
Prevention and Early Intervention Quarterly Collaborative Meeting

Meeting Minutes July 29, 2019 12:00pm – 2:00pm Via Zoom

- Diana Brown - Welcoming Message; there were 89 attendees

 - Program Presentations
 - Latino Commission and MFI, Inc. - SFP (Strengthening Families Program)
 - They shared they are having great success and great participation with the virtual trainings.
 - Discussed how they adapted their evidence-based program into a virtual format while maintaining fidelity
- Showed a video of their work with families in a virtual format; video can be found here:
www.youtube.com/user/75lopez75 and www.youtube.com/channel/UC2zP-Xtbn3muDWFVnTzpF-g
- They also shared some success stories that the program has had since being offered virtually.
 - Question from community: How will you present for the upcoming year?
 - ❖ Currently working on a commercial that will be shared to the school districts so that they may share with the parents as well as sending it to local TV networks. They will also go to the food banks and ask to put flyers in the food boxes dispensed to families.
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- Asian Pacific Counseling & Treatment Center - KITE (Keeping Intergenerational Ties in Ethnic Families)
 - They shared a presentation on who they are and the services they offer. They focused on how they adapted their evidence-based program into a virtual format while maintaining fidelity.

- ❖ They successfully completed 6 parenting classes since the beginning of the fiscal year (4 in Chinese, 1 Filipino & Korean). There were 74 parents and caregivers who completed the class.
 - ❖ They also provide one time parenting workshops. During the fiscal year 2019-2020, they completed 23 workshops with 209 attendees.
 - Community Mental Health Promoter Program - Estee Song
 - ❖ Provide PEI Services for Asian American and Pacific Islander communities. During fiscal year 2019-2020 they provided 43 workshops with 491 attendees (7 Chinese, 21 Filipino & 15 Korean), 37 of those workshops were via Zoom.
- Program Highlights – PEI Programs
 - May is Mental Health Matters Month Report
 - ❖ Mindy McFarland - Staff Development Officer with PEI shared an overview for MIMHM
 - Due to the restrictions in place surrounding COVID-19 all activities this year were held virtually.
 - A calendar of events was created with a different activity each week.
 - Back to School Mental Health Virtual Toolkit
 - ❖ Diana shared they are working on developing a virtual back to school mental health toolkit that can be used by school staff as well as parents and caregivers. This toolkit will include activities focused on awareness about trauma, coping skills, resilience, mindfulness and self-care awareness. This toolkit will be available on the Up2Riverside website.
 - Suicide Prevention Strategic Plan Update
 - ❖ Riverside County Suicide Prevention Strategic Plan - Building Hope & Resiliency in Riverside County was launched in June 2020. Conducted a webinar to share overview with the community. Currently in the process of developing a coalition to put the plan in action. Will be contacting those who expressed interest in being part of this coalition within the next couple of months.
 - Mini-Grant Funding Opportunities
 - ❖ Lynnette Navarro Sullivan – Staff Development Officer with PEI shared an overview on the mini-grants offered by PEI
 - Suicide Prevention Mini-Grant - will be awarding different agencies to utilize the EMM Toolkit to engage the community in an effort to eliminate suicide. Mini-Grant is for \$1000 and the deadline to submit the application is August 7th.
 - Active Minds Mini-Grant - this grant is specifically for colleges and universities. Active Minds is a non-profit

organization that promotes wellness, mental health awareness & suicide prevention. They focus on young adults and youth in high school & college campuses. Mini-Grant is for up to \$2000 and the deadline to submit the application is September 1st.

- PEI Provider Updates / Community Roundtable/Announcements
 - Mila Banks - Filipino American MH Resource Center - shared they now have activities that are available through Zoom. They will be having an event/presentation on August 22nd via Zoom and the topic will be Developing and Strengthening Family Resiliency in Times of Crisis.
 - Carolina Bojorquez - Riverside Community Health Foundation - they will be starting an 8-week Mamas y Bebes group for the Mid-County area. They are also starting a new program in September in collaboration with Riverside Unified School District called Opening Doors/Abriendo Puertas for parents with children 0-5 years old.
 - Frances Abalos - Upcoming KITE class for third week of September for the Filipino group English speaking.
 - Karen Armijo - Independence at Home – a SCAN Community Services will be providing a no cost community service for seniors 55+ and caregivers of seniors 55+ in Riverside County.
 - Julie Carman - APCTC Org. - will be having a Chinese parent program in September.
 - Perris BRAAF will be hosting a Zoom workshop on COVID-19 masks to introduce masks how and which mask to wear and their effectiveness.

- Next Meeting: September 30, 2020 at 12pm - 2pm via Zoom.