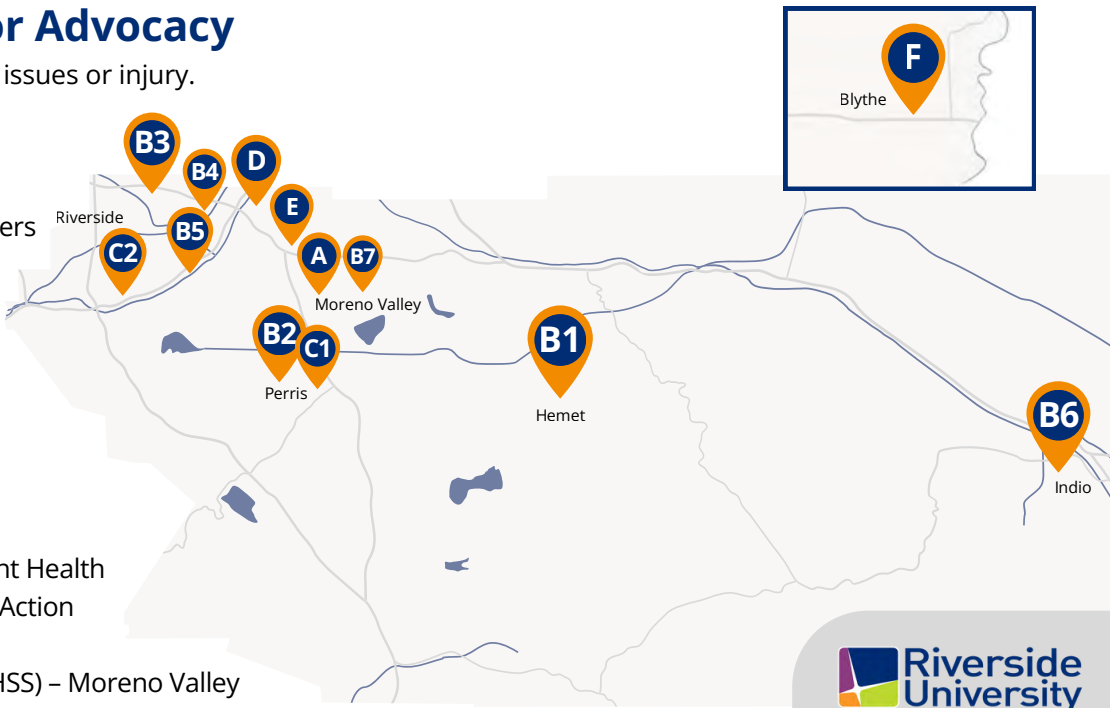
Conducting screenings and assessments, such as the Whole Person Health Score Assessment, while actively assisting individuals in accessing services to enhance their overall health and well-being.

Individual Support or Advocacy

Helping individuals prevent health issues or injury.

CHW Locations:

- A** 3 RUHS - Medical Centers
- B** RUHS - Community Health Centers
 - B1** Hemet
 - B2** Perris
 - B3** Jurupa Valley
 - B4** Rubidoux
 - B5** Riverside Neighborhood
 - B6** Indio
 - B7** Main Campus
- C** 2 RUHS - Public Health
 - C1** Maternal, Child, & Adolescent Health
 - C2** Riverside Overdose Data to Action
- D** Riverside Probation
- E** In-Home Supportive Services (IHSS) – Moreno Valley
- F** Department of Public Social Services (DPSS) – Blythe



Community Outreach

Ways to get involved:

- Student internships
- Volunteer opportunities
- Fellowships for medical students and residents
- One-Day-Observations
- participate in Fundraisers

As part of RUHS-Public Health, Community Outreach is more than just a program!

Community Outreach has made a commitment to enrich our communities by providing services and resources to the residents of Riverside County. Through annual health fairs, student internships, volunteer opportunities, interactive employee events and an array of other activities, we truly are more than your average program!

Student Internships

With over forty Student Affiliation Agreements with University and Colleges throughout California, Public Health Internship Program offers college students (both graduate and undergraduate) an opportunity to gain hands on experience, skills and knowledge.

Volunteer

Volunteer opportunities provide meaningful and rewarding work and benefit both the residents of Riverside and Public Health Programs.

