

Trans Care for the Generalist Clinician



Instructor:

David M. Schoelen, LCSW

Instructor Information:

David M. Schoelen is an LCSW with over 30 years of experience in public mental health service. He attended California State University, Long Beach where he obtained his Masters in Social Work and has been a LCSW since 2000. His practice has included specializing in service to LGBT consumers, people who experience psychosis, and in the application of law related to mental health risk.

Course Description:

This is the second workshop in a 3-part series around working with Transgender consumers. The first training was an introduction to trans culture and experience. In this course, participants will learn how to utilize that information to begin a culturally informed, clinical practice with consumers who identify as transgender. Participants will increase their understanding of personal and professional biases, increase understanding of how transgender culture can inform assessment and treatment outcomes, as well as explore clinical implications related to coming out and working with family systems.

Dates: August 30, 2023

Time: 9:00am – 4:30pm

Location: 2085 Rustin Avenue, Riverside, CA 92507 Entrance 1

RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>

All other interested partners, please visit www.rcdmh.org/wet

Free to all registered participants

Continuing Education Credits: This course meets the qualifications for 6 continuing education units/credits/hours.

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Instructor Information: David M. Schoelen is an LCSW with over 30 years' of experience in public mental health service. He attended California State University, Long Beach where he obtained his Masters in Social Work and has been a LCSW since 2000. His practice has included specializing in service to LGBT consumers, people who experience psychosis, and in the application of law related to mental health risk. David regularly supervises clinical graduate-level students and Associates. He is a CAMFT Certified Supervisor and was awarded Field Instructor of the Year by the Inland Empire Clinical Education Collaborative in 2009. David has served as an instructor and guest lecturer for several undergraduate and graduate degree programs. He is a certified instructor for the California Brief Multicultural Scale and was a trainer for Assessing and Managing Suicide Risk (AMSR), an evidenced-based practice. He has facilitated many specialty training for practitioners who serve the LGBT community such as Engaging and Understanding Transgender Youth, Working with Trans-identified Clients, Understanding Mental Health and the LGBTQ Community, and Uncovering Connection with LGBTQ Consumers. David has completed specialized training through WPATH and has received advanced instruction from the LA Gender Center.

Audience: RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, and LEPs, and associate-level staff providing client care in the public behavioral health system.

Level of presentation: Intermediate- applicable to audience with working knowledge of topic

Seat #: 40

Location: 2085 Rustin Avenue, Riverside, CA 92507

If you require accommodations, please contact the Rustin Conference Center at (951) 955-7270 fourteen days (14) prior to the course date.

Educational Goals:

1. Increase understanding of the trans experience and related clinician counter-transference.
2. Identify stages of trans identity development and related assessment issues.

3. Increase awareness of transgender clinical needs and identify related interventions.
4. Understand the basic tenants of Affirmative Psychotherapy with trans consumers and their families.

Learning Objectives:

1. Participants will be able to name the six (6) transgender identify development stages as theorized by Lev.
2. Participants will be able to understand gender dysphoria as a clinical standard in the DSM 5.
3. Participants will be able to identify the four (4) components of Meyer’s Theory of Minority Stress.
4. Participants will evaluate the statistics regarding the consequences of rejection as experienced by LGBT youth.
5. Participants will be able to identify the four (4) stages of Family Emergence.
6. Participants will be able to explain trans identity and trans experience as it relates to care planning.

Course outline:

| Time | Topic/Content |
|------------------------|---|
| | The Foundation: What to expect, definitions, implicit bias, affirmation |
| 10:30am-10:45am | Break (non CE time) |
| | Being Trans: Identity and identity development; Clinical Considerations and Diagnosis |
| | Being Trans: Identity and identity development; Clinical Considerations and Diagnosis |
| 12:00pm-1:00pm | Lunch (non CE time) |
| | Family: Coming out, Informal Support Systems, Family Development |
| 2:30pm-2:45pm | Break (non CE time) |
| | Termination: Special considerations – Religion, Couples, When you’re the only support |
| 4:15pm-4:30pm | QA and evaluations |

This course meets the qualifications for 6 continuing education units/credits/hours. Please see the brochure for additional information.

Continuing Education: Course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for **(6)** Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1223 for **(6)** CEH'S.

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

Requesting Continuing Education: Participants interested in receiving continuing education credit or a certificate of participation should contact Sujei Larkin via email at glarkin@ruhealth.org. Please include the following information in your email request: full name, title of training, and certification or license number. For in-person courses, certificates will be issued immediately after the completion of the course. For distance learning courses, certificates will be issued via email or by mail within five (5) business days after the completion of the course and receipt of required documentation.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>). The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact training coordinator Taide Arias at tarias@ruhealth.org or 951-955-7265 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).