

Mental Health Services Act Annual Update FY 24 - 25

Riverside University Health System
Behavioral Health

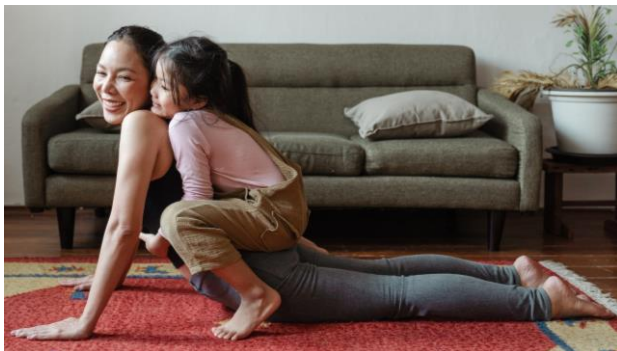


What is MHSA?

- 2004 CA voter approved ballot proposition (Prop 63)
- 1% income tax on incomes over \$1 million dedicated to the public mental health service system
- MHSA has rules/regulations on how the money can be spent
- CANNOT pay for most involuntary programs
- The funding of last resort - braided funding
- Includes a Community Participation and Planning Process
 - Feedback accepted all year round
 - Formalized at start of calendar year
 - Presentations at our network of community groups
 - Stakeholder feedback informs the plan all year round via community advisory groups, allied health care, criminal justice, local governments, CBOs, consumers and families

What is the MHSA Plan?

- A big report that goes to the State
- Authorizes MHSA expenditures
- Demonstrates compliance with MHSA regulations
- Provides progress and outcomes on existing MHSA funded programs
- Does NOT represent all Behavioral Health funding
- Does NOT represent all RUHS-BH services or all RUHS-BH service planning



What is the MHSA Plan?

- Two types of MHSA plans
 - 3-Year-Plan (FY 23/24 -25/26)
 - **Annual Update**



MHSA Plan in Development

- Current data, research, stakeholder feedback and trending needs
- Most programing is rolled over into the next plan to avoid service disruption, and some programs are expanded, reinvented, or terminated based on community response and outcome data



MHSA Frame

- 5 Components:
 1. Community Services and Supports (**CSS**)
 2. Prevention and Early Intervention (**PEI**)
 3. Innovation (**INN**)
 4. Workforce Education and Training (**WET**)
 5. Capital Facilities and Technology (**CFTN**)

CSS

- Largest Component – 76%
- Full Service Partnerships (FSP) – Over 50%
- Clinic expansion – includes adding Peer Support, positions and contracts to increase capacity
- Also includes Housing/HHOPE, Crisis System of Care, and Mental Health Courts/Justice Involved programs
- Riverside Workplans: 01-Full Service Partnership; 02-General Service Development; 03-Outreach & Engagement; 04-Housing



CSS Plan Update Highlights



PEI

- Next largest component – 19%
- Reduce stigma related to seeking services, reduce discrimination against people with a diagnosis, prevent onset of a SMI
- Early intervention for people with symptoms for 1 year or less or do not meet criteria for a diagnosis; low intensity, short term intervention
- Services for youth under age 25 – 51%
- Riverside Workplans: 1) MH Outreach, Awareness, & Stigma Reduction; 2) Parent Education & Support; 3) Early Intervention for Families in Schools; 4) TAY Project; 5) First Onset for Older Adults; 6) Trauma Exposed Services; 7) Underserved Cultural Populations

PEI Annual Update Highlights



INN

- Funded out of 4% CSS and 1% PEI
- Used to create “research projects” that advance knowledge in the field; not fill service gaps
- Time limited: 3-5 years.
- Requires additional State approval process to access funds
- Current Riverside Workplan: Tech Suite (Help @ Hand)
- New Proposal: Eating Disorder Intensive Outpatient and Training Program
 - <https://www.ruhealth.org/behavioral-health/innovation-inn>