Health Information

Public Health Information line 951-358-5000 – Connecting residents and partners with information, program resources and health fair / vaccine clinic events.

Special Events

All Staff Training Meeting – Annual meeting for all Public Health Employees to attend and receive updates from the executive team, listen to key-note speakers, highlight branch activities and distribute Abbey Awards.

Employee Engagement Activities

- Stress Free Stroll – May “Mental Health Month ”
- Halloween Contest
- Ghost Walk
- Harvest Fair / Soup & Chili Contest
- Halloween Costume Contest
- Holiday Open House
- Holiday Door Decorating Contest
- Cookie Express – Offsite Offices
- RUHS Week



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Impaired and Distracted Driving Programs



The Riverside County Be Wiser: Teen Impaired and Distracted Driving / Speeding and Occupant Safety Program (Be Wiser / SOS) and College Communities Against Drunk, Drugged, and Distracted Driving (CADD) Program provide education and awareness to reduce injuries and fatalities among teens and college-aged populations due to impaired and distracted driving.

Be Wiser Teen Impaired and Distracted Driving and Speeding and Occupant Safety Program

Population:

- Middle and High School Aged Youth.

Services:

- In-person or virtual education and resources.
- Bilingual (English and Spanish) Parent Presentations.

Highlights:

- Train Law Enforcement Explorers.
- Engage 300,000+ followers through social media sites via law enforcement and community sites.
- Multiple middle and high schools participate in the Be Wiser Program.
- Multiple middle and high schools participate in the Speeding and Occupant Safety Program.

College Communities Against Drunk, Drugged, and Distracted Driving Program

Population:

- College communities through Riverside County.

Services:

- In-person or virtual education and resources.

Highlights:

- Engage 35,000+ students via social media campaigns.
- Train hundreds of students on impaired and distracted driving.

Riverside County Oral Health Program

2024 Program Highlights

Provided oral health education and dental kits to

20,119

students

Distributed

6,300

youth and adult dental kits at community events

Won the 2024

CSAC Award

by Piloting Dental Screenings Utilizing Artificial Intelligence (AI)

The Riverside County Oral Health Program is funded by the California Department of Public Health for the purpose of educating residents regarding dental disease prevention and providing resources for treatment.

Vision

Oral health is valued as essential to overall health and well-being: opportunities exist to ensure that Riverside County residents are able to achieve optimal oral health.

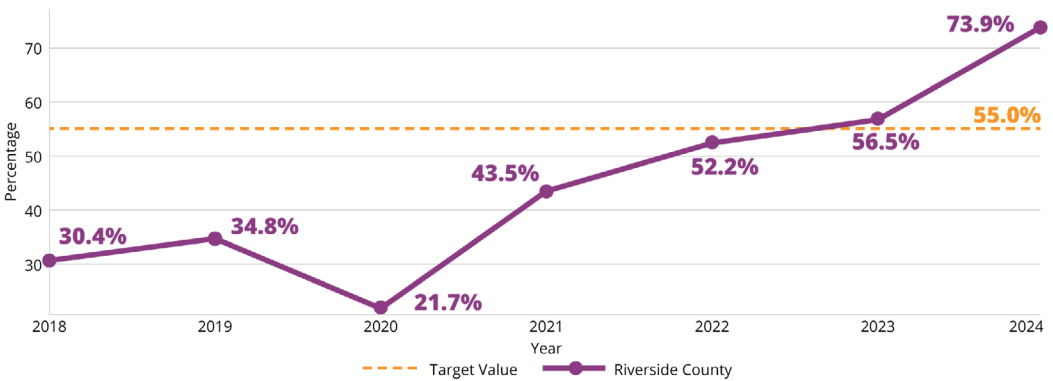
Mission

Improving Riverside County’s oral health through collaboration, outreach, education and advocacy.

Priority Areas

-  Surveillance
-  Collaboration
-  Communication
-  Collaboration
-  Integration
-  & Education

Percent of school districts reporting Kindergarten Oral Health Assessment (KOHA) data





Brush 2x a day with fluoride toothpaste



Floss Daily



Avoid sugary drinks



Eat healthy foods



Visit the dentist twice a year

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Riverside University
HEALTH SYSTEM
Public Health

Suicide and Overdose Awareness to Resilience

SOAR (Suicide and Overdose Awareness to Resilience), which encompasses three comprehensive training programs geared for 7th – 12th grade students with the goal of encouraging help seeking and promoting healthy behaviors.

