

Prevention and Early Intervention Quarterly Collaborative Meeting

Meeting Minutes

May 30, 2018

2:00pm – 4:00pm Rustin Conference Center

- Introductions – Went around the room and everyone introduced themselves
- Purpose of Collaborative
 - Discussed the background of the PEI Collaborative and the purpose for the meetings.
 - Extended an invite to others who the attendees may feel need to be in on the collaborative conversations.
 - Asked for thoughts or feedback – None received
- Program Highlight – Seeking Safety
 - Mindy McFarland discussed the Seeking Safety program
 - Evidence-based – Trauma/Substance Abuse
 - Reviewed the powerpoint and discussed the background of the program and what the trainings entail

Questions/Comments

- Does the Seeking Safety program have a Talking Circle in the Desert (Not at this time, may be a different program that is putting that on)
- What are the Pre/Post tests? Measures the progress of symptoms
- How many sessions? 6-8 are required. Facilitator can choose topics base on the group needs.
- How many facilitators are there? RCC currently has one but also utilize trainees/interns. Wylie Center has 3-4
- What criteria are used to see that they are culturally competent? Target areas with greatest need, evidence across cultural groups, providers from community that know the community.
- Is it mainly a group or individual sessions? Mainly focused on groups. They are open groups and anyone can attend.
- What is the age group served? TAY 16-25, Adults 26-59

- Are individuals over 59 disqualified or still able to attend? If they turn 59 during the program they can continue once started. Not able to attend if already over 59.
 - Is there anything like this program available at this time for older adults? There are no programs available within PEI at this time.
 - Substance abuse clinics do have a Seeking Safety curriculum and may be a resource for older adults with trauma and substance abuse.
 - Provider Info – where at RCC? – On the Riverside Campus in the Health Services Center
 - Can an individual do more than the 6-8 topics? An individual can continue on and do all 25 topics if they want.
 - How does PEI get the word out about the trainings? RFP notification list. PEI programs are emailed to the distribution list. This is also announced in the PEI newsletter.
- May is Mental Health Month Activities
 - Mental Health Awareness – Lime green is the color of mental health awareness
 - Reviewed activities that occurred throughout the county for MiMHM.
 - Forums were conducted to provide information about MHSA – Five components to MHSA
 - The deaf and hard of hearing participants attended the event in Indio this year
 - Know the Signs materials have been distributed around to local businesses to provide information about mental health/suicide awareness to the community.
- Comments/Sharing of MiMHM Activities
- Three older adult clinics participated in MiMHM this year
 - Agency ENewsletter highlighted MiMHM
 - Weekly Mental Health tips are posted on social media and via email
 - A youth activity group conducted a special performance of a play. This was well received and received positive responses.
- 2018 Directing Change Event
 - Gala is a way of honoring local youth/participants
 - Diana Griffis provided background and information about the Directing Change Film program. Riverside County had the highest number of submissions in the state for the 6 year in a row.
 - Played a video that showed the winning films.
- Mamas y Bebes
 - Diana Griffis discussed this program.
 - RFP will be released soon
 - Intended to reach out to latino women at risk for Post Partum Depression
 - 8 weeks, CBT based

- Upcoming Request for Proposals (RFP)
 - Currently open: Strengthening Intergenerational/Intercultural Ties in Immigrant Families (SITIF) – Closes June 14, 2018
 - For Asian Americans, 10 week parent group with elements of outreach

- Agency Updates
 - Family Advocacy/Cultural Competency are taking a caravan to Monterey, CA this year for the “Superbowl for Families”
 - Dr. Kopewitz – Evidence-based psycho education in SF Valley. This was presented to 100+ families. Common sense approach.
 - Public Health/Teen suicide/Awareness Program – Attended the RUHS annual meeting and conducted a 10 minute presentation about the program.
 - Perris High School Awareness Fair - Had lots of agencies participate in support of the city. The even went well and other high schools have contacted them to ask for resources to have a Mental Health Day/Fair at their schools.
 - PEI is trying to get more providers for all programs.

- Roundtable/Announcements
 - On Saturday, June 2, 2018 at noon at Bordwell Park/Stratton Center - They are holding a Juneteenth Event. It’s free for all. This is the anniversary of the slaves in Texas finding out they were freed.
 - On Saturday, October 13, 2018 at Martha McClean – Anza Narrows Park the 2nd Million Man Meditation is being held. This is for African-American men between the ages of 14-25.

- The Collaborative Meetings time will change to 12:00-2:00 and will include lunch. Meetings will be held on the 5th Wednesday of each month.

- Next Meeting: Wednesday, August 29, 2018 from 12:00 – 2:00 PM
 Rustin Conference Center, 2085 Rustin Ave., Riverside, CA 92507
 Lunch will be served!