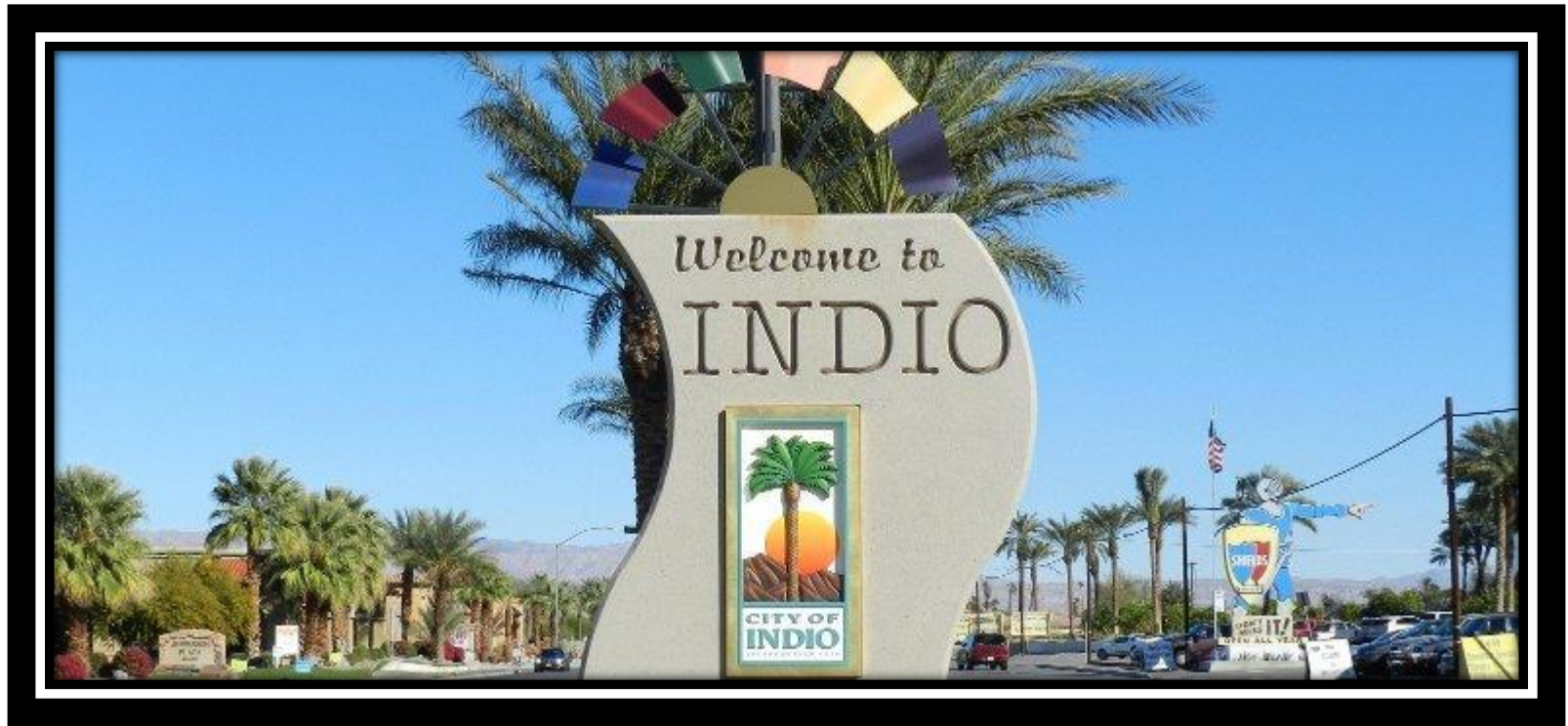
INN Annual Update Highlights



WET

- Original WET funds were 1-time funds that lasted 10 years. Expired 2018.
- Continued plans funded through a portion of CSS dollars
- Recruit, retain, and develop the public mental health workforce
- Riverside Workplans: 1) Workforce Staffing Support; 2) Training & TA; 3) Mental Health Career Pathways; 4) Residency & Internship; 5) Financial Incentives for Workforce Development

WET Annual Update Highlights



CF/TN

- The last CF/TN funds were allocated in 2013-2014, but a portion of CSS funds can be used to address new workplans
- Improve the infrastructure of public mental health services: buildings and electronic programs.

Current projects include:

- Mead Valley Wellness Village
 - The Place renovation (new complete date: 12/2024)
 - Franklin Avenue Adult Residential Facility (Augmented BC)

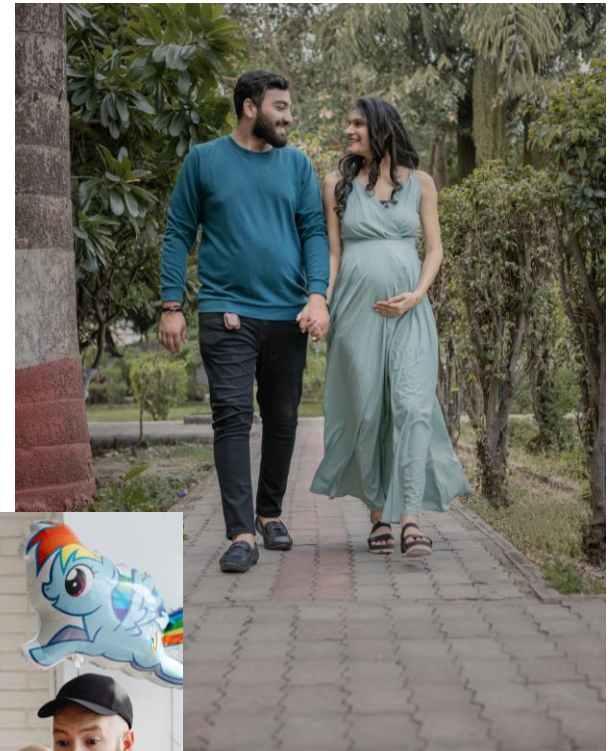


CFTN Annual Update Highlights



What's Next?: Public Posting & Hearing

- April 2024 : 30 day posting
 - Read/comment on draft
- May 2024: Public Hearings
 - Provide plan feedback



