

Prevention and Early Intervention Quarterly Collaborative Meeting

Meeting Minutes

Wednesday January 30, 2019

12:00pm – 2:00pm Rustin Conference Center

- Introductions
 - Went around the room and all attendees introduced themselves and shared where they were from including PEI staff in attendance. We had providers and community members from all regions of the county.

- Program Highlight – PEARLS Program (Kathy Andre)
 - PEARLS is an Inland Caregiver Resource Center which is a community-based program that provides in home or facility care near homes where participants are comfortable with.
 - It is client driven, skill building in problem solving and increase quality of life.
 - Free service, 6-8 sessions, monthly follow up calls for 3-4 months.
 - Services Mid County, Desert, Inland with bilingual staff.
 - Participants must be 60 years or older, a Riverside County resident and have had depressive symptoms in the past year. Cannot have a prior diagnosis, cannot be abusing drugs or alcohol and cannot have cognitive disorder.
 - Goals are to decrease depressive symptoms, engage participant in social and pleasant activities to increase quality of life.
 - 3-part components are problem solving treatment, social and physical activation and pleasurable activity scheduling.
 - Referral Process: fax forms once participant has signed (participant can be self-referred or an agency can refer them). Contact Info for all referrals:

Inland Caregiver Resource Center
1430 E. Cooley Drive, Suite 124
Colton, CA 92324
800-675-6694
Fax# 909-514-1613
www.inlandcaregivers.org

Questions/Testimonials:

- Martin shared story regarding participants progress, improvement and better outlook on life.
- Are you open to presentation with communities with this need with depressive symptoms? -Yes, absolutely.

- Suicide Prevention Campaigns (Diana Brown) Suicide prevention trainings in process of learning collaborative. Lynette will be sharing these activities.
 - Suicide prevention week, Each mind matters purpose is to spread awareness. Last fall 11 contractors went to into the communities to spread awareness. And Suicide tool kits were provided and utilized.
 - Big brother and Big sister: WR resources and hosted a table and news letter and utilized tool kits as well as posted flyers.
 - Mid County Region and African American Community that included barber shops and beauty shops had tables with coasters, Gatorade, water and discussed warning signs of suicide and posted flyers.
 - Desert had 5 events and played loteria games with mature adults and other staff.
 - Family Health Support Network presented Warning Signs of Suicide.
 - Filipino Resource Center had events in Moreno Valley at the college and partnered with Active Minds and created tale with board and know the signs material.
 - KERU, Murrieta Valley USD, NAMI, Riverside County Black Chamber of Commerce, TruEvolution, Val Verde USD, all took part in the Suicide Awareness Campaign as well.

Questions/Testimonials:

- Jennifer shared suicide hotline taught her and staff about African Communities culture and how to engage and support better.
- Shavonna shared how she went to churches, salons and barbers and the most significant was the barber shop because she had 10 people who approached her for support and more information.
- Keith shared Contact for Change at RI is a great collaboration with the desert.

- PEI Who We Serve Report FY 17/18

- Diana explained the outcomes of data are very important because evidence is moved by providers to see change.
- Suzanna Juarez-Williamson: report organized by project areas outlined with who we serve
- 2,692 PEI programs
- Passed out handout and provided email link

Questions/Testimonials:

- Will PEI ever be available in Corona? -Potentially, target areas and high risk communities are being researched.
- Why is age and gender unknown? -could be that there is not enough data.

- Request for Proposals

- Coming Soon: TAY Resiliency Project

- PEI Provider Updates

- Steering committee plan will largely stay the same but any changes will be make there.
- Contact for change connected with 211 and will be working with blindness support in suicide prevention and stigma reduction as they go hand in hand.

- Community Roundtable/Announcements

- Saturday rain or shine Filipino Wellness Fair will take place, please attend and invite people and inform them there will be resources and 12 exhibitors including H&R Block and Housing.
- 2019 Lunar New Year Cultural Festival will be taking places, flyers left on table.
- Open table conference on 3/22 at Corpus Christi Roman Catholic church.
- IEHP community resource center off of Tyler open to entire community, calendars left on table.
- Elementary schools and middles schools will provide resources on bullying and suicide as they partner with Valverde and Perris school district. MH conference in May including workshops, booths available.

- Complete your MHSA Survey

Reminder to please complete you survey

- Next Meeting:

May 29, 2019 at 12pm – 2pm at Rustin Conference Center, 2085 Rustin Ave. Riverside, CA 92507

Lunch will be served!