

NURTURING Fathers PROGRAM

Join our 13-week course to help men learn parenting and nurturing skills. Each 2 1/2-hour class provides proven, effective skills for healthy family relationships and child development.

Participants will learn:

- The secrets for creating safe, loving, stable, and nurtured families.
- Positive discipline tools taught through a uniquely father-friendly method for successful child behavior management.
- Effective family communication techniques to strengthen the father-child and father-mother relationships.
- Stop fighting and arguing with others using effective conflict resolution and problem-solving strategies.
- How to achieve cooperation and teamwork in family life.

For more information, please contact:

Parent Support & Training Program 3125 Myers St., Building 3 Riverside 951-358-5862

If you speak another language, language assistance services, free of charge, are available to you. Call 1-951-486-4320 (TTY: 711). Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-951-486-4320 (TTY: 711).