



# Pediatric Referral



WIC Agency: \_\_\_\_\_

WIC ID#: \_\_\_\_\_

**SECTION I: Complete this section to assist the patient with WIC eligibility, WIC services, and appropriate referrals. Whenever a therapeutic formula is prescribed, complete both Sections I and II.**

|  |  |  |                                      |   |  |  |  |  |
|--|--|--|--------------------------------------|---|--|--|--|--|
| PATIENT NAME: (First) _____ (Last) _____   |  |  | DATE OF BIRTH: _____                 |   |  |  |  |  |
| CURRENT HEIGHT/LENGTH: (within 60 days)<br>inches  | CURRENT WEIGHT: (within 60 days)<br>lbs oz | CURRENT BMI: (within 60 days)<br>BMI percentile: % | MEASUREMENT DATE: _____              | BIRTH WEIGHT / LENGTH:<br>lbs oz / inches                 |  |  |  |  |
| <p>HEMOGLOBIN OR HEMATOCRIT TEST is required <u>every 12 months</u> when normal and <u>every 6 months</u> when abnormal.</p> <table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td style="width:50%;">Hemoglobin (gm/dl) or Hematocrit (%)</td> <td style="width:50%;">Lab Result Date</td> </tr> <tr> <td> </td> <td> </td> </tr> </table> |  |  | Hemoglobin (gm/dl) or Hematocrit (%) | Lab Result Date   |  |  | <p>LEAD TEST (recommended at 1–2 years of age): _____ mcg/dL</p> <p>IMMUNIZATIONS are up-to-date:<br/> <input type="checkbox"/> Yes   <input type="checkbox"/> No   <input type="checkbox"/> Not available</p> |  |
| Hemoglobin (gm/dl) or Hematocrit (%)   | Lab Result Date                            |  |                                      |   |  |  |  |  |
|  |  |  |                                      |   |  |  |  |  |
| <p><b>BREASTFEEDING ASSESSMENT</b> (birth to 12 months):</p> <p> <input type="checkbox"/> Fully breastfeeding                   <input type="checkbox"/> Never breastfed                   <input type="checkbox"/> Feeding breastmilk &amp; formula                   <input type="checkbox"/> Discontinued breastfeeding (Date: _____)             </p>        |  |  |                                      |   |  |  |  |  |
| <p><b>COMMENTS:</b></p> <p> </p>   |  |  |                                      |   |  |  |  |  |
| HEALTH PROFESSIONAL NAME   |  | HEALTH PROFESSIONAL SIGNATURE                      |                                      | MEDICAL OFFICE / CLINIC NAME AND LOCATION OR OFFICE STAMP |  |  |  |  |
| PHONE NUMBER   |  | TODAY'S DATE                                       |                                      |   |  |  |  |  |

**SECTION II: Complete ALL boxes below when therapeutic formula is prescribed. Incomplete information may delay issuance of WIC foods.**

**DIAGNOSIS:**

- Prematurity       GERD or reflux       Food allergy: \_\_\_\_\_  
 Failure to thrive       Dysphagia       Other: \_\_\_\_\_

**FORMULA / MEDICAL FOOD:** \_\_\_\_\_

**DURATION:** \_\_\_\_\_ months      **AMOUNT:** \_\_\_\_\_ oz / day

This prescription is:     New     Refill

NOTE: At 1 year of age, the patient will receive 13 quarts of cow's milk in addition to therapeutic formula unless *Do Not Give* is checked for cow's milk (see WIC Food Restrictions).

**COMMENTS:**

**WIC FOOD RESTRICTIONS:** The patient will receive WIC foods in addition to the formula prescribed. Please check all foods listed below that are NOT appropriate for the diagnosis.

| Category          | WIC Foods                 | Do Not Give | Restriction / Comment |
|-------------------|---------------------------|-------------|-----------------------|
| Infants (6-11 mo) | Baby cereal               |             |                       |
|                   | Baby fruits / vegetables  |             |                       |
| (9-11 mo)         | Fresh fruits / vegetables |             |                       |
| Children (1-5 yr) | Cow's milk                |             |                       |
|                   | Cheese                    |             |                       |
|                   | Eggs                      |             |                       |
|                   | Peanut butter             |             |                       |
|                   | Whole grains *            |             |                       |
|                   | Cereal                    |             |                       |
|                   | Beans                     |             |                       |
|                   | Fruits / vegetables       |             |                       |
|                   | Juice                     |             |                       |
| Yogurt            |                           |             |                       |

\* whole wheat bread, corn/wheat tortilla, brown rice, barley, bulgur, or oatmeal

**HEALTH COVERAGE: Refer patient to their health plan or Medi-Cal for a medically necessary formula or medical food.**

WIC only provides these products when they are NOT a covered benefit by the patient's health plan or by Medi-Cal.

**Provide patient's health insurance information:**

Private insurance: \_\_\_\_\_  
 Medi-Cal managed care: \_\_\_\_\_  
 Other: \_\_\_\_\_

Regular Medi-Cal (fee-for-service):     Yes     No

**Check action taken:**

- Submitted justification to health plan  
 Submitted justification to pharmacist

**If the patient requires a therapeutic formula and does NOT have health insurance, check ALL boxes below that apply:**

- Gave formula samples     Referred to Medi-Cal     Referred to WIC

**QUESTIONS:** Call 1-888-942-9675 or 1-800-852-5770.  
 Health Professionals: Go to [www.wicworks.ca.gov](http://www.wicworks.ca.gov); click Health Care Professionals; then click WIC contacts for MDs.