Public Hearing: Virtual

- “Public Hearing in your Pocket” videos posted on all RUHS-BH social media: 1 English/ASL; 1 Spanish.
 - Also available on DVDs
 - Included a MHSA Plan Feedback voice mail number



Public Hearing: In Person

- Preceded by Forum
- 1 hearing per service region
 - Location chosen by the Regional MH Boards



What happens to my feedback?

- Reviewed and responded to by the BOS appointed Behavioral Health Commission (BHC)
- Comments and responses become a chapter in the final plan
- Once approved by the BOS, submitted to the State and posted on RUHS website
- A feedback summary is provided to the Exec Office
- Utilized to support program development
 - Smaller recommendations can be more readily adopted
 - Larger recommendations require larger community support and need time to be developed prior to implementation

Contact Info

Sign Up for Email Notifications

- MHSA@ruhealth.org
- MHSA Admin: 951-955-7198
- MHSA Admin: David Schoelen
 - DSchoelen@ruhealth.org
- PEI: Diana Gutierrez
 - DAGutierrez@ruhealth.org
 - PEI@ruhealth.org
- WET: Nisha Elliott
 - NElliott@ruhealth.org
 - WET@ruhealth.org
- INN: (interim) David Schoelen
 - DSchoelen@ruhealth.org
 - bhculturalcomp@ruhealth.org

What is BHSA?

- Behavioral Health Services Act (BHSA)
- Proposition 1
 - Becomes law January 2025
 - Embedded timelines: 1st new plan due July 2026
- Changes Components from 5 to 3:
 - Housing; FSP; Behavioral Health Services
- Includes SUD services
- Focuses on the unhoused and youth



BHSA: Reform

- New structure for planning, data, reporting, and accountability across ALL BH funding streams
- Greater State oversight and approval
- Will require refinement amendments
- DHCS tasked with creating the corresponding regulations



Component 1: Housing

- 30% of the total funding allocation
- 50% of this component must be spent on the chronically homeless with a focus on encampments
- Housing First model, may include recovery housing
- Up to 25% may be use on capital projects with DHCS approval
- NO mental health or SUD treatment/services can be funded under this component
 - Outreach, Navigation, Supportive Services

Component 2: FSP

- 35% of the total funding allocation
- Requires Evidence Based Practices including Assertive Community Treatment (ACT) and Forensic Assertive Community Treatment (FACT), Individual Placement and Support (IPS) Employment services, and high fidelity wraparound for youth and families
- Requires assertive field-based initiation for SUD services including MAT
- DHCS to develop levels of care and step down metrics

Component 3: BHS

- 35% of the total funding allocation
- Requires new sub-category: 51% must be spent on Early Intervention programs
 - “may include services that prevent, respond, or treat BH crisis”
 - 51% Early Intervention funds must be used on youth under 25
 - Removed all reference to Stigma Reduction and county population based prevention
 - Expands outreach to urgent care, hospitals, EDs and schools
- WET, CF/TN, Innovation
 - State dedicated some funds for Workforce Initiatives, Innovation Partnership Fund, and Population Based Prevention



Planning and Reporting

- Starting July 2026: New 3 Year Plan format
- ALL funding sources and programming
- Expands stakeholders
- Stakeholder process for annual updates not required
- New accounting reporting



DANKSCHEEN
 TASHAKKUR ATU
 SUKSAMA
 EKHMET
 SHUKURIA
 GOZAIMASHITA
 EFCHARISTO
 KOMPAPSUNIDA
 MAHAKE
 MEHRBANI
 PALDIIES
 YAQHANYELAY
 TINGKI
 BIYAN SHUKRIA
THANK YOU
 BOLZIN MERCI



MHSA Annual Update FY 24/25

Plan Highlights

Community Services and Supports (CSS)