Teen Suicide Awareness and Prevention (TSAPP)

TSAPP encourages young people to connect with a trusted adult and gives students the information and abilities they need to recognize possible suicide warning signs in friends and peers.

Overdose Awareness and Prevention (OAPP)

OAPP intends to inform students about the risks associated with drug overdose and the significance of prompt intervention.

The Resilience Initiative through Support and Empowerment (RISE)

RISE focuses on fostering students' mental health and resilience by outlining and highlighting useful coping mechanisms. RISE seeks to enable students to successfully overcome obstacles and adversity.

It is critical to educate and provide students with information on these important topics. We aim to create a secure and encouraging environment for students which can potentially improve future successes, and general well-being.

Facilitate
School
Trainings
focused on:

Teen Suicide
Awareness

Overdose Awareness
and Prevention

Resilience Initiative through
Support and Empowerment

Conduct
community/
Parents
Trainings

The staff takes part in community tabling activities since it's critical to disseminate local numbers and information that provide support to families, community members, and youth. With the help of tabling events, we can directly interact with a large number of people by providing them with information, materials, and resources about our services. This is another effective way the SOAR Team is able to increase awareness about Suicide and Overdose and encourage resilience throughout the communities of Riverside County.

Participate in
Community
Tabling
Events



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Safe Routes for All – Active Transportation Program



Funded by CalTrans’ Active Transportation Program, the Safe Routes for All (SRFA) initiative focuses on providing pedestrian and bicycle safety education to pre-K students through college students, seniors and the broader Riverside County community. Our main objectives are to increase the number of families walking and biking to schools and parks, boost park usage, build stronger communities, and reduce traffic injuries within Riverside County.

Benefits of SRFA programming

- **Safety:** SRFA helps advocate for safer environments for children to walk and bike to school by identifying the need for improved infrastructure such as sidewalks, crosswalks, and bike lanes.
- **Health:** By encouraging physical activity, SRFA programming promotes the health of students and works to lower rates of obesity, diabetes, and other health issues.
- **Environment:** Reducing the number of cars around schools helps decrease traffic congestion and air pollution, contributing to a cleaner and healthier environment which benefits everybody.
- **Community Engagement:** SRFA fosters a sense of community by bringing together parents, schools, local governments, and organizations to work towards a common goal of safe active transportation for children.
- **Accessibility:** SRFA ensures that all students, regardless of race, ethnicity, socioeconomic status, and ability benefit from programming.
- **Educational Benefits:** Physically active students tend to perform better academically. Walking and biking to school can improve concentration, attendance, and overall academic performance.

Safe Routes for All programming is essential for creating safer, healthier, and more connected communities. They provide numerous benefits that go beyond just transportation, impacting the overall well-being of students and their families.



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Did you know:
International Walk to School Day is celebrated on the first Wednesday in October?

SRFA distributes
500 helmets annually



Riverside University HEALTH SYSTEM
Public Health



Child Passenger Safety Program



Goal

Ensure all children have access to safe, appropriate, and properly installed child passenger restraints.

Purpose

By increasing access to affordable child passenger safety resources, the program improves knowledge among caregivers, increases correct car seat usage, and ultimately reduces preventable injuries and fatalities among children.

Who We Serve

Low-income families and caregivers across the County, with focus on high-risk communities.

What We Provide

- New, federally approved low-cost car seats and boosters.
- Hands-on education with certified Child Passenger Safety Technicians.
- Car seat checkup events and safety workshops.

Community Partnerships

Collaboration with law enforcement and fire departments, hospitals, family resource centers, and schools to expand reach.



13

Certified
Child Passenger
Safety
Technicians

1,000

Car seats or
booster seats
distributed
annually

125

Workshops
taught
annually

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Violence Prevention Program

Preventing child abuse and neglect / community and gang violence / domestic and intimate partner violence / elder abuse and neglect / firearm violence / hate crimes / homicide / human trafficking / sexual violence / suicide



Our mission is to empower communities to be a catalyst of change to build resilience in Riverside County.

