

LGBTQ Training Series: Transgender Foundations



Instructors:

Ashley Hanson & Dylan Colt

Instructor Information:

Dylan Colt is a Senior Peer Support Specialist and the Communications Specialist for RUHS-BH Consumer Affairs program.

Ashley Hanson is Clinical Therapist I for New Life Clinic.

Course Description:

This workshop introduces transgender concepts across social, cultural, legal, and political contexts. It brings a lived-experience perspective that will address appropriate language use, gender identity, sexual orientation, body image, and how to create affirming, safe spaces. This workshop will also challenge participants to explore their own implicit biases, assumptions, and how those may affect the services, we provide.

***Date:* June 27, 2023 & June 28, 2023**

*****must attend both dates*****

***Time:* 8:30am – 12:00pm**

***Location:* 2085 Rustin Ave. Riverside 92507**

Conference Center Entrance 1

**RUHS-BH Staff - Please register for this course via COR at <http://corlearning.rc-hr.com>
All other interested partners, please visit www.rcdmh.org/wet**

Free to all registered participants

Continuing Education Credits: This course this course does not offer continuing education units/credits/hours.

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Transgender Foundations
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Instructor Information: Dylan Colt is a Senior Peer Support Specialist and the Communications Specialist for Consumer Affairs. He has been an activist in the LGBTQ+ community since the mid-1980s. He is currently working with several community groups as well as RUHS to bring greater understanding about LGB, and specifically transgender and Gender Non-Binary issues. Dylan has served on panel presentations for PFLAG and for the County prior to joining the county as an employee. He is an active member of the department's LGBTQ+ task force and other committees that meet to discuss LGBTQ+ challenges, barriers and solutions for service.

Ashley Hanson ACSW is the proud Mother of three openly LGBTQIA+ children. Herself and husband Anthony Richmond SPSS were both recently promoted to "Gamma" and "Gampa". Ashley began her career with RUHS-BH/ISF Wraparound in 2014, where she utilized her lived experience of parenting a child with mental health challenges to support families navigating behavioral health. She then became the first TAY Peer Support within that same program to support youth involved with the Juvenile Justice system. In 2017, she promoted to a Senior TAY Peer Support Specialist with the Resilient Brave Youth Program (RBY) and served commercially sexually exploited children, facilitated community trainings and campaigns to DPSS, RSO, RCAHT, and Stakeholders. In 2019, Ashley graduated from California Baptist University with her Bachelors in Sociology and obtained her Masters of Social Work in 2021. After her completion of school and the WET 20/20 program, she promoted to a Clinical Therapist at San Jacinto New Life Clinic AB109. However, her heart remained true to the evidenced based practice of Peer Support. In 2023, she accepted a promotion for The Consumer Peer Support Programs/education & training Staff Development Officer, and Supervisor for the RUHS-BH Peer Support & Resource Centers. Ashley holds a firm belief that, "Recovery is possible & education is key!"

Audience: RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, and LEPs, associate-level and support staff providing client care in the public behavioral health system.

Level of presentation: Introductory –this is a new topic for audience

Seat #: 40

Location: 2085 Rustin Ave. Riverside Ca 92507

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at

(951) 955-7270 at least fourteen business days (14) prior to the course date.

Educational Goals:

1. Participants will gain a better understanding of transgender concepts across social, cultural, legal, and political contexts.
2. Participants will be encouraged to explore their own implicit biases and the impacts of service delivery.

Learning Objectives:

1. Participants will be able to verbalize the difference between gender identity and sexual orientation.
2. Participants will accurately describe the concept of gender expression and gender performativity.
3. Participants will be able to explain how gender identity and sex assigned at birth do not always match.

Course outline:

DAY 1 – June 27, 2023

Time	Topic/Content
8:30am-9:00am	Gender Identity
9:00am-9:30am	Gender Performativity and/or Gender Expression
9:30am-10:30am	Gender Identify Disorder vs. Gender Incongruence
10:30am-10:45am	Break
10:45am-11:30am	Sexual Orientation & Relationship Preferences
11:30am-11:45am	Resources
11:45am-12:00pm	ELMR MH Admission Supplemental form

DAY 2 – June 28, 2023

Time	Topic/Content
8:30am-9:30am	Culture in community and social forms
9:30am-10:30am	History of the Transgender movement
10:30am-10:45am	Break
10:45am-11:00am	Awareness of trends
11:00am -12:00pm	Panel with Q&A

Requesting Continuing Education: This course does not offer continuing education units/credits/hours.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<http://corlearning.rc-hr.com/>). The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact training coordinator Taide Arias at TArias@ruhealth.org or 951-955-7265 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).