Crisis System of Care

- Riverside County Mobile Crisis Response for Behavioral Health is now available 24/7. The Mobile Crisis Response Teams include clinical therapists, case managers, addiction counselors, and peer support specialists. This team is dispatched where the behavioral health crisis is occurring with the goal to deescalate the situation, link to ongoing care, and avoid unnecessary emergency department care, psychiatric hospitalizations, and law enforcement involvement. The Mobile Crisis Teams are countywide, and have successfully diverted 70% of contacts from law enforcement and inpatient admissions, demonstrating their effectiveness in handling crises without traditional enforcement methods. The Crisis Teams can be accessed by calling 951-686-HELP.
- RUHS-BH is also partnering with the Riverside Sheriff's Office 911 Dispatch to add two clinical therapists to the dispatch center to assist with immediate diversion of calls that could be addressed by the mobile crisis teams instead of law enforcement.
- Community Behavioral Health Assessment Teams (CBAT) are police officer and RUHS-BH clinical therapist partnership teams that respond to law enforcement dispatched, behavioral health calls in the community. These teams bring together the safety and authority of law enforcement with the clinical and engagement expertise of behavioral health. Based on stakeholder feedback, the number of CBAT continues to expand. Current CBAT are located at: Menifee PD; Corona PD; Beaumont PD sharing with Cabazon Sheriff; Cathedral City PD; Palm Desert Sheriff; Hemet Sheriff; Jurupa Sheriff; Perris Sheriff; Thermal Sheriff; Lake Elsinore; Riverside PD (2 teams); Moreno Valley RSO; Hemet PD; Indio PD; Temecula RSO; and Murrieta PD.

Justice Involved

- Justice Enhanced Care Management (ECM) teams will launch in 2024. ECM services means consumer access to a single Lead Care Manager who provides **comprehensive care management** and coordinates all consumer health and health-related care and services. These teams will provide ECM services to adults and juveniles while in jail, or juvenile detention facilities, and will continue provide ECM services to these same consumers after their release.

- Community Assistance, Recovery, and Empowerment (CARE) Act more commonly known as CARE Court launched in October 2023. This new collaborative court team provides engagement, assessment, care planning, linkage, and wrap around case management services to consumers with schizophrenia spectrum disorders who are court ordered to engage in supportive treatment. This new program complements existing similar collaborative court programs like assisted outpatient treatment (AOT).

Prevention and Early Intervention (PEI)

The intent of Prevention & Early Intervention is to engage individuals before the development of serious mental illness or serious emotional disturbance or to alleviate the need for additional or extended mental health treatment. There are seven work plans with several programs and services in each. PEI providers continued to show success in meeting program goals and objectives and reaching the target populations.

- Help@Hand, as an Innovation Component Plan, has come to an end. Innovation Plans cannot last more than 5 years. Help@Hand included several projects. The following project will move to the PEI Plan to sustain their success:
 - ManTherapy.org is a web-based campaign that provides serious behavioral health information in a light-hearted manner and encourages site visitors to take a “head inspection,” a free, anonymous, scientifically-validated, on-line self-assessment resulting in accurate information about the state of their mental health.
 - La Clave is a culturally informed program for the Latine community that helps family members understand the onset symptoms of psychotic disorders using cultural references as teaching topics. Earlier intervention after a psychotic break has shown a greater recovery prognosis.
 - Take My Hand -- TakemyHand is a peer-to-peer live chat interface operated by RUHS-BH Certified Medi-Cal Peer Support Specialists providing chat support using real-time conversations for people (16 & over) seeking non-crisis emotional support. The Take My Hand technology costs will now be funded in the PEI plan.

Work Plan 1: Mental Health Outreach, Awareness, and Stigma Reduction – Strategies that focus on mental health stigma reduction, education about mental health symptoms, and increasing access for underserved communities.

- The Community Mental Health Promoter programs focus on target populations including Latino/a/x, African American, Native American, Asian/PI, LGBTQ+. Providers

engaged with 8,660 community members delivering 1-hour presentations with information about: anxiety, depression, mental health, schizophrenia, self-care, substance abuse, suicide prevention, trauma, and bipolar disorder. This program was released for competitive bid during FY22/23 and resulted in one new provider. We will re-release soon to find providers for populations currently not being served.

- PEI also funds the administration and activities under the Cultural Competency Program. Some highlights include:
 - Collaboration with the Research and Evaluation Unit to create inclusive demographic and outcome forms to improve community outreach reporting.
 - Collaboration with Workforce Education & Training to develop a training program to increase the understanding of working with people with disabilities, and design training for bilingual/Spanish clinical therapists to enhance services Spanish-speaking clients.
 - Collaboration with the San Jacinto Chapter of the National Alliance on Mental Illness to create Caring Across Cultures: Multicultural Symposium on Mental Health. The event featured an expert panel, a keynote speaker, resource tables, music, food, and festivities that highlighted the traditions of diverse cultures of Riverside County.

- PEI Administration continued to offer trainings, virtually and in-person, available to the general community focused on mental health awareness, self-care and wellness, trauma and resiliency, and suicide prevention. Additionally, in-person suicide prevention trainings were offered throughout the fiscal year. Trainings are free and available every month. For FY22/23, 1,613 participants countywide attended the 87 trainings that were offered.

- The Suicide Prevention Coalition hosted its 2nd Annual Conference with more than 350 attendees with others watching the livestream. The theme: Bridging the Gap Between Spirituality and Suicide Prevention, included one keynote presentation focused on the essentials of suicide prevention in faith communities and two panels with 11 local faith leaders. You can find the recording on the SPC website, along with lots of other related information, at www.rivcospc.org.