Focus Areas

- Violence as a public health issue.
- Violence prevention awareness and resources.
- Workforce development and training.
- Multi-sector partnerships for violence prevention.

Services Provided & Program Activities

- School training programs for students, staff and parents on violence prevention.
- Developing training programs for a general violence prevention training for all staff as well as a tailored violence prevention training for staff who provide direct client services.
- Create and distribute protocols and toolkits on violence prevention.
- Sexual violence prevention for schools.
 - Partner with Riverside Office of Education and NORA (formerly Riverside Area Rape Crisis Center) to develop practices to respond to incidents of dating violence, sexual assault, stalking and/or sex trafficking of students.
- Technical support to partners on topics of:
 - Trauma informed practices.
 - Addressing root causes of violence.
- Community engagement:
 - Host quarterly collaborative meetings as well as monthly meetings to support our partners in violence prevention work.
- Utilize countywide survey results on violence to inform violence prevention activities in Riverside County.
- Host regular trainings to strengthen staff capacity, including topics such as cultural competency, motivational interviewing, de-escalation, and mediation.

Target Population

- School aged students.
- Community members.



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Riverside University
HEALTH SYSTEM
Public Health

Family Planning / Immunizations / Public Health Emergency Response Branch



Who We Are

The Family Planning / Immunizations / Public Health Emergency Response Branch is a cross-functional, multi-disciplinary team focused on:

- Planning, responding, and building community resiliency in Riverside County.
- Field response, health education, and health promotion.
- Personal health preparedness and disaster preparedness.

Key services provided:

- Education, Training, and Health Promotion
 - Topics include California School Immunizations Law, best practices in immunizations, reproductive health care, birth control choice, healthy interpersonal relationships, and prevention of hepatitis B during pregnancy or infancy.
- Emergency Preparedness and Response
 - Training for field emergency response, staffing the County Emergency Operations Center / Medical Health Department Operations Center, and personal / professional preparedness for disasters.
- Community Engagement
 - Hosting pop-up immunization / health screening clinics from Corona to Blythe.
 - Supporting school enrollment readiness in county schools.
 - Expanding on access to preventive health care.
 - Collaborating with RUHS Community Health Clinics, Temporary Assistance for Needy Families (TANF) offices, and other community partners.
- Emergency Response Activities
 - Supporting emergency evacuation shelters, local assistance centers, or community health assessment needs.
 - Working in partnership with the Riverside County Emergency Management Department, Department of Public Social Services, Behavioral Health and others.

Branch Highlights

Our Branch is the coordination and access point for the Vaccines for Children, Vaccines for Adults and California Bridge Access Program for COVID-19 vaccination. These programs support vaccine access to the most vulnerable in the community: those who are underinsured or uninsured. We maintain provider certification and continue to meet healthcare access and availability demands as a medium level vaccine provider. We support the Disaster Service Worker in Public Health supporting readiness and response training for the PH Department staff, as well as County Emergency Operations Center / Medical Health Department Operations Center staffing. Our team supports Riverside County adolescents and young adults with access to family planning education and connection to care, and partners with Tribal, Foster Youth, our Community Health Care clinics and Pact Parole events to support reproductive wellness.

Programs Include

- Teen Clinic
- Family Planning education and outreach at a variety of community locations / events
- Vasectomy classes
- Perinatal Hepatitis B Prevention and Case Management
- School Immunizations Law
- Medical countermeasure storage / handling / facilitation
- Public Health Emergency Preparedness and Planning
- Immunizations Mobile Teams
- Public Health Emergency Response



Family Planning Program



Family Planning is a team of highly skilled nurses and health professionals that work to provide high quality education, support and connections for the community. We pride ourselves in our knowledge of the most up to date family planning education, resources and support that are important for supporting healthier individuals and families.

What We Do

Family Planning collaborates with many organizations around Riverside County from Temecula to Blythe and aims to serve all constituents of Riverside County. Family Planning can provide resources and education to all as reproductive and sexual health is important throughout one’s life.

Family Planning offers services in a variety of settings and has multiple ways of reaching the community. Below are some of the locations we offer health education, including birth control options, health screening information, education on sexually transmitted infections (STIs), and vasectomy classes. Our health education is developed to meet the needs of the age being served and each presentation is culturally and linguistically appropriate.

