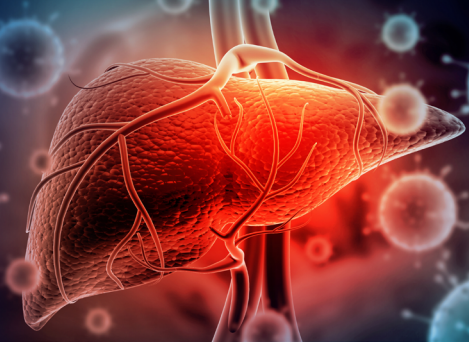





HEPATITIS AWARENESS SERIES

Get The Facts on


HEPATITIS A & E



HOW ARE THEY SPREAD?

-  Feces from an infected person enters another person's mouth (fecal-oral route)
-  Eating contaminated food or water
-  Unprotected Sex (less common)

WHAT ARE THE SYMPTOMS?

-  Feeling tired
-  Nausea & vomiting
-  Abdominal pain
-  Fever
-  Dark urine
-  Clay-colored stools
-  Jaundice (yellowing of the skin and/or eyes)

HOW CAN YOU PREVENT HEPATITIS A & HEPATITIS E?

-  Vaccination (Hep A) recommended for children (12 to 23 months old)
-  Practice Safer Sex
-  Practice good handwashing
-  Thorough cooking of food, drink treated water

IS THERE A CURE?

HEPATITIS



NO The infection is "self-limiting," meaning your body's immune system can naturally clear the virus on its own over time but can still cause severe illness

IS THERE A VACCINE?

YES!



HEPATITIS



NO The infection is "self-limiting" and clears on its own within two to six weeks but can still cause severe illness

NO

UNTREATED HEPATITIS can lead to **LIVER SCARRING, LIVER CANCER,** and even **DEATH** so it's important to get tested!

If you suspect that you may have Hepatitis A or E please contact your **health care provider**.

If you do not have one, please call the Riverside University Health System's **Community Health Center** appointment line at **1-800-720-9553** to schedule a consult and for assistance in applying for **Medi-Cal**.

