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American Heart Association Recognizes RUHS for Commitment to Exceptional Stroke, Diabetes Care

MORENO VALLEY, CA (Aug 4, 2026) – For the 13th consecutive year, Riverside University Health System – Medical Center (RUHS - MC) in Moreno Valley has received awards from the American Heart Association for its treatment of stroke.

The Medical Center received the Get With The Guidelines - Stroke Gold Plus quality achievement award for ensuring stroke patients receive the most appropriate treatment according to nationally recognized, [research-based guidelines](#). The Medical Center first received gold status in 2014.

RUHS also received the Association's [Target: Stroke Honor Roll Elite](#) and [Target: Type 2 Diabetes](#)™ awards for quickly treating stroke patients with medication to break up blood clots and for providing the most up-to-date care for stroke patients who have Type 2 diabetes, respectively.

“Our Medical Center provides exceptional stroke and diabetes care to the people of Riverside County,” said Dr. Alexandra Clark, Chief Medical Officer. “We’re proud of our work and are always striving to improve outcomes by implementing new research-backed treatments to speed recovery.”

Stroke is the No. 4 cause of death and a leading cause of disability in the United States, according to the American Heart Association's [2026 Heart Disease and Stroke Statistics Report](#). A stroke occurs when a blood vessel supplying the brain is blocked by a clot or ruptures, preventing blood and oxygen from reaching brain tissue. Detecting and treating a stroke early are key to improving survival, minimizing disability and supporting faster recovery.

Get With The Guidelines - Stroke is an in-hospital program designed to improve stroke care in hospitals nationwide through consistent adherence to guidelines and alignment with the latest evidence-based research.

Each year, participating hospitals earn the award by demonstrating their commitment to providing high-quality stroke care. In addition to following clinical treatment guidelines, Get With The Guidelines participants provide education to help patients manage their recovery and ongoing health at home.

RUHS – MC is also certified by the Joint Commission as a Primary Stroke Center for its quality care. To learn more about stroke treatment at RUHS, visit this link: www.ruhealth.org/medical-center/medical-services/stroke

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About Riverside University Health System

Riverside University Health System (RUHS) includes a 439-bed Medical Center in Moreno Valley, Calif., 14 Federally Qualified Community Health Centers, and the departments of Public and Behavioral Health. RUHS is Riverside County's safety net provider, offering high-quality, patient-centered care. With more than 8,000 staff members and over 125 years of experience, RUHS continues its commitment to and legacy of delivering exceptional, compassionate care with a focus on public health, behavioral health, community wellness and medical education. Visit ruhealth.org to learn more.