- School district presentations (elementary to high school)
- Teen clinics
- Foster youth facilities and groups
- PACT Parole events
- Outreach events

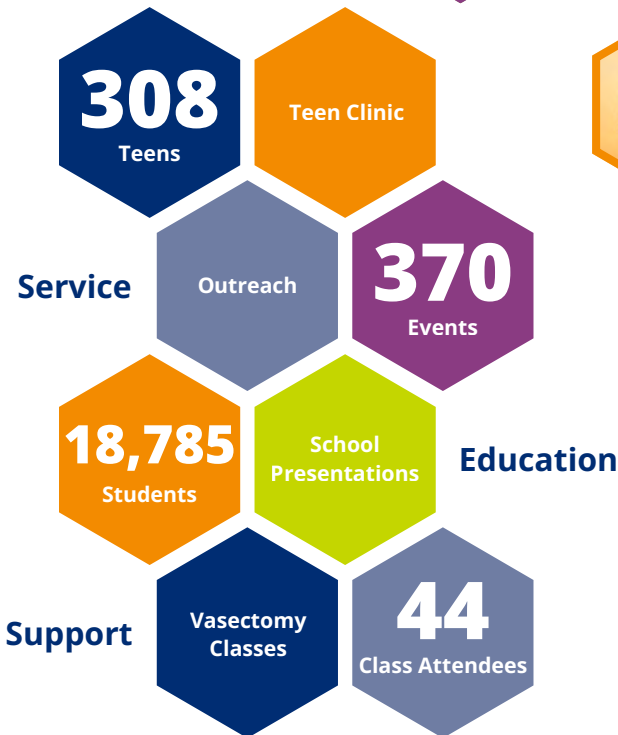


Team Highlights

The team worked with our health equity team to promote our teen clinics through a [video](#) that showcases the education and support provided to teens during our dedicated teen clinic hours. In addition to teen clinic, we have expanded our adolescent education to three school districts where the staff support elementary to high school with age-appropriate sexual health education.



Click [here](#) to watch the video



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Immunizations Programs



The Immunizations programs focus on providing education, resources, and immunizations. The teams are well versed in California School Law for immunizations, California Department of Public Health (CDPH) recommendations, perinatal hepatitis B prevention and case management as well as vaccine storage and handling best practices. Support is offered to persons of all ages as well as vaccine providers throughout the county.

PeriHepB Prevention

- The California Perinatal Hepatitis B Prevention Program (PHBPP) identifies pregnant persons infected with Hepatitis B virus and provides case management activities for the mother and their newborn infants.
- The program provides education to prenatal / OB / pediatric providers and their staff, and birthing hospitals.
- PHBPP ensures timely administration of prophylactic doses within 12 hours of birth, Hepatitis B immune Globulin, and Hepatitis B vaccines at the recommended intervals and coordinate post-vaccine serologic testing at 9-12 months of age.

School Immunizations

- The School Law Immunization program serves as a liaison between California Department of Public Health and all public / private schools and preschool childcare centers in Riverside County.
- The schools team provides education and training to school registration staff, school nurses, medical providers, and parents / guardians throughout Riverside County.
- The school team reviews immunization records, assists with Fall-Assessment and Spring Review, conducts site visits for schools with 10% or more conditionally enrolled students.

Medical Countermeasures Facilitations

- The Medical Countermeasures Facilitations (MCM) team ensures vaccines, therapeutics, pharmaceuticals, ancillary supplies and Personal Protective Equipment (PPE) maintain temperature-controlled storage and handling and accurate inventories.
- The team repositions public and privately funded vaccines and redistributes therapeutics and vaccines to county partners.
- MCM provides education and training to PH Mobile Teams staff, Community Health Centers, and outside county partners regarding best practices for vaccine storage and handling.

