Family Medicine Residency Program



Additional Program Information

About the RUHS / UCR Family Medicine Residency Program

Our Program

RUHS / UCR Family Medicine Residency Program is a core part of the primary care foundation of Riverside University Health System. We work collaboratively with other hospital departments to provide high-quality and comprehensive care to patients in our community.

The RUHS Medical Center is a state-of-the-art 439-bed county hospital that provides care to an underserved and diverse patient population of the Inland Empire. The unique training experience offers our resident physicians an opportunity to make a positive impact within the community with rewarding experiences that will follow throughout their professional careers.

Our residency program's continuity clinic is housed at the new Moreno Valley Community Health Center (MVCHC), which is a Federally Qualified Health Center (FQHC) three miles from RUHS-MC that provides comprehensive care to our vulnerable patient population, including behavioral health and social services.

Our Mission

We strive to develop individuals with diverse backgrounds into competent physicians who are highly skilled in delivering comprehensive and patient-centered care. Our goal is to produce family physicians who are well equipped with the proficiency to be advocates for their patients and families and to be leaders in the community in an underserved setting.

Our Educational Goals

Our goal for the residency program is to educate in the broad spectrum of family medicine, offer experience in a mix of extensive clinical pathology and prepare for the challenges unique to populations in need. We also provide the academic tools to be life-long learners, scholars and resourceful physicians in a nurturing environment that embraces professionalism and offers a structured and balanced curriculum.

Our community

Throughout the years, our program has thrived in an environment with a strong commitment to the underserved populations of Riverside County. The Inland Empire of California is among one of the fastest-growing areas in the country, yet is established as a Medically Underserved Area (MUA) by the California Healthcare Workforce Policy Commission. Our program directly addresses this medical shortage by recruiting and retaining excellent primary care physicians.

The patient demographics of the community served by our program include Latinx, White, Black/African American, and Asian/Pacific Islander. The payor mix for our population is on average 84 percent, Medi-Cal, 7 percent, Medicare, 1.5 percent indigent, 5 percent self-pay, and 2 percent private payor. We partner with community organizations and RUHS Public Health to identify social determinants of health and reduce health disparities for our diverse patient population.

Our Graduates

Family physician graduates of RUHS/UCR Family Medicine Residency Program practice in a variety of settings within the Inland Empire and outside of California: community health centers, small group practice, hospitalist medicine, and academic centers, to name a few. No matter the setting or location, most of our graduates continue to work with underserved and vulnerable populations.

RUHS / UCR Family Medicine Residency Program: ERAS & Application Process

We are looking for well-rounded and compassionate individuals who demonstrate a commitment to family medicine and underserved or vulnerable populations. We place a strong emphasis on communication, interpersonal skills, and team dynamics.

Application Process

RUHS/UCR Family Medicine Residency Program participates in the **Electronic Residency Application Service (ERAS)** through the Association of American Medical Colleges. Applicants must be registered through the **National Resident Matching Program**. Applications will only be accepted through ERAS; please do not send applications and associated documents through the mail or e-mail. The following information is required via ERAS.

ERAS Common Application

- ERAS Common Application
- Personal Statement
- Dean's Letter or Medical Student Performance Evaluation (MSPE)
- Three Letters of Reference (including one from a family physician or primary care physician)
- USMLE or COMLEX transcripts, as applicable
- Medical School Transcripts

Eligible applicants considered on the basis of residency program-related criteria such as their preparedness, ability, aptitude, academic credentials, communication skills and personal qualities such as motivation and integrity. Our program does not discriminate regarding sex, race, religion, color, national origin, disability, veteran status, or any other applicable legally protected status.

To be eligible for appointment at RUHS/UCR Family Medicine Residency Program, applicants must be either United States Citizens or permanent residents.

Interview Process

Each completed application is reviewed by the Program Director and our selection committee. Interviews are conducted from October through December virtually on Thursday and Friday. If you are selected for an interview, our Program Coordinator will contact you via e-mail to schedule your interview date.

Please **contact us** for more information on the application and interview process. **More information about salary and benefits.**

Curriculum

Overall, the resident rotational experience offers exposure to a wide range of inpatient and outpatient primary and specialty care. Family Medicine partners with all of the specialists at Riverside University Health System. Additionally, residents have an opportunity to work with any medical service offered in Riverside County such as Public Health and Behavioral Health.

Our clinical curriculum is based on the Clinic First Model. This model ensures early and consistent experiences at Moreno Valley Community Health Center and also results in increased resident sided and patient sided continuity. Each resident has a recurring half day throughout the year when they will be assigned to see patients in the clinic, with rare exceptions on select inpatient rotations.

Finally, in collaboration with the many resources of Riverside County, established and new residencies at RUHS, and the enthusiasm of our residents, we are solidifying our elective 1-week options and 6-week tracks. Current tracks include HIV, Medical Spanish, Intellectual and Developmental Disability, and upcoming Lifestyle Medicine.