- This year marked the return of Active Minds' Send Silence Packing exhibits on our local college campuses since the pandemic held at UCR and Mt San Jacinto College, Menifee campus. The Send Silence Packing traveling exhibit is an immersive experience utilizing mixed mediums to increase awareness and reduce stigma associated with mental health concerns and suicide. The exhibits were well received by students and faculty.

- May is Mental Health month returned to in-person events and expanded to include one event in each of the three regions.
 - The Palm Desert event include 80 vendors and a Mental Health panel discussion on the importance of caring for our physical and mental health. The annual Desert Art Show displayed nearly 500 art pieces submitted by consumers; it was very well attended and many art pieces were sold.
 - The Mid-County event was held in Menifee, in partnership with the City of Menifee, with close to 80 vendors and DJ Jesse Duran from Kola radio.
 - The Western region event, at Fairmount Park, was also emceed by Kola's Jesse Duran and featured a Wellness Corner, a dance contest, and performances from consumers of RUHS-BH.

- The Dare to Be Aware youth conference was held in Riverside for the first time since COVID in February 2023. This mental health conference for high school youth focused on positive relationships and connection. There were 10 schools with 315 youth in attendance. In 2024, the conference will expand to include a Palm Springs conference as well.

- PEI, in partnership with the Suicide Prevention Coalition, will be offering short-term grief counseling for survivors of suicide loss at no cost to Riverside County residents. This pilot will offer 6-8 free sessions to suicide loss survivors through community-based clinicians trained in suicide bereavement. Applications are being accepted continuously until a sufficient number of providers are obtained to adequately address the needs of the County or funding is no longer available. You can find the application at www.rivcospc.org.

Work plan 4: Transition Age Youth (TAY) – outreach, stigma reduction, and suicide and self-harm prevention activities. This includes targeted outreach for LGBTQ TAY, TAY in or transitioning out of foster care, runaway TAY, and TAY transitioning into college.

- The Directing Change Statewide Program and Film Contest for FY22/23 included 212 Film Submissions from 24 schools & CBOs by 586 youth. Riverside County Eleanor Roosevelt HS won 1st place for the Mental Health Matters category. The Riverside County Local Screening and Recognition Ceremony was held on May 4, 2023 at the Fox Theater with approximately 350 students, advisors, families, and other community members in attendance. RUHS-BH co-hosted the event with RCOE and RUHS-PH.

Innovation (INN)

Our only current Innovation project, Help@Hand, a five-year multidimensional project concludes in February 2024. This collaboration between 14 California Cities and Counties was created to determine how technology fits within the behavioral health care system. The Help@Hand Riverside website is: <https://helppathandca.org/riverside/>. Over the past year, the project has expanded and grown. Highlights from Help@Hand include:

- 64 Kiosks have been installed in waiting areas throughout Riverside County and serve as points of service navigation and education. 10 more kiosks are planned to complete deployment of 74 kiosk total. Here you can also find a link to the MHSa plan and how to provide feedback. THE KIOSK EXPERIENCE (<https://riversidehelppathand.org/>) is a great way to locate useful resources and support at your fingertips including *Programs and Services*, *Epic my Chart*, and *CheckIn appointments* for medical patients.
- The TakemyHand™ Live Peer Chat provides peer-to-peer live chat interface using real-time conversations for people seeking non-crisis emotional support. The Chat is open and free to the Riverside County public age 16 or older. The online chat works on a PC, laptop, tablet, iPad, and smartphone, or can be accessed at a kiosk or directly online at [TakeMyHand.co](https://www.takemyhand.co). TakemyHand was recognized as a CA State Challenge Award Recipient. TakemyHand has two landing pages: One for the English speaking audience: [TakemyHand.co](https://www.takemyhand.co) and one for the Spanish Speaking audience: [TomamiMano.co](https://www.tomamimano.co). TakemyHand is available as an iPhone App at the [App Store](https://www.takemyhand.co) and will be available as Android app at the Google Store in late December 2023. The total number of TakemyHand chats from January through November 2023 is 1,626.
- Deaf and Hard of Hearing Needs:
 - Currently, we have implemented a TakeMyHand pilot using ASL video chat with two Deaf Peer Chat Operators to offer support to the Deaf Community.
 - Digital Literacy ASL Videos. In partnership with Sorenson and The Center on Deafness Inland Empire (CODIE), 10 Digital Health Literacy videos were produced and adapted to ASL. The ten videos produced by the Help@Hand statewide collaborative as well as the 10 ASL digital literacy videos adapted by Riverside are available at the Help@Hand Kiosks countywide.
 - Deaf and Hard of Hearing Needs Assessment Digital Survey. In collaboration with CODIE, Qualtrics, Red Pepper Consulting, UCI, Sorenson and the Evaluation team, a Deaf and Hard of Hearing Needs Assessment survey was developed. The survey has 27 questions that contains 81 ASL videos. The survey also includes an ASL county resources video that features the TakemyHand™ Live Peer Chat resource as well as the local CARES line, Urgent Care Mental Health facilities and crisis

lines. The survey is currently available through the CODIE Website at codie.org.

