

Riverside University Health System Behavioral Health **24/7 MENTAL HEALTH URGENT CARES CENTERS**

800-499-3008 | RUHealth.org

Voluntary services in a setting that provides easy-to-access **crisis services.**

- **24/7 Psychiatric and Therapeutic Services**
- **Substance Use Counseling**
- **Peer Support**
- **Crisis Intervention Services**

If you or a loved one are struggling with mental health issues, Riverside University Health System's 24/7 Mental Health Urgent Care centers are here to help. Individuals experiencing mental and/or behavioral health crises, including depression, anxiety, substance abuse, and recurring troubling thoughts, are assisted in a calm and supportive environment.

We provide a range of services, including crisis intervention, mental health counseling, medication evaluation, and linkage to community-based solutions. Our services are available to all teens, adults, and families regardless of insurance type or ability to pay. Whether you need someone to talk to or are in crisis, our trained professionals are available to help you navigate your mental health journey.



LOCATIONS

PALM SPRINGS

2500 N. Palm Canyon Dr.
Ste A1-A4
Palm Springs
760-424-5602

PERRIS

85 Ramona Expressway
Ste 1-3
Perris
951-349-4195

RIVERSIDE

9890 County Farm Road
Bldg 2
Riverside
951-509-2499

INDIO

Opening Aug. 3
47-915 Oasis St.
Indio

**Serving members as young as 5 years old.*