



RIVERSIDE COUNTY
**HEALTH
COALITION**



Health Equity
RIVERSIDE COUNTY
PUBLIC HEALTH


BLUE ZONES
ACTIVATE
MEAD VALLEY

IT TAKES A VILLAGE

***Caring for Our Elders
and Maintaining Health
as We Age***



WEDNESDAY
January 21, 2026

10 a.m. - 12:30 p.m.
(In Person or Online via Zoom)

**Mead Valley
Community Center**

**21091 Rider St,
Perris, CA 92570**



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Questions? Email the Health Equity Team:
RivCoHealthEquity@ruhealth.org

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