- A4i is a mobile app is used to support the recovery process of individuals living with schizophrenia or psychosis. A4i tools include tracking treatment progress, providing medication reminders, and can help the user discern between auditory hallucinations and environmental sounds. Riverside County's pilot team is the first in the United States to utilize this emerging healthcare technology to create an umbrella of caregiving that involves all parties involved in treatment. The technology is used in conjunction with other forms of "traditional" treatment such as therapy or medication. Clients and caregivers collaborate and are kept in sync with updated information. There are 102 consumers who participated in utilizing the A4i app. 12 clinic sites and 50 staff members participate in the pilot. You can see videos of real life testimonies of how A4i has impacted the life of pilot participantsA4i: <https://vimeo.com/showcase/10798859>.
- Recovery Record. The Recovery Record app is a leading global product for eating disorder management. Features include check-ins, CBT self-monitoring, DBT and ACT skills, outcome tracking, meal monitoring, clinical goal review, and motivation enhancement. The RUHS-BH Recovery Record pilot has 18 consumers and 50 staff members. Analysis of the App data is underway.
- Man Therapy. Began a County-wide marketing campaign promoting [ManTherapy](#) to combat mental health stigma among men. Men are traditionally difficult to reach regarding behavioral health care, and as a result, are more likely to experience the consequences of untreated behavioral health challenges. Man Therapy provides serious behavioral health information in a light-hearted manner and encourages site visitors to take a "head inspection," a free, anonymous, scientifically-validated, on-line self-assessment. From January through November 2023, a total of 12,225 self-assessments were completed in Riverside County.
- The Whole Person Health Score (WPHS). This health score gives Riverside University Health System (RUHS) patients and their care team an overall health assessment that is accessible and easy to understand. The goal is to help individuals improve their overall health by looking at six domains: *Physical Health, Emotional Health, Resource Utilization, Socioeconomics, Ownership, and Nutrition and Lifestyle*. In collaboration with Dr. Leung Geoffrey, Public Health Officer; Dr. Vikram Kumar, Chief Health Information Officer; and Bijan Sasaninia, WPHS Program Coordinator, the WPHS assessment tool was digitized in order to automate the distribution of the assessment tool via text and email. Since the end of 2023, 12,098 text and email invitations have been sent, resulting in 978 WPHS assessment completed. The WPHS is also available via an anonymous QR code used at the Help@Hand kiosks. From this channel, the Behavioral Health Cohort has completed an additional 87 WPHS assessments.

- La CLAVE. La Clave is a culturally informed program for the Latine community that helps family members understand the onset symptoms of psychotic disorders using cultural references as teaching topics. Earlier intervention after a psychotic break has shown a greater recovery prognosis.
 - Riverside has implemented billboards and advertisement kiosks countywide to promote La CLAVE resources.
 - 4 la CLAVE facilitator trainings were completed. Aside from RUHS Staff members, staff from community organizations such Vision y Compromiso, JFK Foundation Organization, Affordable Counseling Services, NAMI Temecula, and Peace from Chaos completed facilitator trainings. La CLAVE Movie DVDs and retractable banners were distributed to the outpatient clinics and community organization who participated in La CLAVE facilitator trainings.
 - La CLAVE content was also integrated within the TakemyHand™ mobile app and website.
 - Most recently, Univision en Español and NBC Palm Springs reached out to collaborate with Help@Hand to promote La CLAVE in the Desert region.

Workforce Education and Training (WET)

- Advanced Clinical, Evidence Based Practices, and Recovery Training: Included mandatory requirements like Nonviolent Crisis Intervention and Trauma Informed Systems, as well as, the Board of Behavioral Science Continuing Education (CE) requirements for licensed therapists such as Law and Ethics. Evidence Based Trainings like Seeking Safety, Eye Movement Desensitization and Reprocessing, Trauma Focused CBT, and Dialectical Behavioral Therapy, and specialized training for our eating disorder clinicians. WET offered 407 CE trainings, and 33 trainings that focused on advanced behavior health topics.
- The WET Internship programs continue to be one of the largest behavioral health internship programs in the Inland Empire. In this past academic year, the Graduate, Internship, Field, and Traineeship (GIFT) coordinated internships for 37 masters and bachelors level students countywide. Over 51% are bilingual (46 % speak the threshold language of Spanish). Many had lived experiences as consumers or family members. These graduating interns become a prime candidate pool for hiring new Department therapists.
- WET developed and received approval to implement centralized oversight of Department clinical supervision and development countywide. This includes: central coordination of the legally necessary clinical supervision required for journey level therapists, ensuring compliance with the State's clinical supervision requirements for staff to perform clinical supervision, collecting supervision related data to help drive training development, and providing training support to clinical supervisors.

