

# MPX SKIN CARE GUIDE

## HOW TO CARE FOR MPX LESIONS DURING AND AFTER INFECTION

### Caring for Lesions **During** and **After** Active Infection

1. Try **not** to **scratch** or **pick** lesions to **avoid scarring** or spreading of the virus.
2. Use **petroleum** products like Aquaphor to soothe skin.
3. Use products with glycolic acid or salicylic acid to **reduce** scarring.
4. Use **sensitive skin** products during and after to avoid skin irritation such as gentle; **fragrance free** laundry detergents, body wash and lotion.



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**FOR MORE INFORMATION, EMAIL US AT [MPX@RUHEALTH.ORG](mailto:MPX@RUHEALTH.ORG)**