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Rotation Blocks

PGY1																	Total
Total weeks	8	4	4	8	6	2	1	7	5	5	2						52
Rotation	FMW	PedsW	NSY	OB	Med	Surg	ICU	MVC	Amb1	Elec	Vac						
# half days in clinic	0	1	1	1	1	1	0	9	3	2	0						

PGY2																	Total
Total weeks	8	2	4	2	2	2	2	1	2	4	5	2	4	1	9	2	52
Rotation	FMW	NF	PedsW	FMC-P	FMC-G	Geri	GI	Neuro	Cards	ER1	MVC	Ortho	SM	Psych	Elec	Vac	
# half days in clinic	0	0	1	4	4	4	3	1	3	2	9	3	3	2	2	0	

PGY3																	Total
Total weeks	4	4	4	4	4	2	4	3	11	4	6	2					52
Rotation	FMW	NF	PedsR	PedsC	ER2	Geri	GYN	SS	MVC	Away	Elec	Vac					
# half days in clinic	0	0	5	4	4	3	3	3	9	0	2	0					

FMW	Family medicine wards
PedsW	Pediatric wards
NSY	Nursery
OB	OB labor & delivery
Med	Internal medicine
Surg	Surgery
ICU	Intensive care unit
MVC	Moreno valley clinic
Amb1	Ambulatory 1
Elec	Elective
Vac	Vacation
NF	Night float
FMC-P	FM call - pediatric clinic
FMC-G	FM call - geriatric clinic
Geri	Geriatrics
Neuro	Neurology
Cards	Cardiology
ER1	Urgent care
Ortho	Orthopedics
SM	Sports medicine
Psych	Psychiatry
PedsR	Pediatric Perris clinic
PedsC	Pediatric RUHS clinic
ER2	Emergency medicine
GYN	Gynecology
SS	Subspecialty clinic
Away	Away rotation

Community Involvement

The Riverside University Health System Family Medicine Residency Program upholds the principles of community-oriented primary care (COPC) in clinical practice. This is a process of integrating public health and clinical medicine to improve the health of the neighborhoods served by our community health center.

Resident physicians enhance their skills in COPC through the longitudinal Community Health & Social Medicine curriculum and outreach in the community. We believe family physicians are uniquely suited to accompany the people of our community in their journey to optimal health. Throughout their curriculum experience, our resident physicians build a sincere understanding of our community and the structural barriers that impact the well-being of our patients and their families. They will develop skills in structural competency and engage in experiential learning with **community organizations and programs** such as Enhanced Care Management through RUHS Public Health and RUHS Behavioral Health.

Community Outreach: Each resident physician in our program participates in community health education through partnerships with Moreno Valley Community Adult School and Moreno Valley Unified School District.

The innovative **Healthy Eating and Lifestyle Promotion** (H.E.L.P.) program promotes skills in health education and health advocacy for local high school students. The HELP program is a collaboration between RUHS/UCR Family Medicine, Moreno Valley Unified School District, and Cal Fresh Healthy Living. Our resident physicians lead monthly workshops emphasizing lifestyle health issues through collaborative coaching and mentorship.

Resident physicians also volunteer for medical duties at local sporting events through the RUHS FM Sports Medicine program (high school football, combat sports, sports physicals).

Social Medicine: Our program faculty supervise clinical services for patients who are under-insured or uninsured through a network of student-run free clinics, including **Riverside Free Clinic** and **Coachella Valley Free Clinic**. There are also opportunities to volunteer at local health fairs in Riverside County, including with the **League of United Latin American Citizens** (LULAC) and California Care Force.

We support organizations through University of California that promote social medicine beyond residency, such as the **California (Health, Equity, Action, Leadership) HEAL Program** fellowship. The Moreno Valley Community Health Center and RUHS Family Medicine Residency is proud to host 1-2 fellows each year with a variety of clinical and academic opportunities.

Advocacy & Policy: Our program maintains strong connections to regional, state, and national organizations that support family medicine. Resident physicians are encouraged to serve as representatives for the **Riverside-San Bernardino Chapter** of the California Academy of Family Physicians (CAFP). We develop resolutions to present at the CAFP **All-Member Advocacy Meeting** in Sacramento each year, to promote policies that impact our patients and our communities.

Our resident physicians have participated in programs sponsored by American Academy of Family Physicians Foundation (AAFPF), including the **Emerging Leaders Institute** and **Family Medicine Cares International**.

Pathways Programs: Our affiliation with the University of California Riverside (UCR) School of Medicine offers opportunities for mentorship and education with pre-medical and medical students through **UCR Pathways Programs** such as Future Physician Leaders, Medical Leaders of Tomorrow, Health Coaches Program.

For those interested in improving the community through academic medicine, there are several education opportunities through UCR School of Medicine, including Clinical Skills, Case-Based Learning, and didactic lectures.

To learn more about community-oriented primary care: **COPC Curriculum (Robert Graham Center)**

Rotation Opportunities

Med Student Rotation Opportunities:

- Traditional Sub-I (Acting Internship): Four weeks of inpatient Family Medicine wards to satisfy requirements for Sub-I rotations. You will work as part of our inpatient team alongside PGY1, 2 and 3 residents where you will follow your own set of patients each day, present their case on rounds and learn to work within our safety net institution to provide all the things that our patients need in the hospital and as they transition home.
- Flexible Rotation: Set up initially as a three-week inpatient and one week outpatient rotation, these weeks can be modified to get a well-rounded look into the residency experience here at RUHS. In the clinic, students will see and evaluate patients and chief to residents and attendings alike. You also have the opportunity to observe and assist in common outpatient procedures.

To request a rotation on the family medicine service at RUHS, submit your rotation request to Clinician Nexus. Please Contact Treva Williams for questions by calling (951)867-3812.

Salary and Benefits

Please see most updated information on the GME page (link).

Additional Family Medicine specific benefits include:

- Monthly $200 cafeteria stipend.
- 5 days of Continuing Medical Education time per academic year, if in good academic and professional standing.

Contact Us

Please reach out to Treva Williams with additional questions.



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