- The Clinical Licensure and Support (CLaS) program also plays an important role supporting our unlicensed therapists to be ready for licensure. Department CLaS participants continue to grow with an increase from 20 to 29 applicants. Also, this year, CLaS supported 16 Clinical Therapists to pass their licensure test and to promote into being licensed therapists.

Capital Facilities and Technology (CFTN)

- Mead Valley Wellness Village. Full service Behavioral Health Campus that serves as a safe, monitored, and therapeutic community and living space while simultaneously delivering high quality, person-first, treatment for Behavioral Health. The Village will be architecturally designed and landscaped and offer a full continuum of behavioral health care in one location. Consumers and their families move through the campus' continuum of care from intensive oversight and treatment activities, to decreased therapeutic contact enabling consumers to prepare for a self-sustained recovery grounded in their own community. By delivering the right level of care at the right time, this model can save cities and the County millions of dollars annually, making a long lasting impact on the community through complete health, balance, and societal reintegration. The goal is to build a Wellness Village in each of the five supervisorial districts. The premier Wellness Village is being developed in Mead Valley.
- Renovation has begun on an augmented adult residential facility on Franklin Avenue in the City of Riverside. When complete, this adult residential facility will provide approximately 81 beds with integrated, onsite full-service partnership (FSP) services. The facility is expected to open in December 2024. This facility would provide a level of service comparable to the department's existing adult residential and care facility location in Palm Springs (Roy's Desert Springs & Windy Springs Wellness Center combination).
- Approximately 5 new apartment communities are expected to open in 2024. Each community will have reserved units for homeless households who also carry a severe mental health diagnosis. Additionally, each community will have on-site RUHS-BH care support and navigation staff to provide supportive services. More information about these developments can be accessed at our Homeless Housing Opportunities Partnership and Education (HHOPE) administration.
- The Renovation of the 25-bed permanent, supportive housing property for homeless consumers in Riverside called "The Place." The Place has 24/7 on-site supportive services for homeless consumers who experience serious mental illness, and originally

opened in 2007. The Renovation will allow for much needed building upgrades, increase bed capacity to from 25 shared room beds to 31 single room beds, and increase the size of common living areas and group treatment areas. This renovation began during the last planning cycle but has a new, estimated completion date. The renovation is scheduled to complete in late 2024.



Save the Dates

Riverside Behavioral Health Commission is hosting public hearings on the:

Mental Health Services Act (MHSA) Plan Update FY 24/25

THURSDAY, MAY 23, 2024

ELK'S LODGE
1305 W. FLORIDA AVE.
HEMET, CA 92543

TUESDAY, MAY 28, 2024

**MORENO VALLEY
CONFERENCE CENTER**
14075 FREDERICK ST.
MORENO VALLEY, CA
92553

THURSDAY, MAY 30, 2024

**COACHELLA VALLEY
RESCUE MISSION**
47470 VAN BUREN ST.
INDIO, CA 92201

FORUM:

3:00 - 5:00 PM

HEARING:

5:30 PM - 7:30 PM

This is an opportunity for the community to get information, voice their opinion, ask questions, and provide input.

The Draft MHSA Plan Update is available on the Department of Behavioral Health website at:

🌐 <https://www.ruhealth.org/behavioral-health/MHSA>



Guarde las fechas

La Comisión de El Sistema de Salud Integral de Riverside - Salud Mental y Bienestar está organizando audiencias públicas sobre

La Ley de Servicios de Salud Mental (MHSA) El Proyecto de actualización del plan para el año fiscal de 24/25

JUEVES, 23 DE MAYO, 2024

ELK'S LODGE
1305 W. FLORIDA AVE.
HEMET, CA 92543

MARTES, 28 DE MAYO, 2024

**MORENO VALLEY
CONFERENCE CENTER**
14075 FREDERICK ST.
MORENO VALLEY, CA
92553

JUEVES, 30 DE MAYO, 2024

**COACHELLA VALLEY
RESCUE MISSION**
47470 VAN BUREN ST.
INDIO, CA 92201

FORO:

3:00 - 5:00 P M

AUDIENCIA PÚBLICA:

5:30 P M - 7:30 P M

Esta es una oportunidad para que la comunidad obtenga información, exprese sus opiniones, haga preguntas y proporcione información.

