

A GUIDE TO REDUCE THE SPREAD OF:

MPX



WHAT IS MPX?

MPX was first discovered in 1958. It is a rare disease caused by infection with the MPX virus. Despite being previously named "monkeypox" the source of the disease remains unknown. Since the 2022 outbreak, cases have resurfaced in many countries, including the United States.

HOW IS MPX SPREAD?

A person with a confirmed case of MPX can spread the virus through the following forms of transmission:



SHARED SURFACES



INFECTED MATERIALS

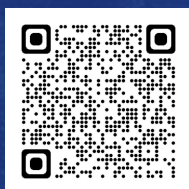


INTIMATE CONTACT

HOW CAN WE LIMIT THE SPREAD OF MONKEYPOX?

- Avoid physical and intimate contact with a person with a confirmed case of MPX or MPX like symptoms.
- Limit your exposure to shared fabrics, shared surfaces, and shared objects used by someone with MPX or MPX like symptoms.
- Contact your healthcare provider if you are experiencing MPX symptoms and believe you have been in contact with a confirmed case MPX.
- If you or your partner have recently been sick, currently feel sick, or have a new or an unexplained rash or sores, avoid physical and intimate contact and see a healthcare provider.
- Wash your hands often with soap and water or use an alcohol-based hand sanitizer, especially before eating or touching your face and after you use the bathroom.

LEARN MORE



[Rivcoph.org/MPX](https://rivcoph.org/MPX)



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