



## Open Doors Support Group

### What is Open Doors?

Open Doors is a support group for Parents and Caregivers who are raising a child/youth with mental health/emotional/behavioral challenges. Our goal is to provide parents and caregivers a safe place to vent, share support, information, solutions and resources. In addition to support, these groups also offer training, workgroups, and special topics.

### Parent Support and Training Program

3125 Myers St., Bldg. 3,  
Riverside, CA 92503

**951-358-5862**

*\*If you child/youth will be attending the "Children/Youth Empowerment Group" you must register your child in advance as space is limited. For more information, please call 951-358-5862.*

 **Riverside  
University  
HEALTH SYSTEM**  
Behavioral Health