

Watch - and - Report

CPG

Caregiver Pocket
Guide

Eating: Eating less, weight loss (clothes are looser), coughing or difficulty swallowing

Moving: Unable to do things client could do before (can no longer walk, toilet, transfer), worsening balance and any falls

Medications: Will not take medications or has trouble taking medications, side effects of medications

Behavior: More sleepy, more agitated, less interactive, seeing/hearing things that are not there, or more confused

Skin: Redness, wound or ulcer that gets worse, especially on the lower back, heels, or elbows



AGEducate

<http://ageducate.net>

<http://gwep.med.ucla.edu>

For additional information on aging, visit <http://cdc.gov/aging/aginginfo/>

If you notice any of these signs, please notify the client's primary healthcare provider.

For 24/7 nurse advice for Inland Empire Health Plan (IEHP) members, call 1-888-244-IEHP (4347)

Other helpful numbers:

Poison Control: 311 or 1-800-876-4766

Adult Protective Services: 800-491-7123

Important: This is a non-comprehensive list and is not meant to substitute for medical advice. Please consult your health professional.

For Emergencies Call 911