El Proyecto de actualización del plan está disponible en la página web del Departamento de Salud Mental en

🌐 <https://www.ruhealth.org/behavioral-health/MHSA>

Esta información está disponible en formatos alternativos bajo petición. Si necesita una acomodación razonable, póngase en contacto llamando a (951) 955-7399

Regional Key Program Grid MHSA Annual Update FY 24-25
Community Services & Supports (CSS): Full Service Partnership (FSP)

	Western Region	Mid-County Region	Desert Region
FSP Track in outpatient clinics	X	X	X
FSP Outreach Prior to Acute Hospital Discharge	X	X	X
Children's FSP			
Multi Dimentinal Family Therapy	X	X	X
Wraparound	X	X	X
Youth Hospital Intervention Program (YHIP)	X	X	X
TAY (Transitional Age Youth):			
TAY FSP Program	X	X	X
Adult:			
Adult FSP Program	X	X	X
Older Adult FSP:			
SMART Program	X	X	X

CSS: General Service Development (GSD)

General			
BH Care at Community Health Center	X	X	X
Parent Child Interaction Therapy/Preschool 0-5	X	X	X
DBT, Eating Disorder, NCI, MI, TF-CBT, other EBP	X	X	X
TAY Centers	X	X	X
Crisis System of Care:			
Mobile Crisis Teams (MCRT and MCMT)	X	X	X
Mental Health Urgent Care (MHUC)	X	X	X

Crisis Residential Treatment (CRT)	X	X	X
Adult Residential Treatment (ART)			X
Clinician/Police Partner Teams (CBAT)	X	X	X
Mental Health Court & Justice Related:			
Mental Health Court/Veterans Court	X	X	X
Homeless Court	X		X
Law Enforcement Education Collaboration (CIT)	X	X	X
Youth Treatment Education Center	X		
Juvenile Justice EBP	X	X	X
Adult Detention BH Discharge Preparedness	X	X	X
Laura's Law Assisted Outpatient Treatment	X	x	x
CARE Court (Includes mobile access countywide)	X		

CSS: Outreach and Engagement

Lived Experience Programs:

Consumer Affairs: Peer Support

Peer Support and Resource Centers	X	X	X
Peer Support Specialist Certification Classes	X	X	X
WRAP/Facing Up/WELL	X	X	X

Parent Support & Training: Parent Partners

Educate, Equip & Support	X	X	X
Triple P/Triple P Teen	X	X	X
Nurturing Parenting	X	X	X
Parent Partner Training	X	X	X

Family Advocates:

Family WRAP (English & Spanish)	X	X	X
Family to Family Classes (English & Spanish)	X	X	X

DBT for Family (English & Spanish)	X	X	X
------------------------------------	---	---	---

Housing & Housing Programs:

HHOPE Programs	X	X	X
Homeless Outreach Teams	X	X	X
Permanent Housing Property for Chronic Homelessness	X		X
Permanent Supportive Housing Units	X	X	X

Prevention and Early Intervention (PEI)

Western Region

Mid-County Region

Desert Region

Mental Health Outreach, Awareness & Stigma Reduction:

Stand Against Stigma (formerly Contact for Change)	X	X	X
Promotores de Salud Mental y Bienestar	X	X	X
Community Mental Health Promotion Program	X	X	X
Integrated Outreach & Screening	X	X	X
Asian/PI Mental Health Resource Center	X	X	
Helpline	X	X	X

Parent Education & Support:

Triple P - Positive Parenting Program	X	X	X
Mobile MH Clinics & Preschool 0-5 Program	X	X	X
Strengthening Families	X	X	X
Guiding Good Choices	X	X	X

Early Intervention for Families in Schools:

Peace4Kids	X	X	X
------------	---	---	---

Trasistion Age Youth (TAY) Project:

Stress and Your Mood	X	X	X
TAY Peer-to-Peer Services	X	X	X
Active Minds Chapters (Send Silence Packing)	X	X	X
Outreach to Runaway Youth/Safe Places	X	X	X
Teen Suicide Awareness & Prevention Program	X	X	X

First Onset for Older Adults:

Cognitive Behavioral Therapy for Late-Life Depression	X	X	X
Program to Encourage Active Rewarding Lives (PEARLS)	X	X	X
Care Pathways - Caregiver Support Groups	X	X	X
Mental Health Liaisons to Office on Aging	X		X
Carelink/Healthy IDEAS	X	X	X

Trauma-Exposed Services:

Cognitive Behavioral Intervention for Trauma in Schools	X	X	X
Seeking Safety TAY	X	X	X
Seeking Safety Adult	X	X	X

Underserved Cultural Populations:

Mamas y Bebés (Mothers & Babies)	X	X	X
Building Resilience in African American Families -Boys	X	X	X
Building Resilience in African American Families -Girls	X	X	X
Native American Project	X	X	X
Asian American Project/KITE	X	X	

Innovation (INN)

Western Region

Mid-County Region

Desert Region

Tech-Suite (Help @ Hand) Project:	X	X	X
--	---	---	---