

WADE Alliance Subcommittee Meeting Minutes June 6th 2025 on Zoom

MEMBERS PRESENT:	MEMBERS PRESENT:	GUESTS PRESENT:
Tauna Butler, WADE Co-Chair	Kimberly Aufrecht, Red Cross Riverside County	Micah, ASL
Dakota Brown, WADE Chair	Frenzelle Apaga, Planned Parenthood	
Misty Martin, RUHS-BH	Alyssa Romo, IEHP	
Peter Kiriakos, WADE member	America Navejas, ICRC	
Joseph Mekael Page, The Hemet Beat	Daisy Ramierez Bell, RUHS-PH	
Alyssa Nieto UCPIE	Aurelia Sanchez, DRC	
Deysi Chavez-Belloso, ASIE	Lizette Vazquez, SB DBH	
Rebecca Torres, Reach Out	Daniela Romero, TrueCare	
Giselle Avitia, Community Health Systems Inc.	Isabel Martinez, IEHP	
Fg. Pefley	Marissa Brazzill, IEDC	
Joey Holland, SoCal United Way 211+	Marisela Manzo, Inland Housing Solutions	
Lauren Adamson, RUHS-BH		
Claudia Iglesias, Reach Out		

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER AND LAND ACKNOWLEDGEMENT	Dakota called to order at 1:03 p.m after showing a brief video to congratulate the Inland Coalition on Aging (ICA) on developing their Master Plan On Aging in the Inland Empire (MPA-IE). Land acknowledgment was read by Daisy and Chair invited participants to NAWAB (Native American Wellness Advisory Board) meeting and provided Dr. Milanovich's email (smila002@ucr.edu) so they can contact him in order to receive an invitation.	
II. INTRODUCTION AND COMMUNITY AGREEMENT	Dakota introduced herself, shared some of WADE's goals, and invited participants who haven't yet, to use the membership questionnaire link. She also shared the meeting agreements and invited anyone with accessibility needs to contact her. Chair also welcomed Pete who is returning after an absence. He shared his struggles in having Medi-Cal cut off and advised anyone with concerns to contact their Department of Public Social Services (DPSS) Worker.	
III. MEETING MINUTES REVIEWED FOR APPROVAL	The May minutes were shown and approved.	
IV. ANNOUNCEMENTS	Chair and Lead Misty Martin informed the attendees of the Cultural Competence Reducing Disparities (CCRD) Listening Session next Wednesday June 11,	

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	designed to help the RUHS-BH Cultural Competence Program (CCP) learn about how marginalized population like Immigrants, Trans, and Disabled are coping with federal changes and how we can support them.	
	Chair shared about the Philippine-American Immersion School of the Inland Empire (PAIS-IE) event the following day, June 7, which recognizes First Peoples as our American "Hosts." The workshop happens at San Juan Capistrano and the nearby Greek Orthodox church, and includes an exploration of the Spanish Mission System as a pre-existing model of colonization	
V.MINDFULNESS EXERCISE AND ICE BREAKER	In order to create connection, the Icebreaker question was asked; What is your favorite scent? Co- Chair Tauna Butler led a mindfulness exercise taken from the book <i>Practicing Mindfulness</i> by Mathew Sockolov.	
VI. AGENCY SPOTLIGHT	Chair introduced this meeting's agency Spotlight: Red Cross Regional Preparedness Manager Kimberly Aufrecht. Kimberly spoke on Disaster Preparation. She encouraged the members asses their needs if their home is unsafe with no power or if the water is unsafe to drink. She addressed the question "What if roads are blocked and stores/pharmacies, healthcare facilities are closed?" She reminded members to build a support team and create a hard copies of their emergency contacts and necessary info, as well as to make plans to stay safe if they need to evacuate, stay home, or shelter nearby. People with Disabilities need to ask themselves who will get me there? What help will I need? What will I bring with me? Do I have enough food, water, meds if we have to shelter in place? Kimberly provided advice on creating a "Go-Bag" emergency supplies. People with pet or service animals or children will need to take extra steps. Kimberly and Red Cross are available to do an Emergency Preparedness presentation to any group: <u>Kelley.Larson@redcross.org</u> . She also shared about how to get bed-shakers and flashing strobe lights for Deaf and Hard of Hearing (D/HH) individuals.	
VII. UNFINISHED BUSINESS	Chair presented a visual and audio wrap-up of May is Mental Health Month Activities and the Mental health Services Act (MHSA) hearings.	

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	Chair also shared on the Inland Caregiver Resource Center (ICRC) Health and Wellness Conference in May.	
VIII. NEW BUSINESS	 Chair sared a video: "What the game Monopoly can teach us about power and empathy." The video showed that as power increases, empathy decreases. More power = more difficulty in taking other's perspective, which can cause individuals with more power to view themselves differently from others. This can lead to people attributing random luck to their own skills. Hemet Pride is tomorrow June 7th. 4th Annual Deaf Wellness & Resource Fair tomorrow at Center for Deafness Inland Empire (CODIE) in Riverside Minor League Baseball (MiLB) team the Lake Elsinore STORM are having an All Abilities Night next Tuesday June 10th. The game will feature inclusive friendly, sensory kits, tents, American Sign Language (ASL) Interpreters, limited sound. Alyssa N shared that her organization, United Cerebral Palsy Inland Empire (UCPIE) will be at the game with a resource table, Proceeds help the Rotary Club of Menifee provide services to People with Disabilities. There are three (3) Peer Support Resource Centers within the RUHS-BH system and anybody in the county can attend for free after doing a brief intake. 	<section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><image/></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header>
IX. COMMUNITY ROUNDTABLE	 Alyssa shared that UCPIE does not only focus on Cerebral Palsy. They also support families and people dealing with Autism, Down Syndrome, Epilepsy and a wide variety of intellectual and Developmental Disabilities (I/DD). UCPIE is celebrating 40 years working as a nonprofit with a birthday bash at the Coachella Valley Firebirds training facility, The Berger Foundation Skate party is Aug 6th from 1-3pm. Register online, call 760-321-8184, or email rebecca@ucpie.org and they will provide skates for you if you need them. Tauna recommended the Rustin Peer Support Resource Center (PSRC) "Inside Out 2" group to attendees, saying it is amazing. She said the class is about getting emotions under control, regulating them and why we have emotions and how they affect our daily lives. 	

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	Chair reminded new participants to fill out membership questionnaire using the QR Code/link, and that the meeting video will be posted in a few days on the YouTube channel at Tinyurl.RUHS/WADE-vid	
X. NEXT MEETING	Poll was displayed asking attendees about the next meeting. The participants chose to delay the July meeting one week and hold it July 11 at 1pm.	
XI. ADJOURNMENT	The meeting adjourned at 2:15 PM	