Immunizations Mobile Teams

- The Public Health Immunizations Mobile Teams provide a variety of preventive health care services and are active throughout Riverside County creating or supporting pop-up events to maximize access and availability of preventive health care and prioritizing the most at risk communities in Riverside County.
- These teams are the care providers for Riverside County Public Health's participation in the below publicly funded vaccine access programs:
 - The California Bridge Access Program which provides access to COVID-19 vaccine to those aged 19 and older who have little to no insurance or who meet eligibility with access to vaccines.
 - The Vaccines for Adults program which provides access to vaccines (outside of COVID-19) for those aged 19 and older who have little to no insurance or who meet eligibility criteria. Vaccines here include TDAP, pneumonia, meningitis, HPV, shingles and others.
 - The Vaccines for Children program which provides access to childhood vaccines for patients from birth to age 18 who have Medi-Cal, have little to no health insurance or who meet defined eligibility criteria. The VFC program covers COVID-19, HPV, DTAP / TDAP, MMR, Varicella and other vaccines needed for school entry.
 - The mobile team staff support emergency sheltering operations, providing health services at emergency shelters and support at Local Assistance Centers during recovery operations.

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Riverside University
HEALTH SYSTEM
Public Health

Public Health Emergency Response Program



Public Health Emergency Response is a partner program that makes up half of the foundation of the Medical Health Operational Area Coordination (MHOAC) Program. We partner with the Riverside County Emergency Management Department (EMD) to form the MHOAC program and support medical and health emergency impacts throughout Riverside County.

Emergency Preparedness with Standardized Training:

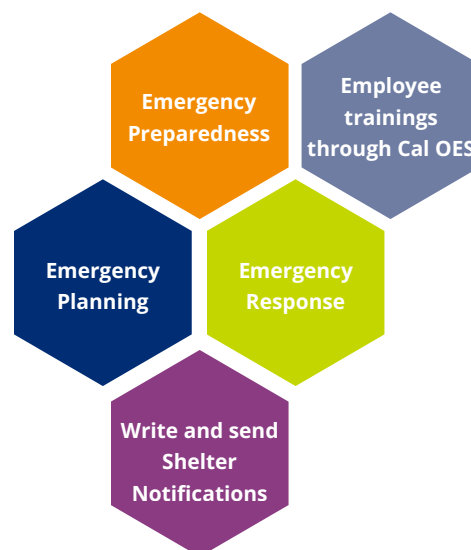
- Train Public Health staff on foundational Federal Emergency Management Agency (FEMA) and California Governor's Office of Emergency Services (Cal OES) including the Incident Command System (ICS), Incident Management trainings, and the Standardized Emergency Management training. This training keeps staff prepared to serve as disaster service workers in the Emergency Operations Center, Medical Health Department Operations Center, or during outbreak responses.
- Train Public Health staff (Nursing, Health Services Assistants, Health Education staff and Community Health Workers) that support Emergency Shelter operations on how to provide health services in this unique environment, and how to connect impacted community members to resources while recovering from disasters.
- Support exercises of emergency plans.

Emergency Planning

- Partner with EMD, other departments, and stakeholders to write and exercise emergency response plans.

Emergency Response Activities include and are not limited to:

- Provide health services and support to Emergency Sheltering efforts due to evacuation orders/warning.
- Conduct Community Health Assessments in partnership with RUHS-PH Epidemiology and EMD to determine health impacts of fire / flood / debris movement such as the Lawson incident.
- Support outbreak response and testing during communicable disease outbreaks and support congregate care facilities and community as needed.
- Support Local Assistance Center (LAC) staffing to provide community resource connection during recovery from a disaster.



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**Riverside University
HEALTH SYSTEM**
Public Health



Public Health Compliance Program

The Public Health Compliance Program is dedicated to supporting Public Health Programs in the delivery of high-quality services while ensuring adherence to regulatory, legal, and contractual obligations. Our comprehensive approach includes a range of services designed to promote compliance, mitigate risks, and maintain robust internal controls.

Core Services

Independent Internal Audit Activities

The program conducts independent internal audits to support the organization's compliance with regulatory and contractual requirements. Through these audits, we identify areas for improvement and provide actionable recommendations to strengthen compliance efforts and enhance internal controls.

Compliance Guidance and Training

We offer expert consultation and research assistance on state, federal, and local government regulations. Additionally, the program provides specialized training to staff, ensuring they are well-informed of evolving regulatory requirements and equipped to implement best practices.

Policy Coordination and Compliance

The program plays a pivotal role in coordinating policy updates across Public Health Programs. We ensure that policies and procedures are aligned with current regulations and industry standards, promoting consistent compliance across the organization.

