

WHO WE SERVE

Our program is dedicated to supporting children, youth, and adults in Riverside County who face moderate to severe behavioral health challenges. Referrals can be made from other RUHS programs, the Department of Public Social Services (DPSS), IEHP, Molina, or through self-referrals via phone, walk-in, or by scheduling an appointment. We conduct personalized assessments for each individual to identify their unique needs and prioritize their enrollment in our program.

BANNING BEHAVIORAL HEALTH CLINIC

1330 W. Ramsey St.
Banning
951-849-7142

Hours of Operation
Monday - Thursday
8:00 a.m. – 5:00 p.m.

Friday
8:00 a.m. – 4:30 p.m.

ruhealth.org



*This document is available in alternative formats upon request.
If you speak another language, language assistance services, free of charge, are available to you.
Call 1-951-486-4320 (TTY: 711). Si habla español, tiene a su disposición servicios gratuitos de
asistencia lingüística. Llame al 1-951-486-4320 (TTY: 711).*

RUHS-BH Rev. 6.23.25



BANNING BEHAVIORAL HEALTH CLINIC

Empowering Minds, Transforming Lives Together

OUR MISSION

The Banning Behavioral Health Clinic offers comprehensive programs and services for adults, children, and families. Our caring and committed team of doctors, nurses, therapists, case managers, substance use counselors, and peer support specialists provide mental health care and resources to promote healing and recovery.

OUR SERVICES

Our team of highly trained professionals are dedicated to providing culturally responsive services to meet the unique needs of each individual we serve along with their families. Our clinic is LGBTQIA+ friendly and offers resources, support, and services in a safe space.

Services for all ages include:

- Wellness screenings for adults and children
- Clinical and/or Psychiatric Assessment
- Crisis Intervention
- Ongoing Outpatient Treatment
- Medication Support
- Family Support
- Substance Use Counseling
- Individual and group therapy
- Case Management Services
- Referrals to in-home therapeutic services for children struggling with behavioral issues

PROGRAMS TO SUPPORT WELLNESS

- **Anger Management:** Techniques for managing anger and controlling impulsive reactions
- **Creative Art Group:** Support in developing wellness tools, communication skills, and life skills through a variety of social activities and creative art
- **Nurturing Parenting:** Skills and strategies for positively addressing children's challenging behaviors
- **Dialectical Behavior Therapy (DBT):** For individuals facing complex mental health challenges and emotional regulation
- **Co-Occurring Recovery Education:** Helps individuals manage symptoms and challenges associated with both mental health and substance use issues
- **Healthy Living:** A health-focused group to learn and develop skills to balance the body, mind, and spirit while improving overall wellness and quality of life
- **First Steps:** Explore time management, healthy communication, self-esteem, activities of daily living, and other key factors necessary to succeed in the workplace

- **Seeking Safety:** For those needing support with PTSD and substance use, this group focuses on helping people achieve safety from trauma and/or addiction
- **Recovery Management:** Education, coping skills, and other recovery strategies for individuals with behavioral health disorders to assist with managing symptoms

