

TBS ROLES

Participants Include:

- Youth/Parent/Caregiver
- Primary Clinician (Therapist/Case Manager): Identifies needs and makes a TBS referral
- TBS Provider Supervisor and Coach: Provide effective & short-term TBS to youth; provide a treatment plan and updates on youth's progress; coordinate services with Primary Clinician and County TBS Liaison
- County TBS Liaison: Monitors TBS for contract compliance, provides consultation and coordination between all team members, authorizes TBS services
- Department of Public Social Services (DPSS) Social Worker
- Probation Officer

RESOURCES

Therapeutic Behavioral Services (TBS) Liaison

951-358-5810 Fax 951-358-6865

2-1-1 Information & Referral County Wide

Dial 211**If using a cell phone; you must dial
800- 464-1123

24-hour HELP line

Free, confidential Crisis/Suicide intervention service
951-686-4357

CA Department of Mental Health Ombudsman Services

800-896-1602, 800-896-4042,
TTY 800-896-2512

Parent Support Mental Health Resource Library

Parents are welcome & encouraged to check out videos
and written material free of charge.
951-358-6858

Grandparent & Kinship Care Warmline

Provides information & referrals to community
resources, legal services, and support groups.
800-303-0001

**3125 Myers Street
Riverside, 92503**



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THERAPEUTIC BEHAVIORAL SERVICES (TBS)

*This document is available in alternative formats upon request.
If you are in need of a reasonable accommodation, please
contact Riverside University Health System - Behavioral Health at
951-358-4500.*

SUMMARY OF TBS SERVICES

A specialty mental health service to:

- Provide short-term support to children/youth with serious emotional problems
- A service that can help to stabilize a child in their home or school environment to help prepare them to transition back to a home environment from a hospital, group home, or foster home

An additional service to therapy and case management services:

- To address and resolve target behaviors that may jeopardize a current living situation and to further a child's overall treatment goal

TBS is not therapy but rather a behavioral coaching service that:

- Provides real-time skills
- Offers support and transfer of skills to caregivers



TBS ELIGIBILITY

Child/Youth:

- Has full-scope Medi-Cal benefits
- Is 0-20 years of age
- With serious emotional problems

—OR—

- Experiencing a stressful transition or life crisis
- Meets medical necessity (serious emotional problems that interfere with day-to-day functioning)
- Is receiving mental health services

Child/Youth MUST MEET one of these requirements:

- (1) Living in a group home with an RCL Level of 12 or above; or
- (2) Is being considered for these facilities; or
- (3) Has had at least one emergency psychiatric hospitalization within the preceding 24 months

Additional criteria must also be met and can be explained in detail by your primary clinician (therapist/case manager)

*If you think your child qualifies for TBS please discuss this further with your child's clinician. All beneficiary protections under Medi-Cal are applicable to this service including notice of action, complaint, grievance & fair hearing processes.
Patient's Rights Advocate 951-358-4600, 800-350-0519*

FAMILY INVOLVEMENT & TBS

- Families come first, as they are the key to success
- The TBS treatment plan is based on assessing the family's needs.

The team works together to:

- Identify serious behavior problems that need to be decreased/eliminated
- Determine the length of time for TBS services
- TBS schedule
- Transition plan
- Transfer of skills to the caregiver

1:1 Coaching provides:

- Modeling and structure
- Support
- Immediate skills to help families work with their children

Monthly Meetings to Discuss:

- Progress and Effectiveness
- Review Goals
- Identify Skills Learned