Civil Rights Coordination

In collaboration with the County of Riverside and the Riverside University Health System Corporate Compliance Team, we oversee compliance with civil rights laws and regulations. Our responsibilities include managing investigations, addressing grievances, and ensuring that staff deliver equitable access to services for all clients, irrespective of race, color, national origin, sex, age, or disability.

Privacy Compliance

In partnership with the Riverside University Health System Corporate Compliance Team, we ensure compliance with privacy regulations governing the healthcare sector. Our services include privacy investigations, education, training, conducting privacy impact assessments, and regulating the use and disclosure of Protected Health Information (PHI) and Personally Identifiable Information (PII).

Public Health Information Technology

Who We Are

Public Health-Information Technology (PH-IT) team supports a comprehensive range of services tailored to meet the technological needs of our Public Health programs that support the Riverside County residents.

Project Management

PH-IT team manages Information Technology projects from initiation to completion to ensure seamless coordination, timely delivery, and adherence to budgets, all while aligning with organizational goals. Our project management services help streamline operations by ensuring that the projects are executed efficiently and successfully.

Application Analysis and Software Implementation

We conduct in-depth analysis to understand the specific needs of the organization, ensuring that the right software solutions are chosen and implemented effectively. PH-IT's team of experts ensures smooth software deployment, tailored to fit business processes and goals.

Application Support and Development

Our team offers application support and development to ensure software runs smoothly and efficiently. From troubleshooting to updates and enhancements, we ensure that the applications are always optimized for performance, reducing downtime and improving user experience.

Technical Guidance and Training

PH-IT provides hands-on technical guidance and training to ensure that the team is well-equipped to use new tools and technologies.

Website Development and Content Management

Our website development team supports the organization's needs by designing user-friendly, secure websites, and managing content that makes it easy for county residents to quickly access the resources they need.

Data and Informatics Reporting

We help support data-driven decisions by offering data and reporting services. Our team provides detailed insights by developing data repositories, reports and seamless integration with other systems.

Infrastructure and Hardware Support

In partnership with Riverside University Health System - Information Services (RUHS-IS) and Riverside County Information Technology (RCIT) teams, we provide a comprehensive range of hardware and infrastructure services. These include Help Desk and End-User Device Support, server and network infrastructure management, secure storage and backup solutions, and robust security services.



Fiscal Branch

Who We Are

The Fiscal Branch enhances financial decision-making through budget management and financial transparency. By diligently maintaining accurate records of business transactions, managing accounts payable, ensuring the prompt submittal of grant claims, and overseeing insurance billing for clinic visits and Public Health labs, we support the seamless administration of our Public Health grants and programs that bolster the well-being of Riverside County residents.

In General Accounting

• Accounts Payable

- Process payments to our vendors obtaining approval to pay for services or matching packing slips for supplies received.
- Process employee expense reimbursement claims.
- Collaborate with the Procurement & Logistics, Auditor Controller (ACO), and others.
- Assist vendors with replacing lost warrants, wire payments, their accounts receivable statements, and payment status.

• Deposits

- Process daily deposits for monies received at the branches.
- Collaborate with County Treasury Department on electronic payments and accounting strings.
- Coordinate with armored car services for daily bank deposit pick up.
- Complete monthly pass thru vital records, receipts report, and payment to the state.

• Insurance Billing

- In Electronic Health Record (EHR) system (EPIC), work claim edits and follow up work queues.
- Engage with Health Plans around provider contracts.
- Provide insight into Power BI dashboards.
- Manage reporting on claims submitted and payments received.
- Supply data to grant accountants for grant claim submittals.
- Collaborate with consultants to streamline processes.
- Coordinate for payment posting to patient accounts.

• County Medi-cal Administrative Activities (CMAA) /

Targeted Case Management (TCM) program

- Provide training for participating units.
- Collect, review data, complete, and submit quarterly claims.
- Complete annual cost report and manage audit requests.
- Track payments, issues pass through monies and reconcile accounts.

