

Prevention and Early Intervention Quarterly Collaborative Meeting

Meeting Minutes September 29, 2021 12:00pm – 2:00pm Via Zoom

- Diana Brown - Welcoming Message and Poll; there were 62 attendees
- Trauma Informed Systems
 - Compassion and Dependability highlighted in the month of September.
 - Shared TIS Newsletter, which contains the TIS principles, helpful links and resources as well as information on how to become more involved.
 - For more information, to register and become involved visit TraumaTransformed.org.
 - Riverside Resilience Project information can be found in the PACEs Connection website.
- PEI Program Spotlight:
 - Cultural Competency - Presentation by Toni Robinson
 - The Culture Wheel: Values, Greater Community, Knowledge and Stories, Language, Traditions and Rituals, Techniques and Skills, Tools and Objects, The Arts, Food and Drink.
 - Restructured to include more cultural community populations such as Veterans, Middle Eastern and North African (MENA), Deaf and Hard of Hearing as well as Latinx.
 - The new planning model promotes culturally informed practices at all levels of service and has staff assigned by population rather than region, working in partnership with the community.
 - Culture affects how individuals define illness, healing, how they seek help and tend to do better when programs and services are culturally informed or tailored to a certain culture.

- The goal is to help people get better even if that means doing things in a non-traditional way that aligns with a person's culture.
- Cultural Competency is looking to create partnerships with spiritual leaders or healers to provide them with training on things such as Mental Health First Aid, or provide other resources.
- CC holds a monthly reducing disparities meeting that you can join virtually.
- Cultural Competency team introductions
 - Esteban Solis - Cultural Competency intern: He is currently in his second year of MSW program at Cal State San Bernardino. He will be working a lot with the cultural communities helping define what the needs are in various populations.
 - Aurelio Sanchez - Veteran Services Liaison: Aurelio served 26 years in the Navy. He holds a Master's in Psychology and in Social Work with a clinical concentration. As the Veteran's Services Liaison, Aurelio collaborates with various entities in Riverside and San Bernardino Counties to provide Veterans and their families with support and services.
 - Carlos Lamadrid – Outreach and Engagement Coordinator: Carlos serves the community and different cultural groups through cultural brokerage and community linkage. He coordinates outreach and supports CC in the reduction of stigma and increasing access to wellness to various cultural groups. Carlos provides one on one consultations to members and can provide initial consultation to individuals seeking treatment.
 - Glenis Ulloa – Sr. BH Peer Specialist/ Parent Partner: Glenis is a parent with lived experience that serves as liaison between BH department and DPSS-CSD. She has extensive experience working with the Latinx and disabled community. Expert at helping parents navigate through the county system when their children need services.
 - Selenne Contreras – Office Assistant III: Selenne provides admin support for the Cultural Competency department attending and taking minutes for all of the cultural committee meetings. She assists in event coordination, leads the Translation Committee a Spanish speaking sub-committee and manages the Cultural Competency site. Selenne provides support and is the most involved with the Liaisons and community.
 - Sylvia Bishop – Secretary I: Sylvia provides primary support for Toni Robinson and Sheree Summers. She provides support to the

CC team and to the Liaisons and serves as back up support to Selenne. Sylvia is a vital part of the team keeping Toni's calendar and providing orientation to new staff, volunteers or interns along with many other duties.

- Tondra Hill – Social Service Planner: Tondra serves as the Liaison for Cultural Competency and Innovation. She provides assistance and is the point of contact for Cultural Community Liaisons. Her job is to hear the needs of the community, Identify possible innovation projects and determine if there is innovative fit. Currently working on projects such as Resilient Brave Youth and TakeMyhand. She is working with MHSa Stakeholder Steering Committee in restructuring the stakeholder meeting and process.
- Conclusion by Toni Robinson: One of Cultural Competency's missions and goals is to work collaboratively with the community and everyone is encouraged to reach out, be a part of CCRD, share resources and provide feedback.
- PEI Provider Updates
 - Mila Banks-Varela: A presentation and informational booth will be held at the Moreno Valley Public Library on October 9th at 2PM. The topic is The Five Paths of Healing and focuses on how the A/PI community uses their culture to do self-care and maintain mental balance. Flyer is provided
 - Stephany Quiroz – Family Wellness Facilitator from Reach Out: Mamas y Bebes program is serving all moms in the inland empire in partnership with Molina healthcare and RUHS-BH.
 - Julie Carman – APCTC: Will be facilitating an online, 8-week parenting class in partnership with RUSD in Chinese for parents in the community who would like to join.
 - Frances Abalos – APCTC: Will be facilitating an online, 8-week parenting class in partnership with RUSD in English for parents in the community who would like to join.
 - Yolanda Phillips – Family Formation Supervisor for Morongo Tribal TANF: First resource fair will be held on October 29th. It will be held outdoors for the Morongo families to attend. This will be a good outreach opportunity to reach the Native community. The vendor registration list was provided.
 - Jennifer Carson – Inland SoCal Crisis and Suicide Helpline: October 10th is World Mental Health Day. If you would like the Crisis Line to visit your organization/department, reach out to Jennifer Carson. They can provide a workshop on Hope and Help or Know the Signs.
 - Diana Gutierrez – PEI: Suicide Prevention Toolkits are still available upon request to PEI.
 - Joel Hernandez – ICRC Pearls Program: A new 10-week Bereavement Support Group will be starting on Friday October 8th in both English and Spanish for those who have lost a loved one.

- Diana Gutierrez – PEI: The one-year anniversary of the Suicide Prevention Coalition is coming up. The next quarterly meeting will be held on October 27th at 9AM on Zoom. The coalition's progress and new plans will be discussed.
- Next Meeting:
 - Wednesday, March 30, 2022 12PM-2PM Location TBD.