In Grants

- Complete monthly, quarterly, semi-annual, and annual grant claims as called for on the award contract.
- Manage grant audits, monitoring visits, follows up on accounts receivable.
- Review grant contracts and grant subcontractor contracts.
- Complete Indirect Cost Rate request to the state annually.
- Complete annual Certifications, Single Audit reporting, and other reports.

In Budgets

- Complete the department budget.
- Complete financial projections for each branch for monthly presentations.
- Monitor department branch spending and complete quarterly Reports of the department's budget status.
- Process Labor Correction journals to move cost to appropriate grants.
- Allocate support and overhead costs.
- Manage tracking of department positions.
- Manage and report on Capital Assets as well as Facilities Management Projects
- Manage the Medical Marijuana ID Card (MMIC) program



State of California Medical Marijuana Identification Card (MMIC) Program



In RUHS PH, MMIC program assists qualified patients/caregivers apply and submit their applications to the state of California.

This program was created to make a state authorized MMIC, along with a registry database to verify qualified patients and their primary caregivers. The MMICP web-based registry allows law enforcement and the public to verify the validity of a qualified patient or primary caregiver’s MMICP as authorization to possess, grow, transport, and/or use medical marijuana within California.

Patients with serious medical conditions may qualify for the program with a Letter of Recommendation from their medical provider. To apply, the patient/caregiver must have a physician’s Letter of Recommendation, identifying documents at time of appointment, and submit applicable fees. Once the application is submitted, it is transmitted to the State database for issuance of the card. The MMIC card is only valid for one year and must be renewed annually.

How to Apply

Applications for Medical Marijuana Identification Cards will be accepted via mail and by appointment only. No Walk-ins. To schedule an appointment, call **951-358-7932** or **888-358-7932**.

What to Expect After Submitting Your Application

- It can take up to 35 days to receive your Medical Marijuana Identification Card.
- Your card will be mailed to you at the address provided.

The Medical Marijuana Identification Card (MMIC) staff members are looking forward to serving you. If you have any questions regarding this process, please call **1-(888) 358-7932** or write us at mmic@ruhealth.org



Contracts, Procurement and Budget & Grant Branch

Who We Are

Our team plays a vital role in managing and optimizing Public Health operations across multiple key functions. We oversee contracts, procurement, budget and grant liaison services to ensure effective resource allocation and financial compliance. Additionally, we provide communication services, including the management of cell phones and MiFis, while our logistics and warehouse teams facilitate the seamless flow of goods and services. We also maintain building systems and infrastructure to support the daily operations of Public Health, ensuring efficiency, reliability, and operational continuity.

Contracts

- **Needs Assessment:** Collaborate with stakeholders to determine contract requirements.
- **Drafting Contracts:** Create detailed contracts that outline terms, conditions, and obligations.
- **Legal Compliance:** Coordinate with County Counsel to ensure all contracts comply with relevant laws, regulations, and public health standards.
- **Transparency:** Provide clear and regular updates on contract status and performance.
- **Documentation:** Maintain comprehensive records of all contract-related activities and communications.

Procurement & Logistics

- **Order Fulfillment & Receiving Goods:** Pick, pack, and deliver products and mail to 60 stops throughout Riverside County including urgent or sensitive deliveries (lab specimens) and community cooling and warm centers. Inspect and store incoming products and materials.
- **Supplier Management & Selection:** Build and maintain relationships with suppliers and vendors. Identify and select qualified vendors through competitive bids for public health initiatives.
- **Purchasing Goods:** Negotiate purchases and contract terms for goods or services at the best value for the County. Evaluate costs and ensure purchased goods and services meet quality and performance standards to provide services to the community.



Budget & Grant Liaisons

Act as a liaison between branches, fiscal, procurement, contracts, departments and external stakeholders.

- **Budget Planning & Financial Analysis:** Collaborate with branches to develop annual budgets, financial plans, analyze spending patterns and identify cost-saving and spending opportunities.
- **Forecasting, Expense Tracking & Compliance:** Project future financial needs and potential challenges. Monitor branch expenditures to ensure adherence to budgets. Assist branches to adhere to grant requirements and regulations.
- **Collaboration & Problem-Solving:** Work closely with branches to address financial concerns, support their financial goals, navigate financial challenges and find effective solutions.
- **Training & Workshops:** Conduct training sessions to educate branch staff on budgeting and grant processes.



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